



KINNICKINNIC HEALTH FOUNDATION | 2008 REPORT TO THE COMMUNITY



**RIVER FALLS  
AREA HOSPITAL**

*Allina Hospitals & Clinics*



## WELCOME

Dear Friends,

In this yearly report, you'll read about community health initiatives working to improve the health of our region: programs that improve access to health care, programs focusing on preventative care and wellness, new services that make health care at River Falls Area Hospital even better, and the donors that make it all possible.

The Kinnickinnic Health Foundation exists to enhance the health and wellness of River Falls and the surrounding areas. We take pride in partnering with River Falls Area Hospital to improve access to high quality care here in River Falls for patients throughout our region. We are also focused on driving more programs around preventative care. These programs not only improve the overall health of our community, they also encourage new behaviors that will improve the overall health of each individual community member.

To ensure our efforts continue to improve the health of our region, the foundation has developed four new funds. These funds will help the foundation focus its grants on areas where there is an identified need and a potential for significant impact. These funds also provide an opportunity for donors to designate their gifts to those areas they are most passionate about.

- The "Community Wellness Fund" supports community-based initiatives that work to improve the health of our region;
- The "Access to Care Fund" helps ensure that people in our region can access the health care services they need to get and stay healthy;
- The "Health Care Excellence & Innovation Fund" supports River Falls Area Hospital; and
- The "Health Careers Scholarship Fund" provides scholarships to non-traditional students pursuing careers in health care.

As we celebrate our past and look towards the future, we want to thank you for your continued support. Individual contributions play a vital role in helping the foundation and the hospital work together to improve the health of our region. The exciting programs you will read about are possible only with the generous support of our donors. On behalf of all those whose health is improved by these programs, we thank you!

Sincerely,

**Cindy Kleven**  
Chair

**Lori Peterson**  
Chair-Elect

**Heather Logelin**  
Executive Director



## COMMUNITY WELLNESS

*Supporting and improving community health by promoting healthy behaviors that turn into life long healthy habits*

In 2008, the Kinnickinnic Health Foundation helped emphasize the importance of prevention and wellness throughout the community by supporting a bike helmet safety program, a special education bike program, the Movin' and Munchin' Schools program, and the new disc golf course at Hoffman Park. "Obesity is a major public health issue," says Heather Logelin, director of the foundation. "By supporting programs that encourage physical activity, we are helping people develop habits that will keep them healthier throughout their lives."

A grant to River Falls Area Hospital purchased bike helmets for an annual bike safety rodeo, where hospital staff ensured that children's helmets fit properly and, if not, provided them with an appropriate replacement helmet. Another grant purchased pedometers for the Movin' and Munchin' Schools program. These pedometers will be loaned to schools throughout the region as they teach students the importance of being active throughout their day.

The foundation also provided funding to the River Falls School District to purchase training wheels for bicycles for students with disabilities. "We knew that special needs students would benefit from being able to ride a bicycle, too" says Logelin. "Our goal is to get everyone up and moving."

## ACCESSIBLE HEALTH CARE

All residents of our region need access to health care. The Pierce County Public Health Department's school-based dental program and the Free Clinic of Pierce and St. Croix Counties work to provide low-income people in our region with the basic health care services they need to get and stay healthy. Each year, the foundation's Harvest Moon Barn Dance raises money to help ensure access to health care in our region, and the proceeds of the 2008 event – more than \$65,000 – were designated to help fund these two initiatives.

### *School-Based Dental Clinics*

Common dental problems in children, such as cavities, can be prevented if proper hygiene and preventative care is provided. Yet many children in our region go without routine dental care. The Pierce County Public Health Department's school-based dental clinics provide dental cleanings and sealants to uninsured low-income children at schools in Elmwood, Spring Valley, Plum City, and Ellsworth. Thanks to the grant from the Kinnickinnic Health Foundation the program will be expanded in 2009 to include exams, prophylaxis and fluoride and to bring the program to a school in River Falls.

### *The Free Clinic of Pierce and St. Croix Counties*

The Free Clinic of Pierce and St. Croix Counties serves those with nowhere else to turn for health care. They provide primary health care, including needed prescription drugs, and referrals for needed specialty care. The Free Clinic is open on Tuesday evenings and its volunteer health care providers see an average of 25 patients each week on a first come, first serve basis. All services are provided free of charge.

