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Gala

DEAR FRIENDS:



Tom O'Connor, President, United Hospital



David Byrd, President, United Hospital Foundation

We always look forward to the Fall newsletter. Not only does it offer a wonderful opportunity to look back over the past year and look forward to the next, it also allows us to share photos and highlights from our annual Service to Humanity Gala.

Always first is recognition of every one of our donors. Without you, this year would not have been possible. In fact, without you the United Hospital campus, programs and services would look so much different. Just saying thank you does not seem to be enough, but know it is heartfelt by all of us at United Hospital and in the St. Paul community.

One way we try to say thank you is through our premier event, the Service to Humanity

Gala. This signature event unites our hospital and community causes with a night of celebration. The Gala continues to do very well, thanks to the many people that are deeply involved in its planning: It actually takes a small community to put on this very special community event. For Gala photos and more, please see page 10.

In June, we welcomed new members to the board of directors. At the same time, we took the opportunity to review the mission statement that has guided our work for 30 years. It now better reflects the values and scope of our work within the changing culture, and is more reflective of our community work (see back cover). It is very rewarding to work with our board members who are active in our community and passionate about United Hospital. Meet our two new board members on pages 1-2.

Thanks to you, this year in fundraising has been superb. We have nearly reached our goal of raising \$8 million dollars for The Mother Baby Center at United and Children's – St. Paul. At the time of publication, we are only \$700,000 away from that target. We are hoping to end this three-year campaign by the end of 2015.

In 2015, we launched two smaller projects. To help meet the needs of patients and our medical staff, the United Medical Specialties Clinic and United Pain Center relocated to newly remodeled and expanded spaces. One reason we fundraise for these types of moves is to help supplement the available capital from Allina Health. Thanks to your donations to both of these worthwhile efforts, we are able to take better care of our patients and the community. We anticipate these campaigns to continue to run through 2016 and would welcome your gifts at any time.

You are the reason United Hospital remains the premier hospital in the east metro. Thank you for everything you do for our community.

Tom and David

Welcome Jacob LaCroix, Director of Development

Jacob recently joined the United Hospital Foundation as the Director of Development. Prior to joining the Foundation staff, he worked for the Foundation at Children's Hospitals and Clinics of Minnesota leading the fundraising efforts of the Major Gifts program, with special emphasis on deepening mission engagement with major donors.

Jacob is well respected in the philanthropic community. With more than 12 years experience, Jacob is known for his ability to strategically design high-level donor and volunteer experiences. He has a Master in Organizational Management and a Bachelors in Communication

Studies from Concordia University, St. Paul. Jacob is also a credentialed member of Certified Fund Raising Executive (CFRE) International.

He is a wonderful addition to the Foundation team. You can expect to meet Jacob at future events and meetings. Please welcome him!



New Board Member: LISA BOYSEN



You may think the name Lisa Boysen, Director of Health Collaboration at Blue Cross and Blue Shield of Minnesota, sounds familiar and you'd be right. In 2011, Lisa, with her father Mickey Goff, established the Goff and Boysen Memorial and Honoring

Garden at United Hospital to offer patients, visitors and staff a beautiful place to relax and contemplate.

As an Emergency Department patient and concerned daughter when her parents were patients at United, she said, "Each encounter was a really good experience. When you're in the hospital, short of delivering a baby, most times you're there when something is wrong. When you're at United, you're with people who really care, are friendly and competent. It's great to know that you're in the hands of people who know what they're doing."

Lisa earned a MBA from the University of St. Thomas, and a BA in Management and Finance from the University of Wisconsin, Eau Claire. She's spent the past nine years at Blue Cross and Blue Shield - most recently as the director of pharmacy operations. Her current role, especially drug management, is fascinating — it is the most common claim, covering everything from antibiotics to chemotherapy.

"I really enjoy giving back," Lisa said. "I was actively involved in my son, Justin's, activities throughout school. He recently started the engineering program at the University of Minnesota, allowing me to branch out more. I wanted to be part of something that gives back to the community. And United, while a large hospital, very much has a community feel to it."

As a board member, Lisa looks forward to meeting with donors individually. "I get my energy from talking to people in smaller, more intimate settings. I enjoy hearing their stories and having that opportunity to express my appreciation to those donors who, with so many options to support, choose United. I really am appreciative and thankful."

"As a leader, I have worked with many leaders and am incredibly impressed with Tom O'Connor. He is very genuine, down to earth, forward thinking and really cares," she said. Equally impressed with the Foundation staff, Lisa said, "The people who work in the Foundation are phenomenal. They are thoughtful, caring and a pleasure to be around. They are warm and welcoming."

