



Heroes Among Us

Abbott Northwestern Hospital Foundation
2013 Report to Donors



AllinaHealth

ABBOTT NORTHWESTERN
HOSPITAL FOUNDATION

At Abbott Northwestern Hospital, the heroes among us make extraordinary things happen every day.

The stories and photographs in this Report to Donors reflect on some of these heroes: doctors, employees, volunteers, patients, family members, community and hospital leaders, board members, and donors. Each contributes in a unique way to Abbott Northwestern's success, and to the ability of the Abbott Northwestern Hospital Foundation to support the hospital's mission:

We serve our communities by providing exceptional care as we prevent illness, restore health and provide comfort to all who entrust us with their care.

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Ben Bache-Wiig, MD, president
Abbott Northwestern Hospital

Muffy MacMillan, chairwoman
Board of Directors
Abbott Northwestern Hospital Foundation

Richard Meyer, president
Abbott Northwestern Hospital Foundation

Dear friends,

The heroes of Abbott Northwestern Hospital, including its doctors, employees, volunteers, donors and more, have made Abbott Northwestern the outstanding hospital it is today. All of these people are critical to the hospital's mission.

As I reflect on the heroes of Abbott Northwestern, I recall my own experiences as a patient and also the experiences of my family. The good health that I am blessed with is the result of excellent doctors and other caregivers who work with compassion and diligence to provide the best care for all of their patients.

As chairwoman, I have gained an even more profound insight into the quality of care, compassion and bravery so present every day in our organization.

This has been a phenomenal year, beginning with the opening of The Mother Baby Center on February 4, 2013. After years of planning, with a focus on how to best care for mothers and babies, we are proud to see it exceed all expectations. We've highlighted its first year milestones on page 6. Our generous donors, energized by the opportunity to support this unique regional resource, helped make it possible.

The success of The Mother Baby Center campaign helped build momentum for the launch of the Critical Care Campaign. This effort will ensure that the hospital's Emergency Department and Neurological Intensive Care Unit are prepared to meet the critical care needs of our community in the years ahead. In working with our Medical Staff and hospital leadership teams to plan for this campaign, I am inspired by their passion, dedication and engagement to do what is best for patients and families.

You are an important part of this team and in our circle of heroes. Your support turns the seemingly impossible into reality. We are grateful for your generosity, which is essential to our mission. We look forward to working with you to ensure that Abbott Northwestern's world-class care is available for years to come.

muffy macmillan

Muffy MacMillan, chairwoman
Board of Directors, 2013-2014
Abbott Northwestern Hospital Foundation

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2013 President's Circle

Donors who contribute \$5,000 or more annually are members of the Foundation's President's Circle. Each year, these friends of Abbott Northwestern Hospital are invited to special gatherings with the hospital president and other leaders, innovators and heroes.

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Marna Fullerton, Abbott Northwestern Hospital Foundation Board member, hosted the 2013 President's Circle party at her home on a beautiful June evening.

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*Deceased



Seconds count. Expertise matters.

CRITICAL CARE CAMPAIGN

In 2013, the Abbott Northwestern Hospital Foundation launched a \$15 million campaign to renovate, enhance and expand Abbott Northwestern's Emergency Department and Neurological Intensive Care Unit. The campaign will prepare the hospital for future growth while ensuring that world-class facilities and technologies are in place to care for patients with life-threatening conditions.





MEDICINE BALL 2013

A night to celebrate the superheroes of Abbott Northwestern

The 2013 Medicine Ball, chaired by Sue Slattery-Burke, was held on Oct. 12 at the Hyatt Regency Minneapolis. With 600 people in attendance, more than \$650,000 was raised to benefit Abbott Northwestern's Emergency Department as part of the Critical Care Campaign. A special tribute was paid to the late Jeffrey D. Peterson, FACHE, president of Abbott Northwestern, who died in March 2013. Reza, master magician and illusionist, amazed and delighted the crowd, and party-goers also enjoyed dancing to DJ Jake Rudh and listening to jazz by Andrew Walesch.



SAVE THE DATE

Medicine Ball 2014
Saturday, Oct. 25
Hyatt Regency Minneapolis



THE MOTHER BABY CENTER: A YEAR OF FIRSTS

After years of planning and collaboration, The Mother Baby Center at Abbott Northwestern and Children's – Minneapolis opened on Feb. 4, 2013. The state-of-the-art facility combines Abbott Northwestern maternal and fetal services with Children's – Minneapolis pediatric specialty care. The Abbott Northwestern Hospital Foundation raised \$5.4 million in support of The Mother Baby Center.



