

2019 Volunteer Services Annual Report

Facts & Figures

2,543 volunteers 59,449 hours in roles throughout Courage Kenny Rehabilitation Institute, which is equivalent to 30 FTEs. Over 50% of over 5,000 reported volunteers utilized by Allina Health serve in the CKRI service line.

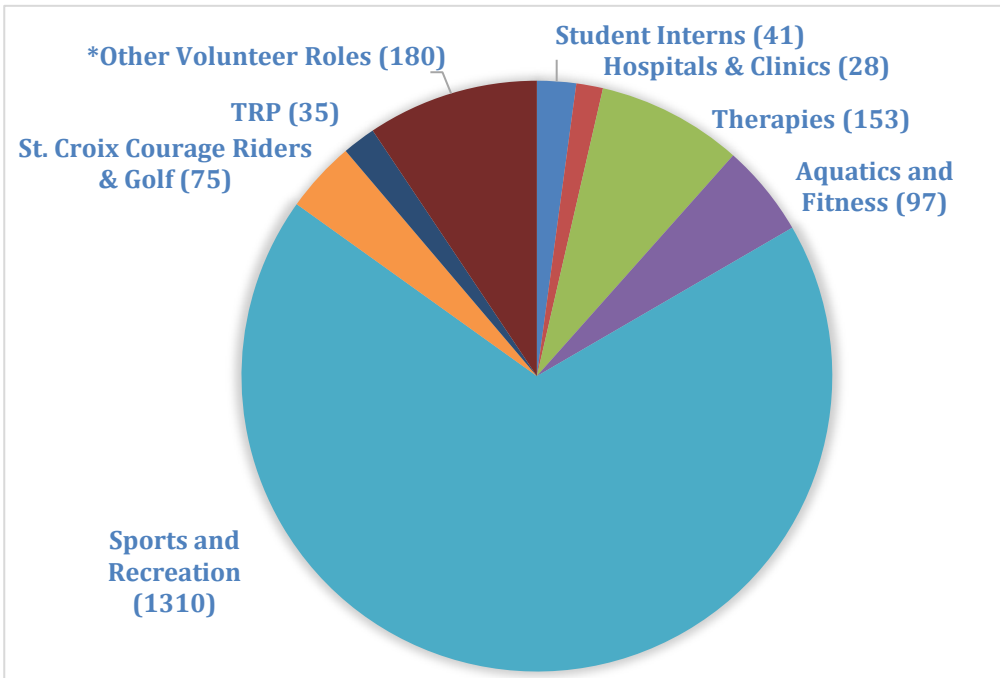
Total Hours: 59,449 Total Value:** \$1,495,142

**2019 Independent Sector Value of Volunteer Time in MN = \$ 28.15 /hour ▪ National average = \$ 25.43

CKRI Service Line Location Volunteer Count and Hours

CKRI Service Line Location:	Volunteer Count:	Volunteer Hours:
CKRI Metro Hospital Sites	28	3,020
CKRI Metro Area	1,747	41,102
CKRI Northland (Duluth)	647	9,905
CKRI St. Croix & Early Childhood Family Center (Stillwater)	121	5,422
TOTALS:	2,543	59,449

CKRI Volunteer Distribution



*Other roles include Assistive Technology, Community Services, Guest Services, and Foundation volunteers.

2019 Volunteer Engagement Events:

- Metro Volunteer Engagement Event at Able Seedhouse
- Northland and Metro Ski & Snowboard Recognition Banquets
- Metro Basketball Recognition Banquet
- Metro Volunteer Engagement Event at Minneapolis Bouldering Project
- Metro “Try Curling” Volunteer Engagement Event



- National Volunteer Recognition Week April 7-13
- Metro Krav Maga Women’s Self-Defense Volunteer Engagement Event
- Northland’s 40th Anniversary Celebration
- Metro Bike & Bites Volunteer Engagement Event
- Metro Volunteer Continuing Education Night: Spinal Cord Injury

2019 Highlights & Accomplishments

St. Croix Courage Riders Program
69 Volunteers/ 1,270 hours



41 Interns/ 7983 hours
throughout the CKRI service line
in Acupuncture, Aquatics and
Fitness, Sports & Rec, and TRP

Metro Peer Visitors
37 Volunteers/ 237 hours
across CKRI service line

Metro Art of Possibilities Event
31 Volunteers/ 94 hours



40th Celebration for Northland
300 volunteers/participants



Northland Shoot for Fun Event



177 Volunteers/ 1083 hours
96 teams and over 500 attendees
raised \$118,000 +

Northland Fishing Tournament
29 Participants
28 Volunteers/232 hours

Metro Wheelchair
Softball Tournament
10 Volunteers/41 hours

Northland Arrowhead Youth Games
100 Volunteers/583 hours



NEW VOLUNTEER ROLES:

ANW Stroke Program Community
Liaison
Sports and Rec Photographer
GV Cafeteria Assistant
Fall Tennis Season

Metro Courage Cup Ski Event



16 Volunteers
/124 hours
13 Teams/64
racers

Northland Lutsen Spring Fling Event
10 Volunteers/145 hours



St. Croix
Aquatics programs: 45
volunteers/1676 hours

Fitness program: 26
volunteers/577 hours

2nd Discover Abilities Expo at U of M
38 Volunteers/ 131 hours

Northland Mono Ski Camp
39 Volunteers/ 489 hours

Metro No Boundaries Camp at U of M
13 Volunteers/ 104 hours



NEW PROGRAM:
Try Paddle
Program in

partnership with Mississippi River Paddle
Share & support from Boston Scientific
volunteers.

Metro Ski & Snowboard
82 New/ 244 Returning Volunteers
9,165 hours

Northland Ski & Snowboard
40 New/ 71 Returning
2,266 hours

NEW EVENT:

ParaNordic
Development
Camp
8 Volunteers
/68 hours



**EMPOWER
Scholarship**
2 awarded
(\$1500
each); 28
applicants



Bemnet Habtamu & Zakaria Jamari

Metro Therapy
47 OT Volunteers/ 1250 hours
96 PT Volunteers/
3 Speech Volunteers/32 hours

Volunteer Services
Developed and Implemented Paperless
Volunteer Onboarding Process &
Resources

Metro CK Classic Wheelchair
Basketball Tournament
83 Volunteers/400 hours

Partnership with Cummins
Adapted toys & weighted blankets
641 hours