A self-described life-long learner, Lisa is currently in a year-long executive leadership program, working on a fellow in healthcare and taking a clinical pharmacy course. She likes spending free time doing exercise, yoga and evenings at home with her dogs. Next year, you will find her cheering on the Minnesota Vikings and Wild as a season ticket holder.



New Board Member: RASSOUL DASTMOZD, PhD

In June 2015,
Dr. Rassoul
Dastmozd,
president of
Saint Paul
College, joined
the United
Hospital Board
of Directors.
Dr. Dastmozd
was born in

Iran, and as a teenager, came to the United States with only \$1,200 in his pocket. No stranger to hard work, within two days he had a job as a dishwasher. He went on to earn his first degree in engineering. Now, he is leading an educational institution and has an interesting take on his career path saying he is part of the process of "reengineering a human being through education. Saint Paul College helps to change direction of lives by giving people opportunities."

"The connections between United and Saint Paul College are many. In addition to being neighbors, in many ways we have a workforce delivery system for United. We train individuals to build buildings and programs. We also serve as a path for those who want to transfer to the medical field," said Dr. Dastmozd.

Dr. Dastmozd first became familiar with United Hospital, and the Foundation, when he became president of the college. He immediately noticed how the college's vision to provide life-long learning through innovative and quality-focused strategies and services aligns to United's mission.

His second contact happened when he came to United as a patient. He was impressed by the high level of service and felt very supported. "Many people think that an urban hospital would provide minimal care. They don't expect the high level of service and high touch that they receive here. The same could be said of this college and its students. They come in thinking one thing and learn more than just the academics."

He will support the United Hospital Foundation by serving on the Major Gifts and Funding Priorities committees. A self-described nature buff, Dr. Dastmozd can be found spending his time enjoying the outdoors, biking, jogging, yoga and photography.

Nasseff Neuroscience Center opened in 2005

Just 10 years ago, the Nasseff Neuroscience Center opened to bring complete neurological care to the community. Since that time, people from the entire Upper Midwest have had access to many resources for the rapid evaluation, diagnosis and treatment of stroke, epilepsy, aneurysm and other neurological disorders. Care is provided by specialized teams using advanced technology on the United campus.

Over the years, Allina Health has developed neurological services that consistently deliver high-quality care to the area. In 2012, the entire Allina Health Neuroscience program, including the Nasseff Neuroscience Center, was renamed John Nasseff Neuroscience Institute in recognition of philanthropic support from John Nasseff. Each year, more than 100,000 people from Minnesota, Wisconsin, and surrounding regions receive neurological care at an Allina Health facility. This includes more than 5,000 major neurological and spine surgeries and 1,000 neuro-interventional procedures – making Allina Health, along with its affiliated physician partners, a national leader in the treatment and care of patients with neurological conditions.

Your contributions make a huge difference in the lives of so many.

The Mother Baby Center at United and Children's – St. Paul

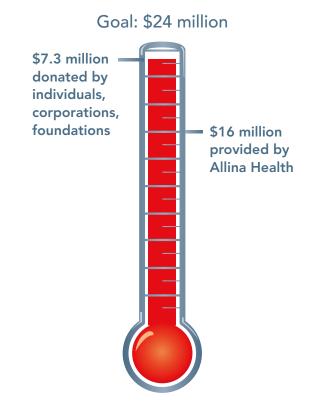


First baby born at the new center!

DELIVERED OCTOBER 26

Currently, \$7.3 million has been raised of the \$8 million goal. Phase One, which includes our labor and delivery area, opened on Oct. 26. The new Mother Baby Center is already the talk of the east metro, as there has been an increased number of expectant mothers calling United Hospital to plan for their delivery.

Thank you for easing our labor pains.









Donor Profile: MIKE AND SUSAN MERCER

United Family Medicine has been fortunate to have Mike Mercer MD, spend the last 19 years (including his residency training) practicing Family Medicine at the clinic, located within the Peter J. King Family Health Center. As a family physician he attends deliveries at United's Birth Center. Susan is an Assistant Treasurer at Cargill, a Minnesota based provider of agricultural products and services around the globe.

Dr. Mercer and Susan were married in 2007. As an alternative to traditional wedding gifts, they encouraged donations to the Peter J. King Family Health Center Fund. They wanted to support this new fund and the Foundation's successful effort to help relocate and construct this much needed community clinic.

The Peter J. King Family Health Center was completed in 2009. The clinic provides high quality medical care to all, including an underserved population in the West 7th neighborhood of St. Paul. It is also unique in an important way: it is home to the United Family Medicine Residency Program. As a past resident, and current faculty member, Dr. Mercer understands the importance of training future family physicians. These doctors go on to provide primary care in Minnesota and beyond. Since its start in 1993, this nationally recognized residency program has graduated 89 family medicine certified physicians.