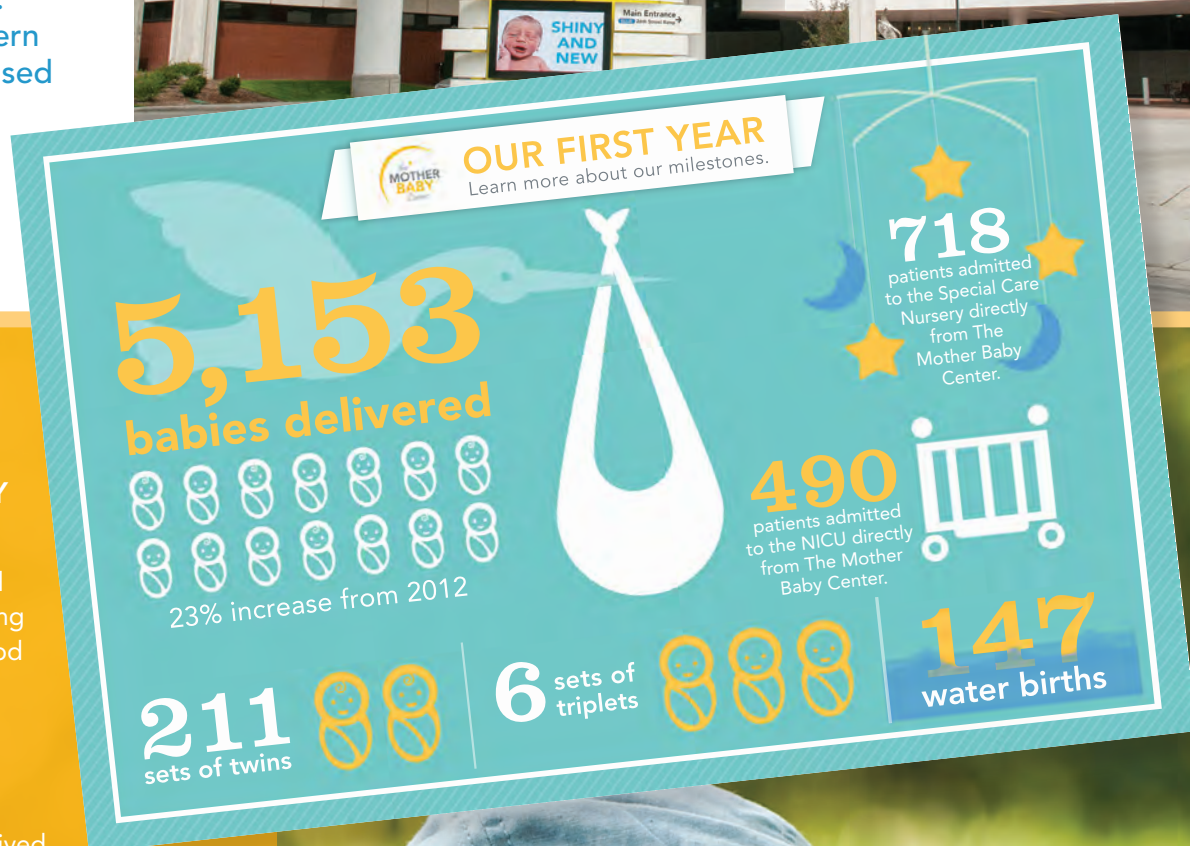
FINN: FIRST BABY ADMITTED TO THE SPECIAL CARE NURSERY

Seven weeks before their first baby was due, Alissa and Daniel Maloney began learning how unpredictable parenthood can be.

When Alissa went into labor prematurely, the couple was directed to The Mother Baby Center for the birth. They arrived having had no tours or birth classes. They had not even had a baby shower yet. "But it all worked out for the best," said Alissa. "I knew we were at the best place for a premature baby."

Their son, Finn, was born on Feb. 6, 2013. He weighed 3 pounds, 8 ounces and was admitted to the Special Care Nursery, an area in The Mother Baby Center that is dedicated to the care of babies born prematurely.

He went home about two weeks later, and now he is a happy, curious toddler. "He's still small for his age, but he's healthy," said Alissa. "We were lucky."



Emergency fund helps breast cancer patients meet basic needs

Aaron Graeser often sees the tears of patients whose health problems threaten their ability to buy food for their families or transportation to treatment.

But lately he's also seen tears of relief coming from those who receive grants from the Breast Cancer Emergency Assistance Fund. The fund was established by Abbott Northwestern's Social Work Department and the Abbott Northwestern Hospital Foundation to provide emergency assistance for breast cancer patients who have an urgent financial need. In 2013, 146 breast cancer patients received emergency assistance funding.

The Hope Chest for Breast Cancer Foundation, a key partner in establishing the fund with Abbott Northwestern, has been a generous supporter and often offers incentive matching grant challenges to Abbott Northwestern donors during the year.

"The response has been extraordinarily positive from patients and providers," said Graeser, an oncology social worker with the Virginia Piper Cancer Institute®. "It's evidence that the need is tremendous."

Aaron Graeser with a Piper Breast Center® patient.



"This is a program that fulfills a great need among our patients. It allows patients in need to get help quickly, with a minimum of red tape." – Carol Bergen, clinical manager, Piper Breast Center



George Family Foundation grant accelerates integrative health research

One of the nation's leading research institutions in the field of holistic health care is the Penny George™ Institute for Health and Healing, an Allina Health integrative health service founded at Abbott Northwestern Hospital.

A generous matching grant from the George Family Foundation is helping the Penny George Institute accelerate its research and scientific publication processes, said Jeffery Dusek PhD, director of Research. The grant allowed the Penny George Institute to hire

epidemiologist Jill Johnson, PhD, to assist Dusek in disseminating research results through publication in high quality peer-reviewed medical journals.

Among the research projects underway is a pilot study launched in 2013 showing that patients receiving acupuncture in the Emergency Department experienced significant reductions in pain, anxiety and nausea. Dusek noted that their research has consistently shown that integrative therapies, such as massage, acupuncture and mind-body therapies, can improve outcomes for patients. The next step is to study the impact of integrative therapies on patient satisfaction and cost. "These are important questions for health care leaders as health systems manage changes due to the Affordable Care Act," Dusek said.



