

Direct Access to Care

Direct access to physical therapy is your opportunity to be evaluated and treated by a licensed physical therapist without first seeing your physician for a prescription. Direct access to physical therapist services saves money and can prevent unnecessary delays in getting services.

Under Minnesota and Wisconsin state law, patients are allowed to be evaluated and treated by a physical therapist without a physician referral. A chronic condition, previously diagnosed and documented by a physician, for which you have already been treated also needs no referral.

If payment is approved by your health insurance direct access is your opportunity to save time and money, thereby expediting your treatment, relief, and recovery.

Health Insurance

Almost all insurance carriers cover physical therapy. Allina Health participates with most carriers, for additional information on coverage click on the link for more information [Health Insurance Information](#)

Contact Us

Call Allina Health Patient Financial Services at **612-262-9000** or **1-800-859-5077**.