By serving patients in need who have nowhere else to go, these programs provide a critical safety net for our region. The Kinnickinnic Health Foundation is proud to provide financial support to these two programs.



*A grant to River Falls Area Hospital purchased bike helmets for an annual bike safety rodeo, where hospital staff ensured that children's helmets fit properly and, if not, provided them with an appropriate replacement helmet.*



*A grant to support school-based dental clinics in Pierce County will help reach more children with critical preventative dental care. Pictured here is Barb Tashjian, the volunteer dentist whose gift of time helps make the program sustainable.*

## EXCELLENCE AND INNOVATION IN HEALTH CARE

### *A Cancer Care Center close to home*

The Kinnickinnic Health Foundation is helping fund the new Cancer Care Center at River Falls Area Hospital. The center combines compassionate, highly skilled care with the latest technology and treatment. Patients can be assured they'll be well cared for while surrounded by people who truly care about what happens to them.

The Cancer Care Center offers comprehensive care – including diagnostic and interventional radiology, surgical treatments, and chemotherapy. Care is given in both outpatient and inpatient settings. Supportive services, including physical and occupational therapy, pain management alternatives and nutritional support, are also available.

Integrated care between family physicians, oncologists, radiologists and other specialists means that patients receive the highest quality care, improving outcomes and ensuring the best quality of life possible.

“This cancer care service changes our patients’ lives,” says Rita Raverty, MD, family physician at the River Falls Medical Clinic.

### *Meeting the acute care needs of pediatric patients*

In early 2008, the Kinnickinnic Health Foundation funded a pediatric simulation training lab at River Falls Area Hospital. The simulation laboratory, which is owned by St. Paul Children’s Hospital, facilitates hands-on learning for pediatric caregivers.

“By providing this additional training for our caregivers, we are able to better meet the acute care needs of families with young children,” said Jane Peterson, Director of Patient Care at River Falls Area Hospital. “Thanks to this grant, more families from our region will be able to get the care they need right here in River Falls, without having to transfer their children to hospitals in the Twin Cities.”

“The Kinnickinnic Health Foundation was excited to help the hospital out with this training,” said Heather Logelin, Executive Director of the foundation. “Improving our community’s access to high quality and innovative care is one of the foundation’s primary goals.”



*Grants to the hospital have helped bring digital mammography and infusion therapy services to River Falls Area Hospital. The foundation continues to raise money for the hospital’s growing cancer care services.*



*Another grant to the hospital provided advanced pediatric training for hospital staff.*

*“It is such a blessing not to drive to the cities for the cancer treatment. When you’re not feeling good, 45 minutes is a long time in a car. This Thanksgiving I’ll truly have something to be thankful for.”*

*– Dianne Stusek, River Falls*

## SUPPORTING THE PURSUIT OF A NEW CAREER

Sally Jilek decided to pursue a new career in nursing after raising her children and running a successful residential cleaning business in River Falls. To help with tuition costs, she applied for and received a scholarship from the Kinnickinnic Health Foundation's Health Careers Scholarship Fund. "This is a great honor and a great help as I continue to pursue a new career. It helps offset our bills – including paying for my children who are also in college!" says Sally Jilek. "For the past 21 years, I have lived, worked and volunteered in the River Falls area. Invaluable friendships have been made and it would be my great honor to serve in this community as a nurse."

The Kinnickinnic Health Foundation wants to ensure that we have enough highly trained health care providers to meet the needs of the region. To support this initiative, the foundation provides scholarships to a limited number of non-traditional students pursuing careers in health care. Priority is given to applicants who are pursuing degrees in fields with identified provider shortages and who have shown commitment to practice in the region.



*A scholarship from the Kinnickinnic Health Foundation is helping Sally Jilek pursue a new career in nursing.*

## DONOR PROFILE

Tracy Dierks Smith has been the surgical services coordinator at the River Falls Area Hospital for the past five years. She enjoys working with the patients, doctors, and supply representatives to ensure everything runs smoothly in the surgery department.

### *Reason for giving*

"I've worked in non-profit organizations for over 15 years and see the value in donating locally. The Kinnickinnic Health Foundation gives back to our surrounding community in so many ways," says Dierks Smith. "To support things close to home where you can see the difference is a great thing."

