

TRANSITIONAL REHABILITATION PROGRAM (TRP)

The TRP provides holistic, comprehensive inpatient neurological rehabilitation services to assist adults with disabilities and/or people who are recovering from illness, injury or surgery. The goal is to gain greater independence. Licensed as a skilled nursing facility (SNF), the TRP serves as a bridge between acute care and return to a community living setting. While an inpatient in the TRP, people are required to actively participate in therapies.

Admissions staff will complete a pre-admission assessment to determine whether the potential client requires the specialized programming offered by the TRP.

TRP SERVES PEOPLE WITH A DIAGNOSIS OF:

- brain injury
- cerebrovascular disorders (e.g., stroke, aneurysm)
- multiple/complex amputations
- neurovascular disorder (e.g., spinal stroke)
- other complex neurological/neuromuscular disorders (e.g., multiple sclerosis, Guillain-Barre syndrome, Parkinson's disease)
- spinal cord injury.

REQUIREMENTS FOR POTENTIAL ADMISSION

The potential client...

- requires active and ongoing intervention of multiple therapy disciplines (physical, occupational and/or speech therapy) to reach discharge goals.
- requires an intensive, coordinated rehabilitation program.
- is reasonably expected to actively participate in rehabilitation therapies and make measurable improvement that will be of practical value to improve his or her functional capacity or adaptation to impairments.
- can tolerate a minimum of two to three hours of therapy five to six days per week.

TRP ACCEPTS PATIENTS WHO REQUIRE:

- IV antibiotics
- night time BiPAP, CPAP
- tube feedings (with 8 hour feeding-free interval)
- wound care services.

ASSESSMENT AND PATIENT CARE

An interdisciplinary team assessment begins when a person is admitted to the TRP. The health care team meets regularly to assess the person's care needs and customize a plan of care and rehabilitation. Clients set and regularly review goals with team members.

The philosophy of care integrates a holistic, mind-body approach within a healing environment, dedicated to providing whole person care. This allows people to identify and achieve their goals, leading to increased independence and function.

STAFFING

On-site physician care (physiatrist and family medicine) as well as nurse practitioner coverage is provided by Courage Kenny Rehabilitation Associates and the Advanced Primary Care Clinic. The clinic, located at 3915 Golden Valley Road, is open Monday – Friday 8 a.m. – 5 p.m. On-call phone consultation is available outside clinic hours.

UNIQUE SERVICES

- Activity-Based Locomotor Exercise (ABLE) Program
- assistive technology lab and resources
- driver's assessment and training
- family and client education and support services
- fitness center
- massage and acupuncture offered through a partnership with Northwestern Health Sciences University
- onsite access to psychology, neuropsychology and psychiatry consultation
- pain specialists
- seasonal adaptive sports and recreational activities
- social service and discharge planning with community reintegration focus
- spiritual care services and support groups
- therapy that specializes in caring for people with traumatic brain injury, spinal cord injury and stroke
 - functional electrical stimulation (FES) bike
 - warm-water pool and aquatic therapy
- vocational rehabilitation

TO MAKE A REFERRAL

Please call or fax the Admissions Department at Courage Kenny Rehabilitation Institute – Golden Valley Campus.

Phone 612-775-2837 or 612-775-2838
FAX 612-262-6712