

Stroke Support Groups

Please contact group facilitators before attending, as the groups are subject to change.

Abbott Northwestern Hospital - In person

When: 3rd Wednesday of the month

Time: 2:00-3:30 p.m.

Where: Coyne Conference room, 2nd floor

Facilitators: Julie Gebhardt, Care Guide

612-863-4317

Abbott Northwestern Hospital YESS - Virtual only

(Young Enthusiastic Stroke Survivors)

When: 2nd Tuesday of the month

Time: 6:00-7:30 p.m.

Where: Virtual

Co-Facilitators: Julie Gebhardt, Care Guide

And Ashley Wilmes RN, Nurse Navigator

612-863-4317

Courage Kenny Rehabilitation Institute – Golden Valley

Virtual and In person

When: 2nd Wednesday of the month

Time: 3:00-4:30 p.m.

Where: Boardroom

Facilitator: Heather Odell, Nurse Navigator

612-863-4872

Cambridge Medical Center - In person

When: 3rd Wednesday of the month

Time: 10:30 to 11:30 a.m.

Where: Foundation Room

Facilitator: Justine Bemis, OTR/L

763-688-7782

United Hospital - Virtual and In person

When: 2nd Thursday of the month

Time: 2:00-3:30 pm

Where: Bentson Conference Room

Facilitator: Lynn Svendsen, Nurse Navigator

651-241-4823

New Ulm Medical Center - In person

When: 2nd Tuesday of the month

Time: 10:00 – 11:00 am

Where: Board Room

Facilitators: Wendy Guggisberg, OTA

1-507-217-5685

Shari Kotten, PTA 507-217-5648

Buffalo Hospital - In person

When: 2nd Tuesday of the month

Time: 1:00-2:00 pm

Where: Room varies, call for location

Facilitator: Penny Bartzen, OTR/L

763-684-3855

Mercy Hospital - In person

When: 3rd Wednesday of the month

Time: 1:30 – 3:00 p.m.

Where: Room varies, call for location

Facilitator: Valerie Marquardt, MSCCC-SLP

763-2368910 (front desk)