"Here at the hospital I could see a need for a TV/DVD player in the pre-op surgery area. Something to help keep patients occupied while they waited for their surgery," says Dierks Smith. "The foundation provided a grant that allowed us to purchase four portable DVD players along with a number of family friendly movies. Now people can have a more relaxing wait time before they go into surgery."

## *Hospital Employees Support Foundation*

The annual Community Giving Campaign at River Falls Area Hospital provides employees with an opportunity to support the work of the Kinnickinnic Health Foundation and other local nonprofit organizations. The giving rate at the Hospital is consistently among the highest of the hospitals in the Allina system, demonstrating the hospital employees' great passion and commitment to the communities where they work and live. Nearly all of the employees who give designate their gifts for the foundation.

"Our employees are committed to helping improve the health of our region and the excellence of health care right here in River Falls. We are proud to have such committed individuals working here at the hospital," says David Miller, RFAH president.

## GENEROSITY PROVIDES RESOURCES FOR PROGRAMS

The foundation recently received a generous gift that was designated to improving the excellence of health care at the River Falls Area Hospital. Cletus “Clete” Henriksen is a donor who chose to leave a legacy with a charitable bequest. He named the hospital in his will, and upon his death, left the hospital a gift of more than \$32,000. The hospital will use this generous gift to help fund the expansion of the rapidly growing cancer care program at the hospital.

You, too, can make a difference. There are many ways to give:

- **Gifts of Cash:** an easy way to make a gift to the foundation is to write a check or make a gift with your credit card.
- **Memorial or Tribute Gift:** Gifts may be given to the foundation in memory of, or to honor, a family member, friend or healthcare provider.
- **Planned Gift:** You may give a gift through your will, life income plans, beneficiary designation, insurance, property and/or trusts. A planned gift is a way to donate a more substantial amount than you might be able to give while living. This type of donation allows you to keep your assets and money during your life, but support programs that benefit the community after your death.

Your gift to the Kinnickinnic Health Foundation is an investment in the health of our community. When you give to the foundation, you get the satisfaction of helping solve our region’s health care challenges. You are helping provide care to those who are ill and helping keep the rest of the community healthy. Gifts of every size are important and appreciated. Thank you for your support.

## Thank You Donors!

We offer our deepest gratitude to the individuals, organizations and businesses listed below for their investment in the health and wellness of our region. We do our best to make sure everyone is listed correctly. If you find a mistake in the listings below, please help us correct our records by contacting us at 715-426-4503.

*Cash gifts from January to December 2008, including gifts designated for the Free Clinic of Pierce and St. Croix Counties.*

### \$2,500+

Anonymous  
First National Bank of River Falls & Prescott  
Glenn & Jan Hansen  
Cletus Henriksen (Estate Gift)  
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Saint Paul Radiology, P.A.  
St. Croix Valley Community Foundation  
Drs. Chris & Barb Tashjian  
Harry & Alice Tashjian

### \$1,000-2,499

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Dr. Bob Johnson & Mary Conroy-Johnson  
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Dr. David & Alison Page  
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WI-UP Kiwanis District Foundation

### \$500-999

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### Additional Thanks to:

*All who made cash gifts of \$1-99. You are too numerous to recognize here by name, but we sincerely appreciate your support.*

*All who made pledges in 2008 that will be fulfilled in 2009 and beyond. Your support will be recognized at that time.*



**RIVER FALLS  
AREA HOSPITAL**

*Allina Hospitals & Clinics*

1629 E. Division St.  
River Falls, WI 54022



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## OUR MISSION

Our mission is to raise and disburse funds to enhance the health and wellness of the communities we serve.

## MAKE A GIFT

To make a gift or for more information about the foundation, please contact:

Heather Logelin, Executive Director

Kinnickinnic Health Foundation

1629 E. Division St.

River Falls, WI 54022

Ph. 715-426-4503

[heather.logelin@allina.com](mailto:heather.logelin@allina.com)

[www.riverfallsareahospital.com/kinnickinnic](http://www.riverfallsareahospital.com/kinnickinnic)

## SAVE THE DATE

**Saturday, October 3, 2009**

Harvest Moon Barn Dance

River Falls, WI

