Outpatient Therapy

Courage Kenny Rehabilitation Institute, part of Allina Health, provides a wide range of outpatient rehabilitation therapy.

Our expert rehabilitation team works with children and adults who have a broad range of injuries, conditions and disabilities.

We have locations throughout the Twin Cities, as well as in other communities in Minnesota and western Wisconsin.

Outpatient therapy services include:

• Occupational therapy
• Physical therapy
• Speech language pathology

For Scheduling and Locations Information

612-262-7900
In Minnesota and Wisconsin a patient can self-refer for physical therapy and speech-language pathology. Ask your insurance provider if you can self-refer to services or if a physician referral is needed.

Occupational therapy requires a physician referral.

Service Options

Virtual visits are offered for some therapy services, allowing you to see a therapist from your home using a secure video connection. Insurance coverage may vary.

To schedule your first appointment call 612-262-7900; if you need to cancel an appointment or are scheduling follow up appointments call your Courage Kenny therapy department directly.