

Athlete Code of Conduct

Mission Statement

Courage Kenny Rehabilitation Institute (CKRI) Adaptive Sports and Recreation provides a wide range of competitive and non-competitive sports and activities. Our goal is to partner with you to achieve the highest level of independence, health, and wellness while ensuring the safety and well-being of all athletes and volunteers. We partner with all people to live, work, and play to their potential.

Travel

I understand CKRI will not be supporting individual athlete travel in anyway including hotel, flights, mileage, and meals during the season. All travel costs will be up to each individual athlete/family.

Athlete Expectations

Athletes will...

- **Complete all CKRI participation forms and pay associated registration fees.** An athlete will not be permitted to participate in practices, scrimmages, activities or games unless they have fully completed forms and paid associated registration fees.
- **Attend all scheduled practices, games, and meetings/events.** In the event an athlete needs to miss a program activity, it is the responsibility of the athlete to notify coaches and/or Site Coordinator. Failure to do so will result in an unexcused absence.
- **Give a 100% effort and have a positive attitude.** Athletes who give 100% effort and have a positive attitude will get opportunities to play before athletes who do not put in their best effort or have a negative attitude.
- **Treat each other with respect and kindness (including teammates, coaches, volunteers, opponents, fans, referees, and event staff).** There is a zero-tolerance policy for all forms of harassment.
 - This includes but is not limited to the following: bullying, cyberbullying, sexual harassment, obscene gestures, physical contact, use of profanity, display or circulation of written materials or pictures derogatory to gender, race, color, religion, creed, sexual orientation, national origin, ancestry, age, disability, political beliefs, appearance, or ethnicity.
 - Bullying and cyberbullying includes things like making threats, spreading rumors, attacking someone physically, verbally, or mentally, and excluding someone from a group on purpose.
 - Not physically, verbally, sexually, mentally, abuse or neglect anyone. Abuse or neglect of any type will not be tolerated and is cause for immediate dismissal.
- **Not use or possess alcohol or illegal drugs.** Athletes will participate in a sports environment that is free from drugs and alcohol. There is a zero-tolerance policy for underage alcohol and/or illegal drugs. Athletes could be removed from the team or program activity.
- **Not make structural modifications or adjustments to CKRI loaned equipment** (see equipment loan contract).

This list is not complete, any situation that does not represent CKRI, their team, and their sport in a positive manner will be assessed by volunteer coaches and CKRI staff.

Volunteer Coach and Instructor Expectations

Volunteer Coaches and Instructors will...

- Communicate clearly with athletes and parents/guardians.
- Exercise good sportsmanship and not participate in bullying, harassment, hazing and/or intimidation.
- Create and follow practice plans that work on skills to make each player and the team better.
- Not put athletes in harm due to physical conditions of athletes (injury, illness, or diagnoses) or external conditions (severe weather, unsafe practice environment, etc.)

Violations to Code of Conduct

If an athlete does not follow any of the expectations, they will face the consequences below:

Minor infraction: Define by violations to Code of Conduct that negatively impact the athlete (tardy/unexcused absence, cheating, defiance, incomplete registration forms, overdue fees, non-violent altercations)

- Mediation meeting involving athlete (and parent) with coaches and/or CKRI Staff
- Unable to participate in team event or individual activity
- Unable to attend special event
- Suspension (One game or less / One individual activity or less)
- Discipline by sport's governing body

Major infraction: Violations to Code of Conduct that negatively impact multiple individuals, teams, or CKRI Program (Bullying/cyberbullying, drugs and alcohol, changes to equipment, fighting).

- Mediation meeting involving athlete (and parent) with coaches and CKRI Staff
- Suspension (More than one game / More than one individual activity)
- Dismissal from team / program
- Discipline by sport's governing body
- Fines/reimbursement; specifically for purposeful damages to equipment outside of normal wear and tear (please refer to equipment loan contract)

Infractions will be considered on a case-by-case basis by volunteer coaches and CKRI staff. If minor infractions become repetitive in nature and/or an athlete receives multiple minor infractions (3 or more) during a single season the infraction will be escalated to a major infraction. Any major infraction is potential for dismissal from the team or activity.