Jeffery Dusek, PhD, director of Research, and Jill Johnson, PhD, epidemiologist



FOUNDERS' SOCIETY

The 2013 Founders' Society Tea included remarks by Kelley Lockhart, MD, Abbott Northwestern Hospital Neuro-Critical Care director, who thanked attendees for their generous support of the hospital and described advances in neuroscience care – including an expansion of the

Allina Health telehealth service. The telehealth service, which uses videoconferencing to connect critical care specialists at Abbott Northwestern with physicians and patients at hospitals throughout the region, means that more patients will have quicker access to life-saving care. The telehealth

service supports Allina Health efforts in meeting the triple aim of health care – improving the patient care experience, improving the health of populations and reducing the per capita cost of health care by focusing on the right care, at the right place, at the right time.

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*Deceased

Founders' Society members are friends of the hospital who have made gifts through bequests, charitable trusts, gifts of property and other methods to invest in the hospital's future. For more information on gift planning, contact Richard Meyer, president of the Abbott Northwestern Hospital Foundation, at 612-863-4005.

HEROES HELPING HEROES

Retired nurse helps other nurses achieve career goals

Anita Thompson wanted to be a nurse from the age of 5. That dream was fulfilled in her early 20s when she graduated from the Northwestern School of Nursing and began a life-long nursing career at Abbott Northwestern Hospital.

Now retired, she has found a way to help others achieve their career dreams. She has included Abbott Northwestern in her estate plan, making a gift that will, upon her death, establish the Anita Thompson Nursing Continuing Education Fund.

"This gift is about my love of the hospital and my love of nursing," said Thompson, who worked at Abbott Northwestern for 40 years. She was a nurse in the WomenCare® Program, eventually becoming a nurse manager in gynecology medical/surgical care. She later helped coordinate care for gynecology oncology patients and also worked in reproductive medicine.

"I loved being a nurse. I think it's important to support nursing, and I want to help others further their education in nursing," she said. Thompson herself benefited from scholarship funds that were available when she was working at Abbott Northwestern. "I wouldn't want someone to be unable to pursue an interest in nursing just because they couldn't afford it – I want to do whatever I can to help."



Anita Thompson

"This gift is about my love of the hospital and my love of nursing," said Thompson, a new member of the Founders' Society in 2013.

Honoring the Gift of Life Wall

The Honoring the Gift of Life Wall is dedicated to living and deceased organ donors and transplant recipients cared for by Abbott Northwestern's Transplantation Department. Unveiled in 2013, the tribute wall was made possible through proceeds from the Abbott Northwestern Hospital Gift Shop, which were donated to the Abbott Northwestern Hospital Foundation.



The tribute wall inscription reads: "Honoring the gift of life allows us to acknowledge the opportunity of a second chance. The generous gifts given by organ, eye and tissue donors have transformed tragedy into hope, sickness into healing, loss into legacy. This wall is a symbol of deep gratitude for the donors who continue to change lives."

Located in the hospital's main lobby, the tribute wall honors organ donors and recipients.

GIVING BACK TO THOSE WHO GIVE SO MUCH

In recent years, Thanksgiving has taken on a deeper meaning for Janis Houston and her family.

The day has become an opportunity to celebrate life itself and to show gratitude and appreciation for the heroes who worked tirelessly to save Houston's life and help her recover from a deadly illness. For the last two years, they have hosted a gourmet Thanksgiving meal for Abbott Northwestern's Intensive Care Unit (ICU) staff, as well as for the families of patients in the unit.

Houston spent 55 days in the ICU being treated for East African sleeping sickness, a rare disease that she had contracted while on an African safari with her husband, Bruce Taher, in 2012. The disease resulted in multiple organ failure, and Houston's legs and hands had to be amputated.

After months in the hospital followed by intensive rehabilitation, Houston is walking on prosthetic legs and will soon be fitted for a prosthetic hand.

"Our family feels so thankful that Abbott Northwestern has such incredible doctors, dedicated nurses and all of the technology that was brought to bear on my case," Houston



Janis Houston and Bruce Taher are members of the Critical Care Campaign committee to raise funds for Abbott Northwestern's Emergency Department and Neuro-ICU.

said. "Without all three of those things, I would not have survived." In gratitude, Houston and Taher decided to host the Thanksgiving meals, arranging for catering by Forepaugh's Restaurant in St. Paul, part of their family-owned business.

"One of my goals in hosting the meal was to be there walking," said Houston. "I wanted the staff to see that they had saved my life and now I'm able to go on living."

Abbott Northwestern's ICU staff was invited to join Houston and her family for Thanksgiving dinner.





Employees set a record in Community Giving Campaign

Abbott Northwestern employees set a participation record in the 2013 Community Giving Campaign, Help Give Hope. Twenty-four percent of employees participated in the campaign to support Allina Health programs and other nonprofit organizations.



Plus One: Funded by physicians, focused on patients and the community

Plus One is the physician giving program that encourages Abbott Northwestern's current and retired Medical Staff to contribute to the hospital, serve patients in need and support community initiatives. Each year, the Plus One Giving Program Committee decides how to direct its funds. In 2013, a number of Plus One donations were designated for the ED

Cares Prescription Assistance Grant, which offers funds and other assistance to eligible Emergency Department patients to ensure that they have the prescription medications they need.

"ED Cares provides a safety bridge for patients with serious medical conditions who can't afford critical medications. I recall a patient without insurance who had opted to put food

on the table for her children instead of buying the medicine she needed to manage her chronic illness. ED Cares came to her rescue. We were able to stabilize her condition in the ED, provide her with medication to take home, and help address her ongoing need for the medication. There are many stories like this one."
– Lee Arostegui, MD, Emergency Department



Mark Migliori, MD, and Lee Arostegui, MD

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Abbott Northwestern Hospital Foundation



2013 Guarantors

Guarantors are friends of Abbott Northwestern who donated \$250-\$4,999 to the Abbott Northwestern Hospital Foundation this year. These generous annual gifts provide support to a multitude of life-saving and life-enhancing programs for patients and families.

