







# Epilepsy/ Seizures

In general, this Care Map is what you can expect during your hospital stay of about 5 to 7 days. Your health care team will make changes unique to your recovery. You will be discharged by about \_\_\_ a.m. / \_\_\_ p.m. You and your nurse will fill this out as you work on discharge planning together.

	Day You Enter the Hospital	Hospital Stay	Day You Leave the Hospital
<b>Care</b> 	<ul style="list-style-type: none"> <li><input type="checkbox"/> Check in at Admissions desk on the first floor.</li> <li><input type="checkbox"/> Meet members of your health care team. They will include an epileptologist, advance practice provider, neuropsychologist, psychologist, nursing staff and social worker.</li> <li><input type="checkbox"/> You will have a history and physical.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> You will be seen by members of your health care team each day.</li> <li><input type="checkbox"/> You may see other providers besides the ones you met when you entered the hospital.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Members of your health care team will meet with you to explain the results of your stay, diagnosis and treatment plan.</li> <li><input type="checkbox"/> Members of your health care team will go over your After Visit Summary with you, including:           <ul style="list-style-type: none"> <li><input type="checkbox"/> medicines to take at home</li> <li><input type="checkbox"/> follow-up appointments, tests and procedures</li> <li><input type="checkbox"/> activity or other instructions.</li> </ul> </li> </ul>
<b>Tests and Labs</b> 	<ul style="list-style-type: none"> <li><input type="checkbox"/> You may receive:           <ul style="list-style-type: none"> <li><input type="checkbox"/> EEG (electroencephalogram)</li> <li><input type="checkbox"/> blood tests.</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> EEG leads will be placed on your head.</li> <li><input type="checkbox"/> Members of your health care team can watch you through a video camera 24 hours a day. (It will be turned off while you are in the bathroom.)</li> <li><input type="checkbox"/> You will receive test and lab updates each day.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Members of your health care team will go over your After Visit Summary with you, including any follow-up tests or lab work.</li> </ul>
<b>Activity</b> 	<ul style="list-style-type: none"> <li><input type="checkbox"/> Bring your own laptop or wireless device. You will have access to wireless internet.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> You may use the lounge near your room.</li> <li><input type="checkbox"/> You will need to use safety equipment such as a helmet, mat and safety belt.</li> <li><input type="checkbox"/> Members of your health care team will use different ways to trigger seizure activity. It is important they see your seizure activity so that they can create a treatment plan specific to you and your needs.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Members of your health care team will go over your After Visit Summary with you, including any activity restrictions or limitations.</li> </ul>

	Day You Enter the Hospital	Hospital Stay	Day You Leave the Hospital
<b>Medicine</b> 	<input type="checkbox"/> Take your prescribed medicines before you come to the hospital. <input type="checkbox"/> Leave your medicines at home. If you do bring them, a nurse will put them in a locked cabinet. <input type="checkbox"/> Bring a list of all your medicines, including any over-the-counter medicines, supplements and herbal remedies you take. <input type="checkbox"/> You may be given other brands of medicine during your stay.	<input type="checkbox"/> Members of your health care team may decrease or stop your seizure medicines. <input type="checkbox"/> If you use tobacco products, you will receive nicotine patches or inhalers to help make it easier to not use tobacco during your hospital stay. Tobacco use (including e-cigarettes) is not allowed in or around the hospital.	<input type="checkbox"/> You will receive a complete list of medicines you should be taking. Remember to bring this list to any follow-up appointments.
<b>Education</b> 	<input type="checkbox"/> During your hospital stay, you will receive updates each day by your health care team. You will receive education about your diagnosis and treatment plan. <input type="checkbox"/> On the day you leave the hospital (discharge), you will receive an After Visit Summary that has  information about your hospital stay, medicines, treatment, and follow-up appointments. <input type="checkbox"/> Ask a member of your health care team if you have questions or you hear or read something you do not understand.		
<b>Planning for Leaving the Hospital (Discharge)</b> 	<input type="checkbox"/> You can expect to stay in the hospital for 5 to 7 days.	<input type="checkbox"/> You will find out when you are leaving the hospital (discharge) 24 hours ahead of time. <input type="checkbox"/> <b>Important:</b> Arrange to have a ride to take you home the day you leave the hospital.	<input type="checkbox"/> Ask a member of your health care team if you have any questions about your After Visit Summary. <input type="checkbox"/> Make sure you know when, where and with whom to make your follow-up appointments. Ask a member of your health care team if you have any questions.