A little less than five (or as Henry says, 4 ¾) years ago, Mike and Susan welcomed their first baby boy, Henry, at United Hospital's Birth Center. Susan's pregnancy experienced significant complications at 20 weeks which required a high-risk procedure and bed rest for the remainder of the pregnancy.

After a highly stressful and emotional journey, Henry's birthday came at just the right time, and mom and baby

did well. Mike and Susan attribute the high quality of care they received as key to this very happy day. Both then and now, the couple are extremely grateful to United Hospital and Minnesota Perinatal Physicians, especially Dr. Judith Ney, for the outstanding care.

Just over two years ago, Mike, Susan and Henry welcomed a second baby boy, Charlie, to the family. After her first high-risk pregnancy, Susan and her physicians were well prepared and able to avoid complications. Charlie was born at United right on schedule.

Mike and Susan were grateful for the care and support their family received at United's Birth Center. "We wanted to give back to the caregivers who looked out for us so well," said Susan. After hearing about the needs of the new Mother Baby Center with the Foundation staff, they decided to make a donation in honor of their care team.

In addition, Dr. Mercer was the physician champion, leading the "Drive for Twenty-Five" campaign to raise \$25,000 from the faculty and staff at United Family Medicine Residency Program for The Mother Baby Center. This group surpassed the goal, and the

Foundation named a Labor and Delivery room for the Residency Program.

The new Center better complements the quality of care provided. Dr. Mercer said, "The Mother Baby Center will help attract top talent to our hospital, and it is a more respectful and safe environment for patients and their caregivers."

"It was the quality of care that left a lasting impression."

Traveling around Minnesota and outside of the country is one of their favorite ways to spend vacation time. Even though Susan frequently travels for her job (they lived and worked in Asia for a few years and did extensive traveling), "Traveling for work," Susan says, "is not the same as traveling for fun!"

When not traveling, they love their home state of Minnesota and like to be outside as a family whenever possible, in any weather.



Trustee of the year: DAVID HERR



When David Herr was in high school in California, his father was instrumental in founding a hospital in their adopted hometown (David lived in Saint Paul until the middle of high school). David remembered the satisfaction his father received from this project, and so when a friend invited him

to join the United Hospital Foundation Board, he readily accepted. David has served on the United Hospital Board of Directors since 1999 and served as Chair from 2005-2007.

David, a graduate of the William Mitchell Law School in Saint Paul, is a litigator and appellate lawyer at Maslon LLP in Minneapolis, where he has also served as Chair. He is frequently sought out to provide practical and

sophisticated advice on how to resolve difficult, multiparty disputes in trial courts and to advise on and handle appeals in the Minnesota and federal appellate courts, including the United States Supreme Court.

"My role on the Foundation Board is to provide a connection between the community and the hospital," said David, a long-term resident of Saint Paul. "Having a first-rate hospital like United is a tremendous asset to this community, and I am pleased to help see it prosper. I'm a resource for the Foundation professional staff, who do a phenomenal job each and every day in helping the hospital achieve its goals."

"David is a valuable member of our board and provides great leadership," said Duke Adamski, past president, United Hospital Foundation. "His insight on the funding priorities committee is exceptional. He analyzes everything, inside and out and only makes a decision or recommendation after studying everything. The Foundation can trust his sound advice and judgment."

In addition to his Foundation work, David and his wife, Mary Kay, like to travel, particularly to Santa Fe to visit their two grandchildren or anywhere with their younger son, an aspiring alternative energy researcher.







CHANGE TO CHILL™ PROGRAM

Change to Chill™, a new online educational resource by Allina Health, helps teens get perspective on things that matter, achieve balance and reduce stress.

The website, changetochill.org, provides free, easy-to-use information about stress - what it is, what can trigger it and how to best manage it. Teens can watch, listen and learn about:

- simple breathing techniques
- meditation
- ways to focus
- values.

"Mental wellness showed up as a priority in our recent Community Health Needs

Assessment," says manager of Community Health Improvement, Susan Nygaard, RN. "Change to Chill is one resource we can provide to fill a gaping need in the community. The program is a prevention resource for teens. We want to teach them positive ways to react to stress so they can live a healthy and balanced life."

To access Change to Chill™, visit changetochill.org. Take the quiz to determine your stress factors and how to best manage them. While the program is geared toward teens, adults can use the site to benefit as well. Share with the teens in your life now and watch for more information about volunteer opportunities early next year.

Leading by example

UNITED HOSPITAL FOUNDATION

LIFETIME ACHIEVEMENT AWARD:

Norma L. Larson

Congratulations, Norma!