President's Circle donors who gave \$5,000 or more in 2013 are recognized on pages 2-3.

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 Roger and Lynn Headrick
 Mr. Amos A. Holter*
 The Laura and Walter Hudson
 Foundation
 C. Charles Jackson*
 Helen L. and Roy F. Jacobson*
 Joann and Jim Jundt
 Robert and Michele Keith
 Margaret H. and James E. Kelley
 Foundation
 Patricia and Preston King*
 James Linsmayer*
 Lunch on the Lawn
 Mr. and Mrs. Stanley Marshall*
 Mr. and Mrs. Robert K. McCrea
 Dick and Joyce McFarland
 Family Fund of The Minneapolis
 Foundation
 Mrs. McKnight*
 John G. and Lois McNutt Fund of
 The Minneapolis Foundation
 Metris Companies, Inc.
 Dr. Mark and Sara Migliori
 Minneapolis Heart Institute
 Foundation
 Minnesota AIDS Trek
 Minnesota Community Foundation
 Charles and Melinda Moos
 Jane M. and John W. Morrison*
 Mortenson Construction
 The Mortenson Family Foundation
 Greg and Cindy Page
 Mrs. Laura V. Palmer*
 Glen L. Pasley*
 Jeanette C. Paul*
 Susan Petersen
 Nancy and Richard Pflager/Nancy
 Pflager Fund of The Minneapolis
 Foundation
 Dean B. Phillips
 Mrs. Marcia C. Ramsay*
 Mr. Walter M. Ringer Jr.*
 Ruth and Harold Roitenberg
 Marilyn and Bill Ryerse
 The Saint Paul Foundation
 The Randy Shaver Cancer Research
 and Community Fund
 Anne Larsen Simonson/Larsen Fund
 Rob and Gayle Sit
 Smikis Foundation
 Irene Steiner*
 Surdna Foundation, Inc.

Emily Anne Staples Tuttle Fund
 of The Minnesota Community
 Foundation/Emily Anne and
 Gedney Tuttle
 Howard O. Vaars*
 Archie D. and Bertha H. Walker
 Foundation
 Florence Elizabeth Walker*
 Margaret M. Webber*
 Mr. Donald Weesner*
 Mrs. Ellen M. Wells
 Penny Rand Winton
 Henrietta McDonald Winton and
 Charles J. Winton Jr.*
 Mrs. Marjorie A. Wood*
 Mr. Charles M. Yancy III*
 Douglas H. Yock Jr., MD,
 and Doris E. Yock
 Julie and Charles Zelle

FELLOWS

\$25,000-\$99,999

Anonymous (4)
 Abbott Northwestern Alumni
 Abbott Northwestern Hospital
 Abbott Northwestern School of
 Anesthesia
 Abbott Vascular Devices
 Academy Awards Party
 Elizabeth Adams*
 Floyd and Andrea Adelman
 AIDS Action Foundation of
 Minnesota
 AIDS Care Partners
 Craig J. Alexander* and
 Ms. Roberta S. Kagin/The Craig J.
 Alexander Fund of
 The Minneapolis Foundation
 American Cyanamid Company
 American Express Financial
 Advisors, Inc.
 American Massage Therapy
 Association
 Clifford I. and Nancy C. Anderson
 Donald W. Anderson Foundation
 Ms. Rainey H. Anderson*
 Janet V. Andrews and Robert R.
 Andrews Fund of The Minneapolis
 Foundation
 Mr. John E. Andrus III*
 The Ankeny Foundation
 Archer Daniels Midland Foundation
 Dr. Mark and Patricia Arnesen
 Dr. Ben and Marge Bache-Wiig
 Bard Access Systems
 Walter and Jane Barry
 Henry Baumhofer*
 Winifred Bean*
 Scott and Susan Becker
 The David Winton Bell Foundation
 Bemis Company Foundation
 David T.* and Sue A. Bennett
 Josephine and Theodore W.
 Bennett*
 Russell M.* and Elizabeth M.
 Bennett
 Ann Bentdahl and Roger Smith
 Jean Bergquist*
 Helen and Gary Bergren/Bergren
 Family Foundation

