## **Cough Symptoms History:**

How long have you had the cough:			
What triggers your cough?			
Is the cough wet or dry?	Wet / dry		
Is it a throat-clearing cough?	Yes / No		
Does it feel like the cough is coming from the throat or the chest/lung area?	Throat / Chest / Lungs		
Are you coughing up blood or mucous?	Yes / No		
Is the cough worse during certain times of the day?	Yes (Day / Night) / No		
Does your cough get worse after you lie down?	Yes / No		
Does your cough wake you up from your sleep?	Yes / No		
Does your cough worsen during certain seasons?	Yes ( Spring / Summer / Fall / Winter) / No		
Do you get sinus infectious?	Yes / N If yes, # per year:		
Do you snore	Yes / No		
Have you had a chest x-ray?	Yes / No If yes, location & date:		
Have you had a Sinus CT scan?	Yes / No If yes, location & date:		
Have you seen any other specialists for this cough?	Yes / No If yes, specialty:		
Have you taken any medications for the cough? (e.g. Prednisone)	Yes / No If yes, did it help? Yes / No		

## Fill out the sections that address any other symptoms you experience:

YES	NO	Symptoms	YES	NO	Symptoms
		Stuffy nose			Sinus pressure
		Runny nose			Pain, chronic
		Itchy nose/ears/eyes			Recurrent headaches
		Sneezing			Chest / throat tightness
		Drainage down the throat			Ear popping / plugging
		Shortness of breath			Change in smell or taste
		Wheezing			Heartburn or reflux issues

**	
Allina Health	ALLERGY COUGH QUESTIONNAIRE

Patient Name:_	
DOB:	
Today's Date:	