



*Your Gifts, Your Hospitals*

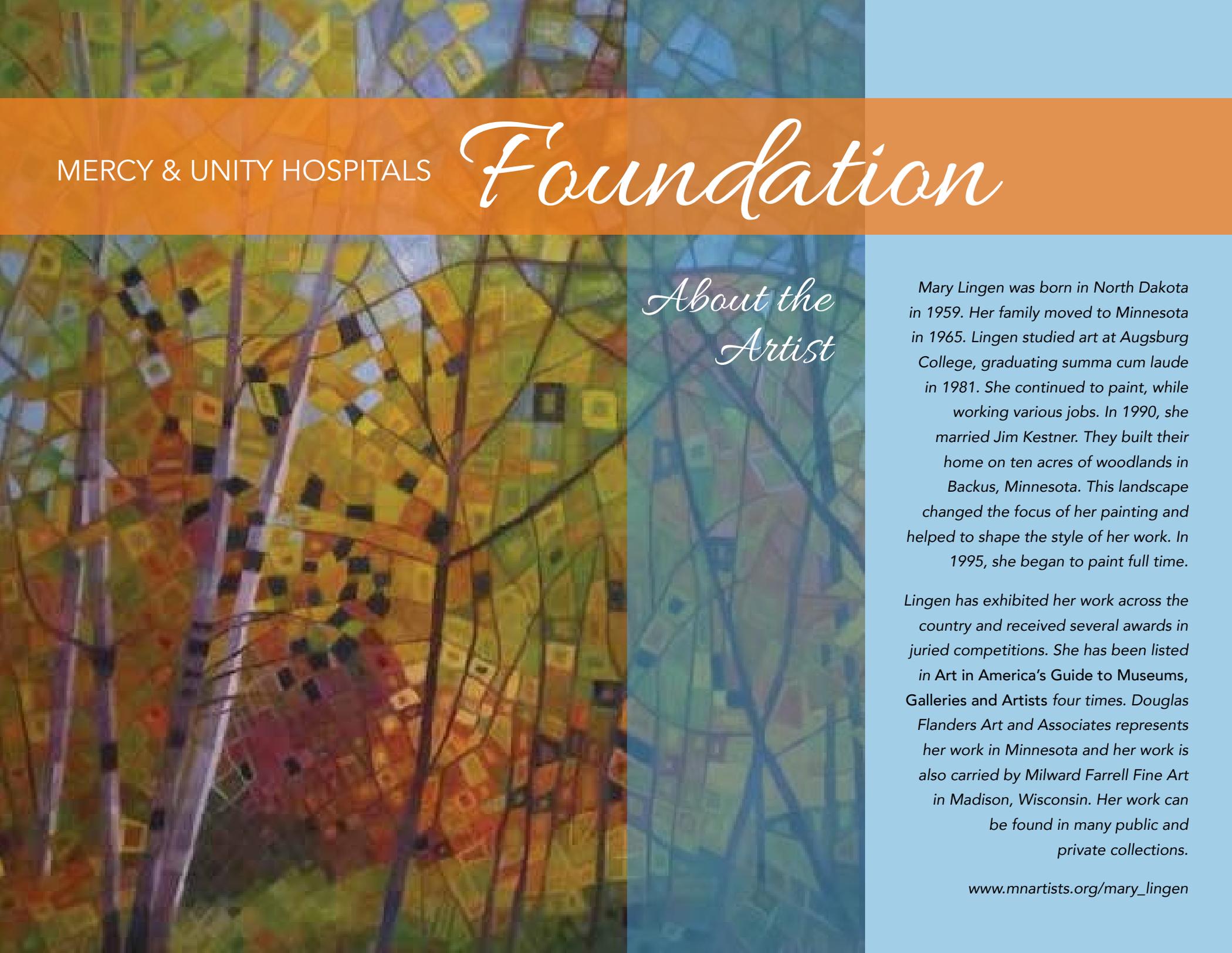
2013

REPORT TO THE COMMUNITY



AllinaHealth 

MERCY & UNITY  
HOSPITALS  
FOUNDATION



MERCY & UNITY HOSPITALS

# Foundation

## *About the Artist*

Mary Lingen was born in North Dakota in 1959. Her family moved to Minnesota in 1965. Lingen studied art at Augsburg College, graduating summa cum laude in 1981. She continued to paint, while working various jobs. In 1990, she married Jim Kestner. They built their home on ten acres of woodlands in Backus, Minnesota. This landscape changed the focus of her painting and helped to shape the style of her work. In 1995, she began to paint full time.

Lingen has exhibited her work across the country and received several awards in juried competitions. She has been listed in Art in America's Guide to Museums, Galleries and Artists four times. Douglas Flanders Art and Associates represents her work in Minnesota and her work is also carried by Milward Farrell Fine Art in Madison, Wisconsin. Her work can be found in many public and private collections.

[www.mnartists.org/mary\\_lingen](http://www.mnartists.org/mary_lingen)

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## *Mission*

We're on a mission to raise, steward and distribute philanthropic funds that will help improve patient care, personal health and the quality of life for all families served by Mercy and Unity hospitals.