Dr. Bryce and Pamela Beverlin
 Robert Blomberg*
 Dr. David and Cynthia Blomberg
 BNG Management Company
 Boston Scientific Corporation
 Gordon Bowen*
 Drs. Margit Bretzke and Jeff Hanson
 Ellen and Karl Breyer
 Paul Brinkmeyer
 Broadway Cares/Equity Fights AIDS
 Sheldon V. * and Carroll C. Brooks
 Dr. M. Nicholas Burke and
 Sue Slattery-Burke
 Ralph and Peggy Burnet
 Burnsville Women of Today
 Burroughs Wellcome Co.
 Dr. Daniel and Christine Buss
 Candela Laser Corporation
 Carolyn Foundation
 Nicky Benz Carpenter
 Dagny Chapman*
 The Charlson Foundation
 Children's Hospitals and Clinics
 of Minnesota
 Ciba-Geigy Corporation
 CoBank
 Anne and Art Collins
 The Collins Family Foundation
 Mrs. Joseph (Rose) H. Colman Jr.*
 Stanley* and Beatrice C. Cowle
 Cowles Media Foundation
 Sage Cowles*
 David and Kitty Crosby
 Ella P. Crosby*
 Elizabeth and Franklin Crosby Jr.*
 Eleanor R. Crosby
 Carol and Ted Cushmore
 Danielson Brothers
 Jim and Megan Dayton
 Judson Dayton and Shelley Mydra
 Delta Dental
 Deluxe Corporation Foundation
 Department 56, Inc.
 Adeline P. Dervin*
 Design Industries Foundation
 Fighting AIDS (DIFFA)
 Dessert in the Garden hosted by
 Jackie and Tim Overom
 Development Corporation for
 Children
 Bill and Janice Dircks
 Dodge County United Way
 Donaldson Foundation
 The Dorsey & Whitney Foundation
 Dougherty Financial LLC
 Mike and Kathy Dougherty
 Mike and Glenda Dubes
 W. H. Dunwoody Trust
 Jaye F. and Betty F. Dyer*
 The Eagle and the Hawk
 Foundation
 Mr. Richard A. Ehrich and
 Dr. Kelley R. Lockhart
 Eli Lilly and Company
 Engelsma Family Foundation
 Vaughn W. and Hilda K. Enslow*
 Dennis Erickson*
 Stuart W. Erickson*
 Faribault Foods
 Deborah A. Farley

Dr. Sheridan Fenwick
 Fidelity Charitable Gift Fund
 Ida Finke*
 Dr. P.J. Flynn
 Frauenshuh Healthcare, LLC
 Mr. and Mrs. David R. Frauenshuh
 Fullerton Foundation
 Elizabeth Fullerton*
 Robbie and Caroline Fullerton
 Alfred and Leona Gale
 Roseann Giovanatto-Shaver and
 Randy Shaver
 Glaxo Wellcome, Inc.
 Mr. Arthur Gluek*
 Paul Goddard*
 Linda and Jack Goldenberg
 Goldman, Sachs & Co. Matching
 Gift Program
 Mr. John B. Goodman
 Jon and Janey Gordon
 Drs. Carol and Joel Grabowski
 Graco Foundation
 Virginia Grant*
 Great Clips, Inc.
 Greater Twin Cities United Way
 Greycoach Foundation
 Jane and Edward Griffin
 Polly Brown Grose
 John F. and Beverly G. Grundhofer
 Charitable Foundation
 Roger Hale and Nor Hall
 Ms. Lorraine R. Hart
 Charlie Hartwell and
 Maureen Pelton
 Marialice and Nevin Harwood
 Sally and Robert Hauser, MD
 The Hawkins Family
 James and Rosalyn Hawley
 Hawley Family Foundation Inc.
 HCIA, Inc.
 Health Care Quest Conference
 Rosalie Heffelfinger Hall*
 Mrs. Adolph E. Heins*
 Edward L. Henderson
 Charitable Trust
 Hennepin County Minnesota
 Jeanette B. Herum*
 Hope and David F.* Hickok, MD
 Mr. and Mrs. Brooks M. Hollern
 Honeywell Foundation
 Hope Chest for Breast Cancer
 Foundation
 Hospital Pathology Associates, PA
 Mr.* and Mrs. Hadlai A. Hull
 Andy and Carole Hunter
 Mr. and Mrs. William G. Huttner
 Imperial Court of Minnesota
 Institute for Low Back and Neck Care
 IWC Fund, Inc.
 J.P. Morgan Securities, Inc.
 Kit and D. Eldrege* Jackson, III
 Raymond James Charitable
 Endowment Fund
 Rob and Kris Johnson
 Ray and Susan Johnson
 Glen and Marlys Johnson
 Jacqueline N. Jones
 Mark and Laurie Jordahl
 Dr. Tae and Jane Kim
 Kinetic Concepts, Inc.

Dr. Joseph and Laura Kiser
Knutson Construction Services
Babs and David Koch
Edward and Anna Kohler
Gerald* and Mary Koos
Kraus-Anderson Construction –
Midwest Division
Jean M. and Charles V. Krogness
Kroll OnTrack
Roger and Neroli Lacey
Michael D. Laessle
Helen Lang*
Theodora H. Lang*
William H. Lang*
Lorrie and James R. Larson, MD

Andy McCarthy and Samara Kline
Fund of Greystone Foundation
Aileen and George D. McClintock*
Jean McGough Holten
Faeth McGowan*
Mr. Miles W. McNally* and
Ms. Carolyn E. Linner*
Mrs. Harriet E. McNeal*
Meadowood Foundation
Medica
Medtronic, Inc.
Meehan Foundation, Inc.
Mental Insight Foundation
Merchant & Gould
Merck & Co., Inc.

