

Protocol for New Medical Weight Loss Patient with History of Weight Loss Surgery

Patients who have had a previous weight loss surgery at Abbott Northwestern Hospital need to complete the following checklist below before pursuing the Medical Weight Loss Program:

- ☐ Need to have seen your bariatric surgeon or their Physician's Assistant within the last 12 months, and routine post-surgical labs should be drawn at that appointment. Routine labs may include Vitamin B12, Vitamin B1, ferritin, iron, CBC, CMP, PTH, and Vitamin D.

- ☐ Seen by the Abbott Northwestern Bariatric Center dietician within the last 6 months. If not, schedule a 60 minute visit by calling 612-863-7501.

Once the steps above have been completed you can complete the Medical Weight Loss Program intake packet, and proceed with the process in scheduling with the medical weight loss program. These steps are outlined on the welcome letter or are available at allinahealth.org/medweightloss under the Getting Started tab.