

Call 612-262-7900, toll-free 888-691-0045 or fax 612-262-7860
to schedule **FIRST** appointment at the following locations:

ALBERTVILLE <i>(adult & pediatric speech)</i> 11091 Jason Ave NE, Suite 2 Albertville, MN 55301 763-744-4140	COTTAGE GROVE 8811 92nd St S, Suite 101 Cottage Grove, MN 55016 651-241-3777	HASTINGS Allina Health Hastings Nininger Road Clinic 1285 Nininger Road Suite L001-lower level Hastings, MN 55033 651-404-1399	SAINT PAUL Bandana Square 1021 Bandana Blvd E, Suite 123 St. Paul, MN 55108 651-241-3939
ANNANDALE 440 Elm St E Annandale, MN 55302 763-684-3822	EAGAN 1284 Corporate Center Dr, Suite 500 Eagan, MN 55121 612-775-2940	YMCA 85 Pleasant Drive Hastings, MN 55033 651-404-1002	Doctors Professional Bldg 280 Smith Av N, Suite 120 St. Paul, MN 55102 651-241-7560
APPLE VALLEY Apple Valley Medical Center 14655 Galaxie Ave, Suite 160 Apple Valley, MN 55124 651-241-3880	EDEN PRAIRIE 775 Prairie Center Drive, Suite 440 Eden Prairie, MN 55344 952-428-5640	ISANTI 300 5th Ave NE, Suite 200 Isanti, MN 55040 763-688-9750	United Hospital 333 Smith Ave N, first floor St. Paul, MN 55102 651-241-8290
BUFFALO Fitness Center 101 14th St NE, Suite 1A Buffalo, MN 55313 763-684-3880	EDINA Centennial Lakes 7373 France Ave S, Suite 204 Edina, MN 55435 952-428-0600	MAPLE GROVE 7840 Vinewood Lane, Suite A Maple Grove, MN 55369 763-236-0258	SHOREVIEW 4180 No Lexington Ave Shoreview, MN 55126 651-241-1455
<i>(dult & pediatric services)</i> Across from Buffalo Hospital 300 Catlin St, Suite 101 Buffalo, MN 55313 763-684-3888	Edina – West 8100 W 78th St, Suite 205 Edina, MN 55439 952-914-8065	MINNEAPOLIS Abbott Northwestern Hospital 800 E 28th St, 2nd Floor Minneapolis, MN 55407 612-863-1924	STILLWATER–ST. CROIX <i>(adult & pediatric services)</i> 1460 Curve Crest Blvd Stillwater, MN 55082 651-241-3820
BURNSVILLE <i>(adult & pediatric services)</i> 12400 Portland Ave So, Suite 140 Burnsville, MN 55337 952-428-0400	ELK RIVER 14181 Business Ctr Dr NW Suite LL100 Elk River, MN 55330 763-236-0580	2800 Building 2800 Chicago Ave, Suite 102 Minneapolis, MN 55407 612-863-4446	Courage Kenny Kids-ECFC <i>(ages 8 and under)</i> Early Childhood Family Center 1111 Holcombe Street So Stillwater, MN 55082 651-241-3830
CAMBRIDGE <i>(adult & pediatric services)</i> Cambridge Medical Center 701 South Dellwood St Cambridge, MN 55008 763-688-7782	FARIBAULT <i>(adult & pediatric services)</i> Across from Allina Health Faribault Medical Center 35 State Ave Faribault, MN 55021 507-497-3790	NEW ULM <i>(adult & pediatric services)</i> New Ulm Medical Center 1324 Fifth North St. New Ulm, MN 56073 507-217-5173	VADNAIS HEIGHTS 1155 East County Rd E, Suite 120 Vadnaiss Heights, MN 55110 651-241-1464
CHAMPLIN 11269 Jefferson Hwy N, Suite 200 Champlin, MN 55316 763-236-0780	FOREST LAKE <i>(adult & pediatric services)</i> 1467 Lake St So, Suite 300 Forest Lake, MN 55025 651-241-3840	OWATONNA <i>(adult & pediatric services)</i> Owatonna Hospital 2250 NW 26th St Owatonna, MN 55060 507-977-2150	WOODBURY 1625 Radio Dr, Suite 220 Woodbury, MN 55125 651-241-3636
COON RAPIDS Mercy Specialty Center 11850 Blackfoot St NW, Suite 400 Coon Rapids, MN 55433 763-236-8911	FRIDLEY Mercy Hospital – Unity Campus Lower Level 550 Osborne Rd NE Fridley, MN 55432 763-236-3000	PLYMOUTH Abbott Northwestern – WestHealth 2805 Campus Dr, Suite 345 Plymouth, MN 55441 763-236-5555	
Springbrook 9055 Springbrook Dr Coon Rapids, MN 55433 763-236-1050	Unity Professional Building 500 Osborne Rd NE, Suite 365 Fridley, MN 55432 763-236-2150	RAMSEY 7231 Sunwood Dr NW, Suite A Ramsey, MN 55303 763-236-0006	SPRINGFIELD <i>(adult & select pediatric services)</i> 625 N Jackson Avenue Springfield, MN 56087 507-723-6201
Courage Kenny Kids-Coon Rapids Mercy Health Care Center 3960 Coon Rapids Blvd NW Suite 123 Coon Rapids, MN 55433 763-236-7337	GOLDEN VALLEY <i>(adult & pediatric services)</i> 3915 Golden Valley Rd Minneapolis, MN 55422 612-775-2455	RICHFIELD 6601 Lyndale Ave S, Suite 105 Richfield, MN 55423 612-775-5190	
Mercy Hospital Lower Level 4050 Coon Rapids Blvd Coon Rapids, MN 55433 763-236-8910		RIVER FALLS, WI River Falls Area Hospital 1629 E. Division St. River Falls, WI 54022 715-307-6050	

Courage Kenny Rehabilitation Institute® Outpatient Therapy

Courage Kenny Rehabilitation Institute, part of Allina Health, provides a broad range of outpatient rehabilitation services. Our skilled therapists work with children and adults who have injuries, illnesses and disabilities of all kinds.

