

Call 612-262-7900, toll-free 888-691-0045 or fax 612-262-7860
to schedule **FIRST** appointment at the following locations:

ALBERTVILLE

(adult & pediatric speech)
11091 Jason Ave NE, Suite 2
Albertville, MN 55301
763-744-4140

ANNANDALE

440 Elm St E
Annandale, MN 55302
763-684-3822

APPLE VALLEY

Apple Valley Medical Center
14655 Galaxie Ave, Suite 160
Apple Valley, MN 55124
651-241-3880

BUFFALO

Fitness Center
101 14th St NE, Suite 1A
Buffalo, MN 55313
763-684-3880

(Adult & pediatric services)

Across from Buffalo Hospital
300 Catlin St, Suite 101
Buffalo, MN 55313
763-684-3888

BURNSVILLE

(adult & pediatric services)
12400 Portland Ave So, Suite 140
Burnsville, MN 55337
952-428-0400

CAMBRIDGE

(adult & pediatric services)
Cambridge Medical Center
701 South Dellwood St
Cambridge, MN 55008
763-688-7782

CHAMPLIN

11269 Jefferson Hwy N, Suite 200
Champlin, MN 55316
763-236-0780

COON RAPIDS

Mercy Specialty Center
11850 Blackfoot St NW, Suite 400
Coon Rapids, MN 55433
763-236-8911

Springbrook
9055 Springbrook Dr
Coon Rapids, MN 55433
763-236-1050

Courage Kenny Kids-Coon Rapids

Mercy Health Care Center
3960 Coon Rapids Blvd NW
Suite 123
Coon Rapids, MN 55433
763-236-7337

Mercy Hospital
Lower Level
4050 Coon Rapids Blvd
Coon Rapids, MN 55433
763-236-8910

COTTAGE GROVE

8811 92nd St S, Suite 101
Cottage Grove, MN 55016
651-241-3777

EAGAN

1284 Corporate Center Dr,
Suite 500
Eagan, MN 55121
612-775-2940

EDINA

Centennial Lakes
7373 France Ave S, Suite 204
Edina, MN 55435
952-428-0600

Abbott Northwestern's
Center for Outpatient Care
8100 W 78th St, Suite 205
Edina, MN 55439
952-914-8065

ELK RIVER

14181 Business Ctr Dr NW
Suite LL100
Elk River, MN 55330
763-236-0580

FARIBAULT

(adult & pediatric services)
Across from Allina Health
Faribault Medical Center
35 State Ave
Faribault, MN 55021
507-497-3790

FOREST LAKE

(adult & pediatric services)
1467 Lake St So, Suite 300
Forest Lake, MN 55025
651-241-3840

FRIDLEY

(adult & pediatric services)
Mercy Hospital – Unity Campus
Lower Level
550 Osborne Rd NE
Fridley, MN 55432
763-236-3000

Unity Professional Building
500 Osborne Rd NE, Suite 365
Fridley, MN 55432
763-236-2150

GOLDEN VALLEY

(adult & pediatric services)
3915 Golden Valley Rd
Minneapolis, MN 55422
612-775-2455

HASTINGS

Allina Health Hastings Nininger
Road Clinic
1285 Nininger Road
Suite L001-lower level
Hastings, MN 55033
651-404-1399

YMCA

85 Pleasant Drive
Hastings, MN 55033
651-404-1002

ISANTI

300 5th Ave NE, Suite 200
Isanti, MN 55040
763-688-9750

MAPLE GROVE

7840 Vinewood Lane, Suite A
Maple Grove, MN 55369
763-236-0258

MINNEAPOLIS

Abbott Northwestern Hospital
800 E 28th St, 2nd Floor
Minneapolis, MN 55407
612-863-1924

2800 Building
2800 Chicago Ave, Suite 102
Minneapolis, MN 55407
612-863-4446

NEW ULM

(adult & pediatric services)
New Ulm Medical Center
1324 Fifth North St.
New Ulm, MN 56073
507-217-5173

OWATONNA

(adult & pediatric services)
Owatonna Hospital
2250 NW 26th St
Owatonna, MN 55060
507-977-2150

PLYMOUTH

Abbott Northwestern –
WestHealth
2805 Campus Dr, Suite 345
Plymouth, MN 55441
763-236-5555

RAMSEY

7231 Sunwood Dr NW, Suite A
Ramsey, MN 55303
763-236-0006

RICHFIELD

6601 Lyndale Ave S, Suite 105
Richfield, MN 55423
612-775-5190

RIVER FALLS, WI

River Falls Area Hospital
1629 E. Division St.
River Falls, WI 54022
715-307-6050

SAINT PAUL

Bandana Square
1021 Bandana Blvd E, Suite 123
St. Paul, MN 55108
651-241-3939

Doctors Professional Bldg
280 Smith Av N, Suite 120
St. Paul, MN 55102
651-241-7560

United Hospital
333 Smith Ave N, first floor
St. Paul, MN 55102
651-241-8290

SHOREVIEW

4180 No Lexington Ave
Shoreview, MN 55126
651-241-1455

STILLWATER-ST. CROIX

(adult & pediatric services)
1460 Curve Crest Blvd
Stillwater, MN 55082
651-241-3820

Courage Kenny Kids-ECFC
(ages 8 and under) Early
Childhood Family Center
1111 Holcombe Street So
Stillwater, MN 55082
651-241-3830

VADNAIS HEIGHTS

1155 East County Rd E, Suite 120
Vadnais Heights, MN 55110
651-241-1464

WOODBURY

1625 Radio Dr, Suite 220
Woodbury, MN 55125
651-241-3636

Call the location below
directly to schedule **FIRST**
appointment:

SPRINGFIELD

(adult & select pediatric services)
625 N Jackson Avenue
Springfield, MN 56087
507-723-6201

To find current listing
of locations or directions
to and parking information,
please call the site directly
or visit [AllinaHealth.org/
CourageKenny](https://www.AllinaHealth.org/CourageKenny).