## *Vision*

Mercy & Unity Hospitals Foundation works with donors to achieve their goals in philanthropic giving, and partners with the hospitals to meet strategic priorities. By supporting patient-centered care, dedicated staff, and programs that improve community health and wellness, we're helping ensure everyone in the north metro area has access to world-class health care.

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# 2013 Highlights



*Mercy: A Top Hospital*

Mercy Hospital was recognized by a leading national health care quality consultant as one of the nation's 100 Top Hospitals for large community hospitals and a 50 Top Cardiovascular Hospitals for community hospitals. Mercy is the only Minnesota hospital listed in these categories. This is the third time Mercy has been listed among the 100 Top Hospitals and the eighth time among the 50 Top Cardiovascular Hospitals.



*Transitional Care Unit  
at Unity Hospital*

Construction began on Interlude Restorative Suites, a transitional care facility that will offer a hospitality, wellness and service-focused environment for individuals recovering from major illness or surgery and needing post-acute care. Whether it is a shorter transition, or a stay for several weeks, the higher level of care and comfort provided at Interlude Restorative Suites is bound to be transformative. Interlude Restorative Suites will open early 2015 on Unity Hospital campus. Interlude Restorative Suites is a collaboration between Benedictine Health System and Allina Health.



*Crystal Ball*

The Foundation's premier fundraising event raised \$292,000 to support the birth centers of Mercy and Unity hospitals. The gala sold out, with nearly 600 guests attending the event at the Minneapolis Marriott Northwest. During the evening, \$43,000 was raised for our special fund-a-need: community health improvement, with a focus on free health screenings for area high school students.

We're proud to be connecting to our community with world-class health care in countless ways. Here are a few of the highlights that made 2013 a remarkable year in the history of the Foundation, and Mercy and Unity hospitals.



*The Mother Baby Center  
at Mercy with Children's*



*Virginia Piper Cancer Institute®  
- Unity Hospital*



*A Record-Breaking Year*

Together, Allina Health and Children's Hospitals and Clinics of Minnesota approved plans to build The Mother Baby Center at Mercy Hospital. The new Center at Mercy will provide increased neonatal care for high-risk mothers and babies. This unique birth center, opening in 2015, will provide comprehensive services in a premier family-centered environment.

Human papillomavirus (HPV) related cancers are on the rise. Recognizing this fact, Virginia Piper Cancer Institute® – Unity Hospital supported oncologist David King, MD (Minnesota Oncology) to help spread awareness about HPV and sexually transmitted diseases among local teens. Dr. King presented to health classes at Fridley and Coon Rapids high schools, reaching nearly 600 students.

The Foundation successfully secured more than \$2.5M to support programs, services and capital projects for our two hospitals and health initiatives in the local community – far surpassing the contribution revenue total of any previous year. The Foundation also received its first \$1M gift, generously given by an Andover, Minnesota family.

# 2013 the year in *Numbers*

	UNITY HOSPITAL	MERCY HOSPITAL
OUTPATIENT VISITS	92,022	137,969
INPATIENT ADMISSIONS	12,397	20,134
SURGERIES	6,427	14,486
EMPLOYEES	1,329	2,215
AFFILIATED PHYSICIANS	593	712
EMERGENCY ROOM VISITS	49,297	56,652
NEWBORNS DELIVERED	1,147	1,968
VOLUNTEERS	501	943
VOLUNTEER HOURS	55,183	68,700
LICENSED BEDS	275	271

# to our *Friends & Supporters*

At Mercy and Unity hospitals, it is our mission to provide exceptional care and a superior patient experience for the north metro communities. Together, we are dedicated to ensure that for generations to come, a high level of care will always be close to home. The Mercy & Unity Hospitals Foundation 2013 Report to the Community reflects this commitment and we are proud to share these stories of survival, hope and health.

- caring for our community's older population on Unity Hospital's ACE unit
- going above and beyond with compassionate, personalized care
- ensuring state-of-the-art technology is available to help advance clinical procedures
- helping north metro students gain a better understanding of their personal health

Whether it's performing the latest state-of-the-art medical procedure, welcoming a new baby, or offering a warm smile, we work to positively impact the health and well-being of every person coming through our doors. In our efforts, Mercy and Unity hospitals are extremely fortunate to be supported by Mercy & Unity Hospitals Foundation, generous donors and community partners. We are better for our patients because of the advocacy and generosity of those in our community.

As we look further ahead in the year and specifically into the services we want to enhance or bring to our community, we know that none of our efforts are possible without the support of our donors. On behalf of the patients, staff and physicians at Mercy and Unity hospitals, thank you for your commitment to the health and well-being of the north metro community.



Sara Criger  
President, Mercy Hospital



Helen Strike  
President, Unity Hospital

# FOCUSED CARE *For Seniors*

"We need to keep people stronger so they can continue to thrive long into their older years."

In December 2012, Unity Hospital became the first Allina Health hospital to provide care according to the innovative, nationally recognized Acute Care for the Elderly model.