Noran Neurological Clinic, PA
Mr.* and Mrs. Kenneth Nordling
Northwest Anesthesia, PA
Norwest Bank Minneapolis NA
Novartis Pharmaceuticals
Corporation
Margaret and John Ordway*
Bart and Kandi Osborn
EB Osborn Charitable Trust
Park House Holiday Benefit
Parsons Electric
Pauline's Bell Foundation
The Pentair Foundation
Arthur F. Perlin*
Jerry Peterson Fund
Jeff* and Michele Peterson
The Edward J. Phillips Family
Foundation
Jay and Rose Phillips Family
Foundation
Karin E. Phillips
Carolyn and Buzz Pierce
Louise B. Plank
Ron and Molly Poole
Portrait of Summer
Christine Potter*
Kathleen M. Pratt
Mr. Wallace N. Rainville*
Jean Ramsay*
Erick R. Rasmuson
RBC Wealth Management
Mr. and Mrs. Lachlan A. Reed*
ReliaStar Financial Corporation
The Paul Revere Variable Annuity
Insurance Company
Rhone-Poulenc Rorer
Pharmaceuticals Research
Margaret Rivers Fund
Mr.* and Mrs. John H. Roe, III/The
John and Sandra Roe Fund of The
Minneapolis Foundation
Dr. Terrill and Patricia Rosborough
Abigail Rose and Michael J. Blum
Saint Croix Area United Way
Sanofi Winthrop Pharm
Patty and Barney* Saunders
Rob and Aly Sayre
Schering Plough Research Institute
Robert L. Schiesel*
Robert and Beth Schnell
Dr. Tim Sielaff and Paula Sell
Siemens Medical Systems, Inc.
Sisters of Charity of the Blessed
Virgin Mary
Eugene* and Gail Sit
Sit Investment Associates
Foundation
Sister Kenny Rehabilitation Institute
Special Events
Mary R. Slater*
Mary Elaine and Graham Smith,
MD*
Arch Smith and Tina Flint Smith
SmithKline Beecham
Pharmaceuticals
Shirley J. Snackenber*
Sodexo, INC and Affiliates
Ed and Valerie Spencer
Mrs. Elizabeth W. Spencer*

Mr. John J. Spillane
Mr. and Mrs. Robert K. Spinner
William Spoor
Sports & Orthopaedic Specialists, PA
St. Jude Medical, Inc.
Mary Lynn and Warren Staley
State of Minnesota
Genevieve E. Stelberg*
Harry F. Stimpson*
Lowell and Debra Stortz
Vonnice Stutzman
Surgical Specialists of Minnesota
Elizabeth and Michael Sweeney
TCF National Bank Matching Gifts
Program
Drs. Mike Tedford and
Rebecca Thoman
Thrivent Financial for Lutherans
Tim and Terri Traudt
Frank and Carol Trestman Family
Philanthropic Fund of the
Minneapolis Jewish Foundation
Twin Cities Orthopedics, PA
Twin Cities Spine Center
U.S. Department of Energy
Duke and Lisa Uihlein
United Way of Carlton County
United Way of Central Minnesota
United Way of Douglas & Pope
Counties
United Way of Goodhue,
Wabasha & Pierce Counties
United Way of Hastings
United Way of Hibbing
United Way of Hutchinson Area
United Way of Kandiyohi County
United Way of Mower County, Inc.
United Way of Northeastern
Minnesota, Inc.
United Way of Rice Lake
United Way St. Croix Valley
United Way of Steele County
UnitedHealthcare Corporation
UnitedHealth Group
University of Minnesota
Martha and Andy Van de Ven
Dennis Van Orden
Dr. Bob and Betty Van Tassel
Mary W. Vaughan
Philip* and Joanne W. Von Blon
Maxine H. Wallin
Joyce P. Watson*
Irv and Marge Weiser
Wells Fargo Foundation Minnesota
Wendel Foundation Fund of The
Minneapolis Foundation
Vannita L. Wesely
Mrs. Jane D. West*
Penny Wheeler, MD, and The
Honorable Margaret Chutich
Whitney Foundation
Garnett O. Wingreene*
Lillian Rosemary Wingreene*
Xcel Energy, Inc.

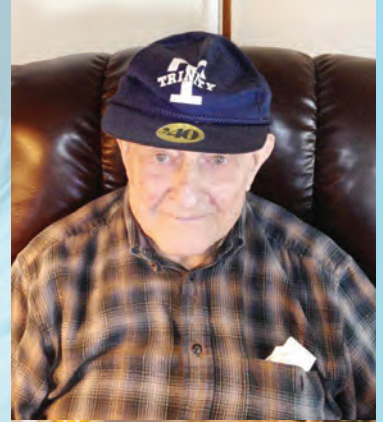
*Deceased



Dan and Joanne Lastavich
The Steven C. Leuthold Family
Foundation
Patricia and Keith Libbey/Libbey
Foundation
Steve and Sheila Lieberman
Emily C. Lineburg*
James B. Linsmayer Foundation
Dr. William* and Mrs. Harriet T.
Ludwick
Mr. Carl H. Lundgren*
Bill Lurton
David and Anne Luther
Rudy and Shirley Luther Fund of
The Minneapolis Foundation
M.A.C. AIDS Fund
Reid and Ann MacDonald
The Robert A. and Yvonne E.
MacDonald Fund
Sarah Stevens MacMillan
Foundation
Cynthia and Donald MacMillan
Marquette Financial Companies
Edith C. Marshall*
Linda Mattson*
Mr. Robert W. Maynard
Dr. Malcolm and Louise McCannel

Annie and Rich Meyer
Minncom Companies, Inc.
Minneapolis Cardiology Associates
Minnesota Horse Show Ticket Sales
Minnesota Oncology
Minnesota Perinatal Physicians
Minnesota Radiation Oncology
Group, PA
Minnesota State Arts Board
Minnesota Timberwolves FastBreak
Foundation
Mary and Raymond Mithun Jr.
Mithun Family Foundation
John A. Moorhead Memorial Fund
of The Minneapolis Foundation
Tom and Kathleen Morris Family
Foundation
Morrison County United Way
Clinton and Mary Morrison*
Dr. John and Tera Muellerleile
Sue and Ken Murray
Dr. Nelson and Marilyn Carlson
Nelson
Neurosurgical Associates, Ltd.
Drs. John and Lisa Nicotra/The Lisa
and John Nicotra Fund of The
Saint Paul Foundation

Paul Joseph Bilka, MD
1919-2013



IN MEMORY

Abbott Northwestern Hospital Foundation lost several very important friends in 2013 – friends who cared deeply about the mission and work of the hospital and expressed it with their generosity, kindness and leadership. They will be missed, but their legacies live on through the compassionate and expert care that patients and families receive at Abbott Northwestern Hospital.