Courage Kenny Rehabilitation Institute® Outpatient therapy

Courage Kenny Rehabilitation Institute, part of Allina Health,
provides a broad range of outpatient rehabilitation services. Our
skilled therapists work with children and adults who have injuries,
illnesses and disabilities of all kinds.

We have locations throughout the Twin Cities and regional
communities in Minnesota and western Wisconsin.

CONTACT US

612-262-7900

TOLL-FREE 888-691-0045

AllinaHealth.org/CourageKenny

Physical Therapy

Physical therapy focuses on neurological concerns, spine, orthopedic and sports related needs.

Our physical therapists are trained in a wide array of rehabilitation services:

- Aquatic therapy
- Cancer rehabilitation
- Complex regional pain syndrome
- Concussion
- Functional capacity evaluation
- Lymphedema/edema therapy
- Neurological conditions including stroke, brain injury, multiple sclerosis, spinal cord injury
- Orthopedic rehabilitation following muscle, joint or spine injury, strains, sprains or surgery
- Pain management
- Parkinson's disease including Lee Silverman LSVT® BIG therapy
- Pelvic health (women, men and pediatric services)
- Physical performance testing
- Pre and post prosthetic training
- Spine rehabilitation
- Temporomandibular joint disorder therapy (TMD)
- Vestibular/balance/falls therapy
- Weight management
- Work conditioning/work hardening
- Wheelchair positioning clinic

Specialty services and equipment are also offered at multiple locations. Some specialties include: AlterG® Anti-Gravity Treadmill, Neuromuscular Electrical Stimulation NMES, robotic exoskeleton – the Ekso™ GT and the ReWalk 6.0™, weight bearing support devices (Lokomat), blood flow restriction, Spine MedX. Services for the novice and experienced athletes include RunSMART, CycleSMART, GolfSMART.

Occupational Therapy

Occupational therapy focuses on neurological conditions, orthopedic needs, memory/problem solving and mental health concerns.

Our occupational therapists are trained in a wide array of rehabilitation services:

- Activities of daily living
- Assistive technology
- Aquatic therapy
- Cancer rehabilitation
- Cognitive testing
- Complex regional pain syndrome
- Concussion
- Constraint induced movement therapy
- Dementia
- Hand therapy
- Lymphedema/edema therapy
- Neurological conditions including stroke, brain injury, multiple sclerosis, spinal cord injury
- Parkinson's disease including Lee Silverman LSVT® BIG therapy
- Wheelchair positioning clinic
- Visual perception

Specialty services and equipment are also offered at multiple locations.

Speech Language Pathology

Speech language pathology focuses on neurological conditions, speech and language needs, issues related to memory, thinking, voice and swallowing.

Our speech language therapists are trained in a wide array of rehabilitation services:

- Augmentative alternative communication
- Cancer rehabilitation
- Concussion
- Dysphagia/swallow assessment and rehabilitation treatment including VitalStim® (NMES) as appropriate
- Fiberoptic Endoscopic Evaluation of Swallowing (FEES) with administration of topical anesthetic and nasal decongestant
- Functional communication
- Laryngectomy rehabilitation
- Neurological conditions including stroke, brain injury, multiple sclerosis, ALS and more
- Paradoxical vocal fold movement (VCD)
- Parkinson's disease - Lee Silverman LSVT® LOUD therapy
- Tracheo-esophageal puncture (TEP) prosthesis with administration of topical anesthetic, and/or heat and moisture exchanger (HME)
- Transgender voice training
- Voice assessment and rehabilitation
- Videofluoroscopic swallow study
- Videolaryngoscopy and/or stroboscopy with administration of topical anesthetic and nasal decongestant, per protocol

Pediatric Therapy Services

Comprehensive therapy services for infants, children and teens. Services include occupational therapy, physical therapy and speech language pathology. Available at regional locations and multiple metro locations.

Occupational and Physical therapy specialty areas of service include:

- Activities of daily living
- Aquatic therapy
- Assistive technology
- Balance/coordination
- Cognition/attention
- Concussion
- Feeding (oral, behavioral, swallowing, sensory)
- General conditioning
- Intensive therapy, Therasuit™
- Kids and Teen Weight Management
- Motor skills
- Orthopedic and spine conditions
- Pelvic health
- Pre & post-surgical
- Torticollis
- Sensory processing
- Visual perception
- Wheelchair and equipment needs

Speech Language Pathology specialty areas of service include:

- Articulation
- Augmentative communication
- Communication
- Developmental apraxia
- Expressive/receptive language
- Oral motor skills
- Stuttering
- Videofluoroscopic swallow study
- Dysphagia/swallow assessment and rehabilitation treatment including VitalStim® (NMES) as appropriate
- Voice