United Hospital Foundation is proud to honor and recognize Norma Larson for over 35 years of loyal, dedicated and compassionate service to United Hospital and United Hospital Foundation. Norma is a pillar of the board of directors for United Hospital Foundation. The award was given at the recent Service to Humanity Gala.

Before that, she was the president of the United Auxiliary, as well as the first woman president of the United Hospital Board of Directors. Norma has put her heart and soul into leading an array of projects at United Hospital. Her passion for United Hospital makes her an excellent advocate for the need for community members to step up and support the hospital.



Norma L. Larson

Thank you, Norma, for everything. you do for United Hospital!

CASSIE JONES, GRATEFUL PATIENT

United Birth Center – delivering excellence



For Cassie Jones, MD, a delivery room is a comfortable place for her.

As a Family Medicine physician at the Allina Health Cottage Grove Clinic, she delivers her patients' babies at United Hospital's Birth Center. When it was time to deliver her own baby, she chose United. She knew she was in good hands, having first-hand knowledge of the quality care provided. Little did she know how soon that high quality of care would matter to her and her family.

Just a few days before her due date, on October 28, 2014, at 3:30 a.m., Cassie went into labor and came to United's Birth Center. After a relatively short time in labor, her baby boy was born six hours later at 9:37 a.m. "It was a beautiful delivery," said Cassie. "There were no complications and our baby was born healthy and happy." Cassie and her husband Tom are now the proud parents of Max, all of 5 pounds 12 ounces and 20 1/2 inches long at the time of birth.

As a new mom, and a practicing OB, she was a bit better prepared for the birth experience than most. However, nothing can prepare you when hearing the words "post-partum hemorrhage." About one to five percent of women experience this; however it is more common with caesarean births. This excessive and rapid blood loss can cause a drop in blood pressure with the possible side effect of shock if not treated quickly.

Knowing this, the care team at United went into immediate action to treat Cassie. They rushed her into emergency surgery and used a relatively new and unusual procedure for this type of complication: interventional radiology. More traditionally used for blocked arteries in the heart, interventional radiologists can pinpoint the area of internal bleeding with angiography and inject a clotting substance, such as a gel, foam or tiny coils, through a thin catheter to stop the bleeding. The surgery was successful and Cassie returned to the post-partum area of the Birth Center for the next few days while she healed. All went well and Cassie, Tom, Max and Cassie's parent's, new grandparents, Greg and Lori went home.

As she was settling into her new routine with her "awesome little guy," she started feeling a bit under the weather and soon noticed an infection. She returned to United Hospital for treatment and surgery. Over the next three weeks, she underwent three more surgeries to get the infection under control.

During this time, she stayed in the post-partum room with Max. "This was lifesaving to me," she said. "I was still breastfeeding at the time. It was such a hard thing for the family to go through. The nurses and the whole team on 2300 took care of all of us."

"My parents were here for the birth and returned to Florida shortly after. When I needed to return to United, they flew back and stayed for about a month to help out," Cassie said. Husband Tom and her parents saw firsthand the quality of care she received at United feeling that her life was saved. Cassie's parents were so impressed with the quality of care, they participated in United Hospital Foundation's Grateful Patient program.

"I strive to be as good a doctor as they were to me."

"Even for such a bad situation," Cassie said, "it really was a positive experience. United's Birth Center is the absolute safest in the east metro. Dr. Nancy Struthers and Dr. Kim Fischer went above and beyond. I strive to be as good a doctor as they were to me."

Cassie's recovery went very well and she recently returned to her clinic practice. While she misses being away from Max, she is thankful they are all happy and healthy. Cassie said of her United experience, "You don't want anyone to go through something like this. I received good care. I love United. I love delivering babies there and even more so now that I have been a patient there."



Service to Humanity









The 2015 Service to Humanity Gala It was truly a night of wonders for more than 1 500 C

It was truly a night of wonders for more than 1,500 Gala guests. The Gala Lounge greeted guests as they ascended the escalator to the mezzanine where the martini bars, butler-passed appetizers and silent auction items awaited. The Sevilles serenaded guests as they took their first look at the breathtaking ballroom. Hosted by co-chairs Tom and Dawn Walrath, the Gala raised more than \$1.5 million for The Mother Baby Center at United and Children's – St. Paul capital campaign.

The highlight of the evening was the presentation of two Service to Humanity Awards. United Hospital Foundation presents the awards annually to recognize honorees for selfless dedication and leadership in improving the health and welfare of people in St. Paul and surrounding communities.

Community honoree, Duke Adamski, was honored for his 30 years of Foundation leadership that changed the hospital campus, and our entire community. Physician honoree, Anders Knutzen, MD, Radiologist, St. Paul Radiology, was recognized not only for his clinical practice, but also for helping to bring all of Allina Health's Radiology groups together to improve quality, service, and value.

