

Stroke Support Groups

Please contact group facilitators before attending, as the groups are subject to change.

Abbott Northwestern Hospital-Virtual and in person

When: 3rd Wed 2:00-3:30pm
 Where: Room E1220
 Facilitators: Julie Gebhardt, Care Guide 612-863-4317
 Amanda Williams, LGSW
 612-863-4576

Abbott Northwestern Hospital YESS - Virtual and in person (Young Enthusiastic Stroke Survivors)

When: 2nd Tuesday 6:00-7:30 pm
 Where: Room E1220
 Facilitators: Julie Gebhardt, Care Guide
 612-863-4317
 Ashley Wilmes, Nurse Navigator
 612-863-4896

Courage Kenny Rehabilitation Institute – Golden Valley

Virtual and in person

When: 2nd & 4th Wed 3:00-4:30 pm
 Where: Boardroom
 Facilitator: Heather Odell, Nurse Navigator
 612-863-4872

Cambridge Medical Center—On Hold

When: 3rd Thurs 4:00-5:00 pm
 Where: Dining Room B
 Facilitator: Angel Creger, OT/L
 763-688-7782

United Hospital -Virtual and in person

When: 2nd Thurs 2:00-3:30 pm
 Where: Bentson Conference Room
 Facilitator: Lynn Svendsen, Nurse Navigator
 651-241-4823

New Ulm Medical Center- in person

When: 2nd Tue 10:00 – 11:00 am
 Where: Board Room
 Facilitators: Wendy Guggisberg, OTA
 1-507-217-5685
 Shari Kotten, PTA 507-217-5648

Buffalo Hospital— in person

When: 2nd Tuesday 1:00-2:00 pm
 Facilitator: Penny Bartzen, OTR/L
 763-684-3855

Mercy Hospital- in person

When: 3rd Wednesday 1:30 – 3:00 pm
 Facilitator: Valerie Marquardt, MSCCC-SLP
 763-236-8910 (front desk)

Updated 1/6/23