

Courage Kenny Ski & Snowboard
 OTH Training Schedule – Returning Volunteers

Day 1 of 1: Returning Volunteers OTH Training Schedule		
Snowboard, Mono and Bi-Ski Schedule		
8:30 – 9:00am	Check In with Site Coordinator	
9:00 – 9:15	Introductions: Plan for the day	Logistics/procedures/Feed Back
	CLINICS	
9:15-9:30	Group Assignments and gear up	Introductions and meeting place establishment
9:30-10:00	Clinic 1: Functional Maneuvers	Discipline specific: Personal skiing/riding skills needed to provide a safe and effective lesson
10:00-10:30	Clinic 2: American Teaching System and the Skills Concept	Become familiar with the tools to teach an effective lesson. Utilizing the Skills Concepts.
10:30-11:00	Clinic 3: Student Assessment	Get to know your student to make the most informative decisions while on a lesson.
11:00-12:00pm	Clinic 4: Equipment Fit up	Based on a through SA. Learn to perform an effective equipment fit up.
12:00-12:30	LUNCH	Gather large group for any announcements
12:30-1:30	Clinic 5: Lifting and Loading	Discipline specific: CKSS procedures and policy while practicing.
1:30-3:00	Clinic 6: Teaching and Learning Styles: How to teach and be an effective assistant	Understanding the importance of skier levels, progressions and how to be a great assistant.
3:00-3:15	Summarize, answer questions	Put equipment away
3:15-3:45	Feed Back Forms	One on One with lead trainers
3:45-4:00	Large Group announcements	