Conley Brooks Sr.
1921-2013



Thomas M. Crosby
1938-2013



Mary Lee Dayton
1925-2013



Jeffrey D. Peterson, FACHE
1958-2013



Grants

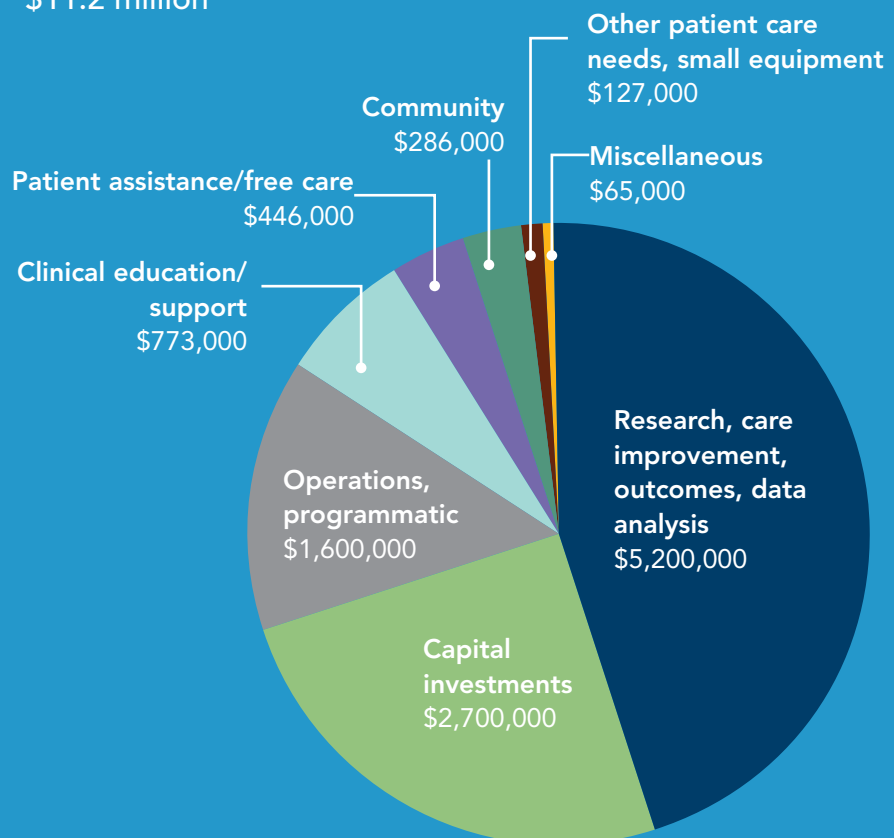
The Foundation disbursed more than \$11 million, an increase of \$1.2 million from 2012, to programs at Abbott Northwestern and the community in 2013. Programs, departments and organizations that received grants were selected through a rigorous review process conducted by the Foundation's Distribution Committee of the Board of Directors.



2013 SAMPLE GRANTS

- Training for health care providers so they can better help families assist those in the process of dying.
- Training for a healing coach to assist parents in helping their children cope with the parent's cancer diagnosis.
- A device to lift wheelchair-bound patients onto the exam table in Abbott Northwestern's Medicine Clinic.
- Audiovisual resources to support mental health group therapy sessions.
- Activity packs for children to use in waiting areas of hospital.
- Help for patients to achieve proper weight gain during pregnancy.
- Portable ultrasound devices for physicians to use at the patient bedside.
- Nursing scholarships, continuing education, educational awards and projects supporting nursing excellence.

2013 Grants Disbursed \$11.2 million



2013 Abbott Northwestern Hospital statistical resume

Total Employees* 5,834

Volunteers	735
Total number of volunteer hours served	43,738

Medical Staff 1,433

Medical Education

Medical Students	129
Residents and fellows	149
Nursing students	196
Chaplaincy residents	4
Chaplaincy interns	18

Available Beds 630

Behavioral Health – adult	63
Behavioral Health – child/adolescent	24
Cardiovascular	128
Medical/Surgical	181
Orthopedics	82
Neuroscience	46
Obstetrics	68
Courage Kenny	38
Rehabilitation Institute	
Newborn Nursery	44

Patient Care

Inpatient admissions	38,168
Outpatient encounters	401,955
Lab tests	1,514,528
Radiology procedures	164,748
Respiratory care volume	71,155
Percutaneous coronary interventions	1,802
Cardiac noninvasive tests	3,034
Cardiovascular lab procedures	5,580
Electrophysiology procedures	1,824
Peripheral vascular interventional and surgical procedures	414
Peripheral vascular noninvasive imaging	92
Cardiovascular/thoracic surgical cases	174
Intracranial surgery cases	466
Stroke patients	555
Neurodiagnostic studies	2,550
Sleep Lab volume	656

Spine surgery cases	2,694
Orthopedic inpatient surgery cases	2,496
Orthopedic outpatient cases	2,140
Joint replacement surgeries	1,172