As a special surprise, Norma L. Larson was honored with a Lifetime Achievement Award in recognition of more than 35 years of loyal, dedicated and compassionate service to United Hospital and United Hospital Foundation. (see page 7).

Photo credit: Andrews-Photography.com

Be part of one of the greatest events of the year. Don't miss the 2016 Service to Humanity Gala on September 24, 2016.

PHYSICIAN HONOREE: Anders Knutzen, MD



"We're all one heartbeat away from needing a really great hospital. United is our hospital, it makes it easy to support United and the United Hospital Foundation. We are grateful that we have been able to contribute to our community."

"Without the incredible strength and support of St. Paul Radiology, I would never have been considered for this honor – my partners deserve this recognition as much as I do," says Anders Knutzen, MD, Radiologist with St. Paul Radiology and the 2015 Service to Humanity Physician Honoree.

After graduating from Minnetonka High School, Anders attended Middlebury College in Middlebury, VT. The original plan was to play hockey while majoring in Physics with a minor in Religion. An injury early in his first year freed up time to volunteer for the town Ambulance Service and work for the Middlebury Ski Patrol, which sparked an interest in medicine. His next stop was Harvard Medical School, where a research project on the early applications of 3D imaging at the Massachusetts General Hospital confirmed his interest in Radiology. A residency in Diagnostic Radiology at the Mayo Graduate School of Medicine was followed by a fellowship in Cross-Sectional Imaging at Mayo in 1995. His career with St. Paul Radiology started the following year.

UNITED HOSPITAL

"Radiology touches so many parts of the hospital," says Anders. St. Paul Radiology serves as an active partner in many of United's programs including Neuroscience, Gl, and Oncology. Dr. Knutzen was instrumental in the formation of the United Lung Tumor program and the creation of the United Breast Center. "If we want to improve healthcare, we must be willing to be leaders." In addition to his clinical practice,
Anders has been the Medical Director
of United Medical Imaging for over 10
years. He serves as Chair of the Allina
Health Imaging Program Committee,
bringing all of Allina's Radiology groups
together to improve quality, service,
and value. He is Vice Chair of the Allina
Integrated Medical Network Governance
Committee, serves on the Allina Health
Imaging Strategy Steering Committee
and is United's representative to the
Physician's Governance Council. He is a
former Chief of Staff and a former Chair
of the United Credential's Committee

FOUNDATION SUPPORT: IT'S IN OUR BONES.

Since 1920, St. Paul Radiology has been part of the landscape of St. Paul and the United Hospital campus, having been the original Radiologists at Miller Hospital and St. Luke's Hospital. More recently, Anders and his partners organized the St. Paul Radiology Foundation where partners contribute annually, creating a "habit of giving."

LIVING IN ST. PAUL

When not caring for patients at United, Anders spends time with his wife of 27 years, Sally. Daughter Kristin is in her senior year at Middlebury College studying Neuroscience. Travel plays a big part of his time away from work and might just stem from the fact that he and Sally took a year off between second and third year of medical school to travel in Europe, then live and work in Colorado ski country. Anders loves to escape his little dark room and can be found crosscountry skiing (he recently completed the Birkebeiner half marathon), downhill skiing and bicycling. For almost 20 years, St. Paul has been their home where they enjoy walking along the Mississippi River with their yellow lab, Inga.

COMMUNITY HONOREE: Duke Adamski

Imagine rubbing shoulders with golf greats such as Chi Chi Rodriguez, Hale Irwin, Tom Kite, Tom Pernice, Jr., and Kenny Perry, all past

winners of the 3M Championship that Community Honoree Duke Adamski started in 1993. That is just one of the many fundraising programs Duke put into place during his more than 30 years of service to United Hospital, United Hospital Foundation and Allina Health.

Duke retired in March 2015 from his roles as Vice President, Allina Health Philanthropy and President of United Hospital Foundation. During his tenure, Duke proved to be a tremendous leader, building a strong Foundation for the community. With Duke at the helm, philanthropy changed the hospital campus, and our entire community, helping to keep United Hospital the premier hospital of the east metro. Numerous lead gifts were secured due to his well-earned respect within the philanthropic community. Duke was instrumental in driving the success behind numerous capital campaigns including: Milton M. Hurwitz ExerCare Fitness Center, Nasseff Neuroscience Center, Peter J. King Family Health Center, Elaine S. Larson Surgical Center, Nasseff Heart Center and the Peter J. King Emergency Care Center.

