



Advanced skin
care services
close to home



**ALLINA
MEDICAL
CLINIC**

Allina Hospitals & Clinics

Northfield
1400 Jefferson Road
Northfield, MN 55057
507-663-9000 or 1-800-272-0508

allinamedicalclinic.com

ALLINA MEDICAL CLINIC
Skin Care Services



**ALLINA
MEDICAL
CLINIC**

Allina Hospitals & Clinics

You and your family members can be treated for a wide range of medical and cosmetic skin care issues at the same clinic you visit for your other health care needs.

Services related to skin care include:

ADVANCED ACNE THERAPY

This includes treatment with isotretinoin (Accutane) for serious cases of acne.

ROSACEA AND PSORIASIS CARE

- The chronic skin disease rosacea typically leaves a “rosy red” appearance on the middle third of the face – caused by enlarged blood vessels under the skin – and other symptoms.
- Psoriasis most commonly appears as patches of raised, red skin covered by silvery, flaky build-up on the elbows, knees, trunk, nails or scalp.

HAIR LOSS EVALUATION

Treatment for thinning hair, whether for a male or female, depends on the cause. It could relate to aging, heredity, hormonal changes, a scalp infection, an autoimmune disorder, medication, poor nutrition or other factors.

MOLE EVALUATION

Moles are common growths on the skin. They can be flat or raised. Most are harmless, but consult a skin care expert if their shape is irregular, they grow larger or change color. They also can be removed for cosmetic reasons.

VEIN AND VASCULAR ASSESSMENT

Bulging veins and leg swelling can lead to leg discomfort and fatigue, and may be unappealing. Treatment may include sclerotherapy for varicose and spider veins, or vein “ablation” for varicose veins.

TREATMENT OF COMMON WARTS

Warts are growths in the skin caused by the HPV virus – typically found on hands and feet. They include plantar warts, periungual warts under or near nails, and dome-shaped warts on the back of fingers, toes and knees.

ECZEMA AND CONTACT DERMATITIS

- Eczema typically appears as dry, red patches on skin that itch or burn. It can lead to blisters and lesions or dry, scaly skin. Eczema outbreaks can be brief when caused by a reaction to an allergen, or symptoms can be chronic.
- Contact dermatitis refers to skin irritation caused by contact with a substance such as cosmetics, latex, a cleaning solution or poison ivy.

Physician with special training in skin care



Melanie Andros Dixon, MD, has broad experience in family medicine and intensive training in skin care issues.

She can treat a wide range of skin conditions and disease, and will refer patients if more specialized care is needed.

No referral needed

To make an appointment, call **507-663-9000** or **1-800-272-0508** anytime. You may also schedule or cancel appointments online using *MyChart*.