Surgical Procedures

Inpatient	13,755
Outpatient	11,817
Center for Advanced Endoscopy	4,448
Ambulatory Surgery Center	2,275

Births 5,153

Sets of twins	211
Sets of triplets	6

Emergency Care

Emergency Department visits*	57,474
Helicopter transports	684
Level One Heart Attack patients	343
Clinical Decision Rapid Treatment Unit patients	3,161

Organ Transplants 43

Heart	14
Kidney	29
Implantable ventricular assist devices	21
Temporary circulatory support/ECMO cases	20

Courage Kenny Rehabilitation Institute

Inpatient admissions	650
Brain injury	127
Spinal cord injury	89
Stroke	228
Orthopaedic	66
Neurologic	64
Debility	52
Amputation	24
General rehabilitation medicine	76

Penny George Institute for Health and Healing

Inpatient visits	9,987
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Penny George Institute Outpatient Clinic

Total number of visits	13,158
Acupuncture visits	12,238
Medical massage therapy visits	1,070
Nutrition visits	2,201
Integrative medicine consultations	3,149
Biofeedback	1,536
All other visits	369
LiveWell Fitness Center visits	30,730
LiveWell Fitness Center members	644

Piper Breast Center*

Piper Breast Center clinic visits	6,676
Piper Breast Center mammograms	24,791

Web site individual visitors 1,228,223

Financial

Operating revenue	\$1.019 billion
Expenses	\$980 million
Salaries/benefits	\$518 million
Depreciation	\$43 million
Supplies	\$126 million
Other operating expenses	\$293 million

In 2013,
435 registered
nurses at Abbott
Northwestern
had worked at
the hospital for
25 years or more.



*Includes Abbott Northwestern – WestHealth.

To raise, steward and disburse funds for the benefit of Abbott Northwestern Hospital and the communities it serves.



ABBOTT NORTHWESTERN HOSPITAL FOUNDATION STAFF

Pictured left to right:
(Standing)

Deena Bartley, administrative assistant
Kirsten Fish, annual fund manager
Stacy Elsholtz, executive assistant
Kathy Ingerson, grants manager

(Seated)

Dawn Fish, gift officer – senior
Richard Meyer, president
Anne Langaard, director of development
Chris Fahey, gift officer

STATEMENT OF FINANCIAL ACTIVITIES

for the years
ended December
2012 and 2013

	2012	2013
REVENUE, GAINS AND SUPPORT		
Contributions	\$8,225,242	\$8,376,231
Contributions from Allina Health System	163,357	38,099
Investment Return	5,330,639	5,242,610
Increase in Value of Split-Interest Agreements	24,770	9,992
Total Revenue, Gains and Support	13,744,008	13,666,932
EXPENSES		
Grants and Transfers to Affiliates	9,331,994	10,839,592
Grants to Community Programs	755,898	424,940
Change in Liability, Collateral Agreement	(120,086)	(27,036)
	9,967,806	11,237,496
NET ADMINISTRATIVE AND FUNDRAISING		
Support from Allina Health System	1,928,549	2,039,832
Administrative	(1,106,142)	(1,099,792)
Fundraising	(890,748)	(972,898)
Total Expenses	(68,341)	(32,858)
CHANGE IN NET ASSETS	3,707,861	2,396,578
Net Assets – Beginning of Year	72,824,509	76,532,370
Net Assets – End of Year	\$76,532,370	\$78,928,948

STATEMENT OF FINANCIAL POSITION

for the years
ended December
2012 and 2013

	2012	2013
ASSETS		
Pledges Receivable, Net	\$7,075,985	\$5,605,469
Due from Allina Health System	–	644,815
Charitable Gift Annuity	110,826	10,000
Investments	70,114,408	73,072,055
Beneficial Interest in Charitable Remainder Trust	20,751	21,038
Other Assets	224,010	233,715
Total Assets	77,545,980	79,587,092
Liabilities and Net Assets		
LIABILITIES		
Due to Allina Health System	351,212	–
Grants and Other Payables	118,250	163,250
Charitable Gift Annuity Obligation	28,110	5,892
Long-Term Liability, Collateral Agreement	516,038	489,002
Total Liabilities	1,013,610	658,144
NET ASSETS		
Unrestricted Net Assets	10,641,192	11,652,195
Temporarily Restricted Net Assets	44,818,029	46,152,504
Permanently Restricted Net Assets	21,073,149	21,124,249
Total Net Assets	76,532,370	78,928,948
Total Liabilities and Net Assets	\$77,545,980	\$79,587,092



Abbott Northwestern is ranked the **#1 hospital** in the Minneapolis-St. Paul region by *U.S. News & World Report* and is recognized among the top 50 hospitals in the country for Neurology & Neurosurgery.

A generous gift from a fourth grade hero

Dear Piper Hospital,

Hi. My name is LeRoy this \$440.00 Dollar's that I am Giving you people is because that we had a school project. So I picked Breast Cancer Reaserch. The Reasen I picked Breast cancer is I thought of sport and I thought of pink so the mix those together it is supporting Breast cancer. Whi I Did a fundraizor is to rase money For Breast cancer Reaserch for treatment and cures. So what's left is go Breast cancer Reaserch

Sincerely,
LeRoy

Can't you Belive that I made \$444.00 Dollar's in an hour.



Allina Health

**ABBOTT NORTHWESTERN
HOSPITAL FOUNDATION**

800 East 28th Street, MR 16509
Minneapolis, MN 55407
612-863-4126

allinahealth.org/abbottnorthwestern