Highlights include:

• Through the lead donations by John Nasseff and Helene Houle, more than \$20 million dollars were raised to open the John Nasseff Neuroscience Institute. This provides comprehensive resources for patients with diverse neurological conditions. Specialized physicians and nurse

practitioners access the latest technology to achieve excellence in cranial neurovascular neurosurgery and stroke neurology. Also part of the John Nasseff Neuroscience Institute is the Bentson Family Foundation Neurological Intensive Care Unit which opened in August of 2013. It provides specialty care for critically ill patients who have had neurosurgery and those with stroke, focusing on healing the brain.

- The Nasseff Heart Center opened in 2000, thanks to donations of \$16 million. Our community has access to a full range of programs for the prevention, early detection, rapid treatment and rehabilitation of heart disease.
- Through the lead donation by Peter J. King, more than \$13 million were raised to open The Peter J. King Emergency Care Center. Expansion of the prior Emergency Department was essential to our community in order to ensure adequate space to care for everyone who comes to United.

Duke is passionate about the work of the Foundation and the donors who support it. He lived the United Hospital Foundation Mission to enhance the health of United Hospital patients and the wellness of the community we serve. Always at the forefront of his mind, it was his guiding principle as he led the Foundation through years of committed service and exemplary leadership. Duke's legacy lives on at United and Allina Health through the many programs and services that our donors made possible.

Duke's retirement plans include spending time at his Florida home, traveling and seeing friends and a lot of golfing.



"Thank you for helping United Hospital Foundation be successful. Without you, we would not be able to raise funds for the services and programs we provide."



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3M Golf Championship

Hundreds of fans gathered at the TPC Twin Cities to enjoy glorious weather while supporting multiple golf greats at the 2015 3M Championship held July 27- August 2. Kenny Perry walked away Sunday as the champion with a three-day 18-under par total. Perry became the first player with back-to-back titles in the tournament after being crowned the champion in 2014. The 3M Championship donated \$566,667 to United Hospital Foundation to support The Mother Baby Center at United and Children's – St. Paul.

Mark your calendars for the 2016 tournament, August 1-7.

Help.Give.Hope.



United Hospital employees are proud to support the annual Community Giving Campaign, Sept. 2-Oct. 16. "United Hospital employees are champions of caring when it comes to helping each other, and this is reflected in the success of our campaigns," said Annual Giving Manager, Janet Berg. In 2015, United Hospital employees gave over \$132,000 to support programs

and services that have a direct impact on United's patients and community.

In addition, gifts to the 2015 Community Giving Campaign spotlight program will create the Mental Health and Addiction Triage Line, a 24-hour, confidential triage line for patients, family members and staff to turn to for help and to start the conversation.



United Hospital Golf Classic

2015 marked the 25th Annual United Hospital Golf Classic. Through the generosity of our sponsors, \$175,596 was raised to benefit The Mother Baby Center at United and Children's – St. Paul.

Sponsors

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I gave because...

"It's a way to give back, and provide extra support and opportunities to the members of our community. Giving allows us to improve our facilities and equipment, increasing the experience and quality of care we provide to each of our patients."

Ross P., RN, Assistant Clinical Manager



United Hospital Donor Tributes

United Hospital Foundation's Honoring Program offers a distinctive and meaningful way to remember, honor, pay tribute to or recognize those important people in your life. By giving in remembrance, you offer a gift of lasting memory.

United Hospital's continued strength results in large measure from the support received from generous individuals like you. The financial commitment of our community members enables United Hospital Foundation to invest in important projects at United supporting the best in quality health care for our patients, while meeting the needs of our donors.

The following are memorial/tribute gifts received from Jan. 15 through Oct. 22, 2015.

IN MEMORY OF

Constance K. Bartl-Luthi

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Michael Borkan

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David Lynch-Salamon, MD

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Jean Ljungkull

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Patricia A. Simon

Our Parents: Jack and Addie,

Louis and Ann

Mr. and Mrs. Gerald Fine

Frederick J. Simon

Patricia A. Simon

My Nephew, Richard Simon

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Shale and Lenore Gollop

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Michael and Karen Boland

95th Birthday

Marjorie Edwards

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91st Birthday

John Nasseff

Joan Thompson, Minnesota Wire

90th Birthday

Dottie Lipschultz

Janie and Terry, David, and Hilary

Samuel Rafowitz

Richard Brody and Margaret Flynn

60th Birthday

Ellis Gottlieb

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Retirement

Bonnie Moren

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Wendy and Steven Rubin

Dr. Anders Knutzen

Bob and Bobbie Heinsch

7 TIPS FOR YEAR-END GIVING

1. BE INFORMED AND ASK

QUESTIONS. David Byrd and his staff are excellent resources for Foundation giving opportunities. In other contexts, ask who the development person is, the solicitor's relationship to the organization; how much of your gift will be used for overhead; the specific project the money will go toward; and any other information you may feel is important. You should never feel pressured to give. The gifts you give should be to organizations you know and believe in.

