

The Adult Partial Hospital Program at Mercy Hospital is for patients who have adequate support at home or in the community so they can return to a safe environment each evening.

Mercy is one of few hospitals in the Minnesota Metro area to offer short-term mental health treatment as an alternative to inpatient psychiatric care.



MERCY  
HOSPITAL

*Allina Hospitals & Clinics*

**Mental Health Services**  
4050 Coon Rapids Boulevard  
Coon Rapids, MN 55433  
763-236-6000

[allinamercy.org](http://allinamercy.org)

MERCY HOSPITAL

## Adult Mental Health Partial Hospital Program



MERCY  
HOSPITAL

*Allina Hospitals & Clinics*

Mercy's Adult Partial Hospital Program offers intensive mental health services for adults. The program is a less restrictive alternative to inpatient care for adults who need more than weekly outpatient therapy. It also assists patients who are ready to transfer from an inpatient unit to home.

Patients receive therapeutic services five days a week during the day, and return home in the evenings and on weekends. Patients attend the Adult Partial Hospital Program an average of two to three weeks.

Structured programming and treatment by a psychiatrist and mental health professionals are provided in a safe, comfortable environment.

The Adult Partial Hospital Program is located at Mercy Hospital on the sixth floor of the East building (accessible by elevator).

## Program Objectives

The program's objectives are to:

- Improve mental health and functioning by providing structure and support through group psychotherapy, education and case management services
- Monitor patient's safety needs and intervene as necessary to prevent harm to self or others
- Identify primary behavioral, emotional and social needs
- Determine specific goals that address these needs
- Reduce symptoms of psychiatric illness
- Repair self-esteem
- Provide an opportunity to develop and practice social skills
- Coordinate treatment with other community resources and prepare to transition to less intensive care

## Program Components

Mercy's Partial Hospital Program includes:

- Group psychotherapy
- Psycho-education
- Relaxation/activity therapy
- Social skills therapy
- Family therapy
- Referral services

Services of the Adult Partial Hospital Program are provided by a multidisciplinary team that includes psychiatrists, mental health nurse clinicians and mental health therapists.

A psychiatrist oversees each participant's treatment and discharge planning. Therapeutic services are provided by the psychiatrist and program staff.

## Program Schedule

Participants attend the program from 9 a.m. to 3:30 p.m. Monday through Friday. Participants receive a daily voucher to be used for lunch in the hospital cafeteria.

## Referral and Admission

A referral is needed for admission to the Adult Partial Hospital Program. Psychiatrists, family practitioners, therapists or county mental health agencies can call 763-236-7861 for information or to arrange an admission.

Intake appointments are scheduled Monday through Friday. Patients from Mercy's inpatient unit may be referred to the Partial Program by their psychiatrists.

## Reimbursement

Most health insurance plans provide reimbursement for partial hospitalization. Hospital staff will confirm eligibility and coverage before the program is started.

Call for more information  
763-236-7861