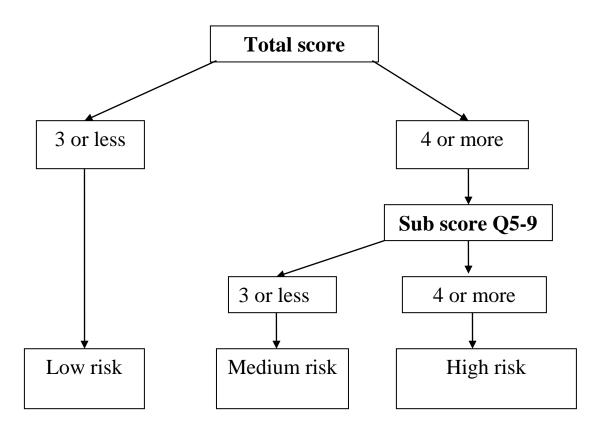
The Keele STarT Back Screening Tool

Patient name:			Date:				
	Thinking about the	last 2 weeks tic	k your response to	the following ques	otions:	Disagree	Agree
1	My back pain has spread down my leg(s) at some time in the last 2 weeks						
2	I have had pain in the shoulder or neck at some time in the last 2 weeks						
3	I have only walked short distances because of my back pain						
4	In the last 2 weeks, I have dressed more slowly than usual because of back pain						
5	It's not really safe for a person with a condition like mine to be physically active						
6	Worrying thoughts have been going through my mind a lot of the time						
7	I feel that my back pain is terrible and it's never going to get any better						
8	In general I have not enjoyed all the things I used to enjoy						
9.	. Overall, how bothersome has your back pain been in the last 2 weeks ? Not at all Slightly Moderately Very much Extremely						
						icry	
	0	0	0	1	1		
Total score (all 9): Sub Score (Q5-9):							

© Keele University 01/08/07 Funded by Arthritis Research UK

The STarT Back Tool Scoring System



© Keele University 01/08/07 Funded by Arthritis Research UK