Unfortunately, some try to take advantage of donors' goodwill at this time of the year, and one of your best tools against this is information and a personal connection with the organization: allinahealth.org/unitedfoundation or call 651-241-8022.

2. BE PROACTIVE! You don't have to wait to be asked. Having a strategy in place makes for more effective giving. Contact United Hospital Foundation in advance to discuss how your gifts can be most effectively used and help make a difference in the community.

3. CREATE A GIVING BUDGET. Plan

your giving into your normal budget, just as you would other expenditures. Talk to your financial advisor and/or accountant about what is right for you. A giving budget prioritizes the organizations you prefer to support.

4. MAXIMIZE YOUR GIFT. During the holiday season other donors often create challenges or matching funds that may increase the impact of your gift and theirs. Also, some employers match gifts made by their employees or make grants to organizations recommended by employees.

5. KEEP THE RIGHT RECORDS.

For gifts of less than \$250, a cashed check or receipt from the charitable organization is sufficient proof of contribution. For donating property, establishing a trust or an annuity, talk to your accountant. For gifts that exceed \$250, the IRS requires you to have a receipt from the charity. If you receive a premium in exchange for your gift (such as a book or a dinner), the amount of your tax deduction is reduced by the fair market value of the premium. You can turn down the incentive items if you wish to claim a deduction for the full amount of your gift. Ask the receiving organization for more details.

6. CONSIDER UNIQUE GIFTS. Bequests, charitable gift annuities, endowments, gifts-in-kind, matching grants, and other forms of giving are always welcome and often times can be transformational for both you and the organization. It is recommended to meet with both a development officer and/or your financial advisor to start this conversation.

7. VOLUNTEER! In addition to monetary support, consider giving your time and skills. This is a great way not only to see what your donations are doing, but also gives you the opportunity to engage in service work directly: allinahealth.org/united.



CAMPUS NEWS RAN NASSEFF MEDICAL GENTER

New campus clinic: Allina Health United General Surgery Clinic

General surgeons have knowledge on a broad spectrum of diseases that may require surgical treatment. Surgical practices are minimally invasive for a short recovery.

Conveniently located in the Doctors Professional Building, our surgeons offer you an exceptional experience before, during and after your surgery. You'll feel confident in our expert hands. Call 651-241-7000.

Clinic hours: Monday to Friday, 8 a.m. to 5 p.m.

Allina Health Mental Health - United Hospital Clinic relocated Sept. 8, 2015

New address:

Allina Health Mental Health – United Hospital Clinic Doctors Professional Building 280 Smith Avenue North, Suite 450 St. Paul, MN 55102 **Hours:** Monday - Thursday, 8:30 a.m. to 5 p.m.; Friday, 8:30 a.m. to 12:30 p.m.

To schedule an appointment, call 651-241-5959.

United Pain Center relocated to the first floor of the John Nasseff Medical Center, Suite 100

New address:

United Pain Center John Nasseff Medical Center 255 Smith Avenue North, Suite 100 St. Paul, MN 55102

Hours: Monday to Friday: 7:30 a.m. to 4:30 p.m.

To schedule an appointment, call 651-241-7246.

United Hospital Bariatric Center move

Nationally recognized as a "Bariatric Center of Excellence" by the American Society for Metabolic and Bariatric Surgery, United Hospital's Bariatric Surgery Center is dedicated to helping patients achieve significant weight loss,

which can lead to a healthier, more active lifestyle.

New location:

Doctors Professional Building 280 Smith Ave North, Suite 700 St. Paul, MN 55102

For more information, sign up for a class or call Allina Health class registration at **1-866-904-9962**.

E-cards now available at United

Family and friends of United Hospital patients can now send e-cards to their loved ones in the hospital. Cards will be printed and delivered by volunteer staff from 8 a.m. to 4 p.m., Monday through Friday. To send a card, or view the options, visit allinahealth.org/sendecard.

United Hospital again earns The Joint Commission Gold Seal of Approval

United Hospital was most recently surveyed by The Joint Commission in May 2015. United Hospital voluntarily chooses to be accredited and remains accredited through The Joint Commission. United is surveyed every three years, and the May 2015 survey was one of our best ever per The Joint Commission. Accreditation means we meet The Joint Commission's rigorous performance standards in delivering quality,

safe care and provides our hospital with deemed status through the

Centers for Medicare and Medicaid Services. United Hospital is accredited in Hospital Care and Behavioral Healthcare through The Joint Commission.

The Gold Seal of Approval is an internationally recognized symbol of quality.



THE MOTHER BABY CENTER AT UNITED AND CHILDREN'S - ST. PAUL

This fund provides resources for programs and equipment for one of the state's busiest birth centers.

