

# Aqua Tot Swim Program



The Wasie Therapeutic Swimming Pool at Courage Kenny Rehabilitation Institute – Abbott Northwestern Hospital is offering six-week swim sessions on Saturday mornings for children, ages 9 months through 4 years.

Classes are taught by a certified American Red Cross instructor in a fun and relaxed warm-water (92 degrees) environment. Children are separated into three age groups. The younger children work on water adjustment skills and play activities, while the older children work on basic swimming skills. One parent per child must be in the pool during the class.

**2017 session dates:**

Jan. 14 – Feb. 18  
 Feb. 25 – April 1  
 April 8 – May 20 (no class April 15)  
 Sept. 16 – Oct. 21  
 Oct. 28 – Dec. 9 (no class Nov. 25)

**Class times and age groups:**

9 – 9:30 a.m., 9 to 17 months of age  
 9:45 – 10:15 a.m., 18 to 35 months of age  
 10:30 – 11 a.m., 3 to 4 years of age

**Cost:**

\$75 for each child for each six-week session

**Location:**

Wasie Therapeutic Swimming Pool  
 Abbott Northwestern Hospital  
 800 E. 28th St., Minneapolis

To register: call  
 866-904-9962 or go  
 to [allinahealth.org](http://allinahealth.org)  
 and click on *Find  
 Events & Classes.*

[allinahealth.org/couragekenny](http://allinahealth.org/couragekenny)