

Safe antibiotic use **starts here**

OUR COMMITMENT

- Provide the best possible treatments and care for your condition.
- Prescribe antibiotics when they will benefit you.
- Offer other treatment options if antibiotics will not help you.

THE FACTS

- Antibiotics do not treat infections caused by viruses, such as bronchitis, colds and most coughs, sore throats, sinus infections, and most ear infections.
- Overusing antibiotics can make bacteria stronger and harder to kill.
- Taking antibiotics when you don't need them won't help you and can hurt you.

WHAT YOU CAN DO

Tell your doctor you only want antibiotics if they're necessary.

Ask your doctor what you can do to feel better and get relief from your symptoms.



Learn more at allinahealth.org/antibioticstewardship



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