CARDIOLOGY RESEARCH FUND

The vision is to be a leader in clinical cardiology and provide the highest level of quality research service. The fund helps expand the knowledge of current and developing therapies.

JULIE COHEN UNITED HOSPITAL VOLUNTEER AND NURSING EDUCATION FUND

This fund will award scholarships to volunteers pursuing nursing degrees.

UMS CLINICS EXPANSION PROJECT

United Medical Specialties (UMS) is a premier practice at United Hospital, widely recognized for clinical excellence and dedication to patient-centered care. United Hospital is seeking support to expand UMS to accomplish the following goals: double the number of internal medicine specialists; create a preferred medical destination for executive physicals; improve quality of life and stem the growing tide of chronic disease costs; and provide an accessible portal into United Hospital's specialty services.

DIABETES FUND

A health care team works together to find the best way to manage diabetes. This fund provides support for diabetes programs and projects. United Hospital is Joint Commission certified for its inpatient diabetes care program. Our program is in the top 1 percent in the nation.

JESSE E. EDWARDS ENDOWMENT FUND

This cataloged collection of nearly 28,000 human hearts and 100,000 photographic slides provides a unique learning and working opportunity for local, national and international physicians, which benefits every person with the potential for heart disease. The endowment fund keeps the registry here at United.

NASSEFF HEART CENTER

The Nasseff Heart Center offers comprehensive care from diagnosis to rehabilitation.

LIPSCHULTZ GUEST ROOMS ENDOWMENT FUND

The rooms offer a place for families to stay when a loved one is hospitalized. This fund helps subsidize guests who can't afford to pay for the service.

MEDICAL EDUCATION AND RESEARCH ENDOWMENT FUND

This resource is funded entirely by physicians and provides grants for clinical research, educational opportunities and the purchase of ancillary equipment.

MILTON M. HURWITZ EXERCARE FITNESS CENTER FUND

The Milton M. Hurwitz Exer*Care* Fitness Center provides medically safe and effective exercise and education programs to patients, their families and the community.

NASSEFF NEUROSCIENCE CENTER

The John Nasseff Neuroscience Institute offers comprehensive services, including a multi-disciplinary team for acute and long-term care, and serves as a research and education center to patients with neurologic disorders.

OLIVIA FUND

Donations to the Olivia Fund at United Hospital Foundation are essential to supporting families who experience loss at the Birth Center. Funds are used to create "Solveig's Boxes" - memory boxes filled with carefully chosen items to help families create lasting memories with the child they said goodbye to all too soon.

UNITED PAIN CENTER FUND

The fund was established to support the commitment to improve the quality of life for patients coping with pain. The fund provides support for the variety of interventions provided by the clinic.



Additional Funds

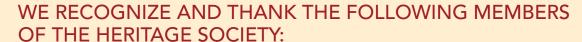
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Claussen Scholarship Endowment Fund
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Equipment Fund
Faye Ann Johnson Memorial Education Fund
Free Care Endowment Fund
G. Kamman Tumor Conference Fund
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Heart/Lung Endowment Fund
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Ragon Cardiac Fund
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Sam Singer Memorial Fund
Sharon K. Willbrandt Memorial Fund
Volunteer Fund

You can donate to any United Hospital Foundation Fund. Please call the United Hospital Foundation at 651-241-8022 or donate online at allinahealth.org/unitedfoundation.

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Eight of our donors wish to remain anonymous.

To become a member of the Heritage Society, all you need to do is inform us of the provision you have made for the Foundation in your will or trust. The amount can vary and does not have to be disclosed. You may remain anonymous, if you wish.

For more information, please contact the United Hospital Foundation at 651-241-8022. Confidential consultation on charitable giving with Foundation staff or other experts is available.



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333 Smith Avenue North St. Paul, MN 55102

LOOKING FORWARD TO 2016

"MEET THE EXPERTS" SERIES

UNITED GOLF CLASSIC: Monday, July 25, 2016

3M CHAMPIONSHIP Aug.1 - Aug. 7, 2016, TPC Twin Cities in Blaine, MN.

COMMUNITY
GIVING CAMPAIGN
Sept.-Oct., 2016

SERVICE TO HUMANITY GALA Sept. 24, 2016

UNITED HOSPITAL FOUNDATION

OUR MISSION

United Hospital Foundation exists to raise philanthropic support for United Hospital and its mission of providing exceptional medical care to our patients. The Foundation also represents itself and the Hospital in the community.

OUR VISION

United Hospital Foundation seeks to be a high-performing foundation. We do this by broadening our donor base, staying connected to our community and engaging our partners (donors, board members and physicians) in our mission.

OUR VALUES

Integrity • Stewardship • Respect • Trust • Compassion