We have locations throughout the Twin Cities and regional communities in Minnesota and western Wisconsin.

CONTACT US
612-262-7900
TOLL-FREE 888-691-0045
AllinaHealth.org/CourageKenny

Call the location below
directly to schedule **FIRST**
appointment:

To find current listing
of locations or directions
to and parking information,
please call the site directly
or visit [AllinaHealth.org/
CourageKenny](https://AllinaHealth.org/CourageKenny).



Physical Therapy

Physical therapy focuses on neurological concerns, spine, orthopedic and sports related needs.

Our physical therapists are trained in a wide array of rehabilitation services:

- Aquatic therapy
- Cancer rehabilitation
- Complex regional pain syndrome
- Concussion
- Functional capacity evaluation
- Lymphedema/edema therapy
- Neurological conditions including stroke, brain injury, multiple sclerosis, spinal cord injury
- Orthopedic rehabilitation following muscle, joint or spine injury, strains, sprains or surgery
- Pain management
- Parkinson’s treatment
- Pelvic health (women, men and pediatric services)
- Physical performance testing
- Pre and post prosthetic training
- Scoliosis treatment
- Spine rehabilitation
- Temporomandibular joint disorder therapy (TMD)
- Vestibular/balance/falls therapy
- Weight management
- Work conditioning/work hardening
- Wheelchair positioning clinic

Specialty services and equipment are also offered at multiple locations. Some specialties include: AlterG® Anti-Gravity Treadmill, Neuromuscular Electrical Stimulation NMES, robotic exoskeleton – the Ekso™ GT and the ReWalk 6.0™, weight bearing support devices (Lokomat), blood flow restriction, Spine MedX. Services for the novice and experienced athletes include RunSMART, CycleSMART, GolfSMART.

Occupational Therapy

Occupational therapy focuses on neurological conditions, orthopedic needs, memory/problem solving and mental health concerns.

Our occupational therapists are trained in a wide array of rehabilitation services:

- Activities of daily living
- Assistive technology
- Aquatic therapy
- Cancer rehabilitation
- Cognitive testing
- Complex regional pain syndrome
- Concussion
- Constraint induced movement therapy
- Dementia
- Hand therapy
- Lymphedema/edema therapy
- Neurological conditions including stroke, brain injury, multiple sclerosis, spinal cord injury
- Parkinson’s treatment
- Wheelchair positioning clinic
- Visual perception

Specialty services and equipment are also offered at multiple locations.

Speech Language Pathology

Speech language pathology focuses on neurological conditions, speech and language needs, issues related to memory, thinking, voice and swallowing.

Our speech language therapists are trained in a wide array of rehabilitation services:

- Augmentative alternative communication
- Cancer rehabilitation
- Concussion
- Dysphagia/swallow assessment and rehabilitation treatment including VitalStim® (NMES) as appropriate
- Fiberoptic Endoscopic Evaluation of Swallowing (FEES) with administration of topical anesthetic and nasal decongestant
- Functional communication
- Laryngectomy rehabilitation
- Neurological conditions including stroke, brain injury, multiple sclerosis, ALS and more
- Paradoxical vocal fold movement (VCD)
- Parkinson’s treatment
- Tracheo-esophageal puncture (TEP) prosthesis with administration of topical anesthetic, and/or heat and moisture exchanger (HME)
- Transgender voice training
- Voice assessment and rehabilitation
- Videofluoroscopic swallow study
- Videolaryngoscopy and/or stroboscopy with administration of topical anesthetic and nasal decongestant, per protocol

Pediatric Therapy Services

Comprehensive therapy services for infants, children and teens. Services include occupational therapy, physical therapy and speech language pathology. Available at regional locations and multiple metro locations.

Occupational and Physical therapy specialty areas of service include:

- Activities of daily living
- Aquatic therapy
- Assistive technology
- Balance/coordination
- Cognition/attention
- Concussion
- Feeding (oral, behavioral, swallowing, sensory)
- General conditioning
- Intensive therapy, Therasuit™
- Kids and Teen Weight Management
- Motor skills
- Orthopedic and spine conditions
- Pelvic health
- Pre & post-surgical
- Torticollis
- Scoliosis treatment

- Sensory processing
- Visual perception
- Wheelchair and equipment needs

Speech Language Pathology specialty areas of service include:

- Articulation
- Augmentative communication
- Communication
- Developmental apraxia
- Expressive/receptive language
- Oral motor skills
- Stuttering
- Videofluoroscopic swallow study
- Dysphagia/swallow assessment and rehabilitation treatment including VitalStim® (NMES) as appropriate
- Voice