

## Post-Bariatric Surgery Body Contouring Completing Your Transformation

*If you are recovering from bariatric surgery, you may be wondering what your life will be like following your weight loss.*

*Many patients begin to feel more healthy and energetic as they lose weight, but they have concerns about excess skin that remains after extreme weight loss. After achieving their goal weight, patients often consider body contouring to complete their transformation.*

*The Ambulatory Surgery Center at Abbott Northwestern hospital, located in suite 500 of the Piper Medical Building, offers a range of body contouring surgical options designed to meet the unique needs of each patient. Patients having more complex procedures may be admitted following their surgery in the Ambulatory Surgery Center.*

### What is post-bariatric surgery body contouring?

Many post-bariatric surgery patients have significant areas of excess skin, including areas on the face, abdomen, arms, breasts and thighs. Post-bariatric surgery body contouring encompasses a range of procedures that eliminate the excess skin and help to enhance a patient's appearance following significant weight loss.

### Who will do the surgery?

At the Ambulatory Surgery Center, body contouring is done by a board-certified plastic surgeon who understands the unique needs of post-bariatric surgery patients and who has experience in body contouring techniques. Rather than focusing on one type of procedure, such as a tummy tuck, the plastic surgeon's approach is to consider the patient's needs from head to toe and work collaboratively with the patient to achieve the desired results. In addition, a dedicated and highly skilled staff of board-certified anesthesiologists, certified nurse anesthetists, registered nurses and certified surgical technicians ensure the best possible care for all patients.



### Will insurance cover these procedures?

Most health insurance policies do not cover these types of procedures. The cost varies depending on the type of procedure and your individual needs. Your initial consultation with the plastic surgeon will include information about costs and payment plans.

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## What is the Ambulatory Surgery Center?

The Ambulatory Surgery Center offers same-day surgery for a wide range of surgical needs, including general surgery, plastic surgery, urology, gynecology, otolaryngology and podiatry. Patients appreciate the calm relaxed atmosphere and the convenient yet exceptional care that the Ambulatory Surgery Center provides. In addition, patients in the Ambulatory Surgery Center can be admitted for follow-up care and have access to key medical and technological resources at Abbott Northwestern.

## How can I learn more about body contouring surgery at Abbott Northwestern Hospital?

Talk with your bariatric surgeon or contact any of the plastic surgeons listed below:

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Dressel & Werner MDs  
952-929-1812

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Plastic Surgery Consultants, Ltd.  
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