On the 14-bed ACE Unit, the focus is not just on helping older adults recover in the hospital – the staff takes measure to set patients up to remain strong, safe and independent once they return home, said Kathleen Woo-Rippe, MD, the unit's medical director.

"As a fellowship-trained geriatrician, I have been waiting eight years to be able to be part of an such an innovative program in geriatric care," she said. "With this approach, Unity has become a leader in the care of older adults."

## CUSTOMIZED CARE FOR SENIORS

The environment and care on the ACE Unit are different from a typical hospital floor in several ways:

- Handrails, furniture, flooring, signs and lighting in the unit have all been customized to address the safety, comfort and care of older patients.
- On the ACE Unit, physical and occupational therapies are part of the everyday drill, not something that is offered only if needed for recovery. "Generally, for every day in bed, it takes three days to recover lost strength," Woo-Rippe said. "We want to make sure that our patients are not getting weaker while they're recovering. We want them to be as active as they are at home so when they get home they can function well."
- A recreational therapist helps patients adapt hobbies and activities they have given up because of declining eyesight or other issues. "If you give up what you like to do, you become isolated and bored," Woo-Rippe said. "The higher rates of depression and anxiety we see in older adults are often related to isolation, loneliness and sheer boredom."
- A chaplain is available to help patients deal with the emotional pain that can accompany aging. "Sometimes people are suffering from the death of a spouse, or they may be having difficulty adjusting to the fact that they are no longer physically independent and have to ask for help," Woo-Rippe said. "Our chaplain is very good at helping people deal with grief and loss issues."
- All ACE Unit staff are skilled at calming anxious, agitated and confused older adults. "If people have memory issues, they can become delirious," Woo-Rippe said. "Delirium lengthens the hospital stay and ultimately results in worse outcomes." Keeping people active and engaged with the unit's volunteers and offering aromatherapy, massage and weighted "cozy shawls" that provide hug-like comfort are ways the staff help calm patients.
- Every patient admitted to the ACE Unit gets a cognitive evaluation. "Cognitive issues are severely under-recognized and under-treated," Woo-Rippe said. "If people have cognitive decline, they won't be able to stay home safely. They won't be able to take their medications properly, drive, go shopping, and so on. The goal is to diagnose memory issues sooner rather than later, when interventions such as mental and physical exercise can make the biggest difference."

## WHO ARE ACE UNIT PATIENTS?



- Therapists on the unit also observe how patients move around. “Even though somebody has been doing well at home, he or she may be what we call a ‘furniture walker.’ If something is out of place or if they are ill, they are at risk for a fall,” Woo-Rippe said. “We can give them a tool to help them walk, adjust it properly for them, then send them home to live more safely.”
- Every patient leaves with an individualized home exercise program. “All the walking they do here will hopefully make them stronger than when they came,” Woo-Rippe said. “If they do the exercises at home, they can continue to be stronger.”

#### REDEFINING “ELDERLY”

Understandably, some patients balk at the word “elderly” that’s part of the name of the unit and the care model it’s based on.

“We need to redefine what it means to get older,” said Jan Osborne, RN, MSN, GCNS-BC, geriatric clinical nurse specialist. “We’ve had patients in their 90s here who were still working. Just recently, one of our patients was working on his iPad from his hospital bed. We need to keep people stronger so they can continue to thrive long into their older years.”



Patients can be admitted to the ACE Unit by their doctor or other health care provider if they:

- Are at least 70 years of age.
- Need hospital care for the treatment of a generalized condition such as anemia, urinary tract infection, dehydration, pneumonia, abdominal pain, weakness or chronic obstructive pulmonary disease. If they need specialized care, they are admitted instead to a unit appropriate to their needs (e.g., intensive care, cardiovascular, orthopedic).
- Are able to participate in physical and occupational therapy.
- Live in a private home or assisted living, rather than a nursing home where they are already receive assistance with basic needs.

# Awarding EXCELLENCE



**A**s Mercy staff pharmacist Debbie Hodel turned to leave a patient's room after checking in on his pain level, she asked if there was anything else she could do for him. His reply took her totally by surprise.

"I thought he would say, 'Can you get me a heating pad,' or something like that," she said. Instead, the patient said 'I want to go see fireworks tonight.'

When she heard that, she knew she had to figure out a way to honor the young man's request.

"I called the patient's attending doctor and asked if we could make this happen. The doctor said yes, but I would have to switch his IV medication to an equivalent in tablets to keep him comfortable for the five or six hours he was out of the hospital."

Working with nurses she describes as "phenomenal," Hodel made a plan, converted the patient's medications, and made sure an outpatient pharmacy was open on the holiday to fill the prescriptions.

"It was so great to be able to go back and tell him, 'yes we can do that!'" she said.

Hodel finished her shift before the patient's family came to pick him up. But she took comfort in knowing that the young man got his wish to spend part of the holiday with his friends and family. "That made it a memorable holiday for them all," she said.

Hodel's manager nominated her for the award. "I'm an under-the-radar type of person," she said. "I just go in and do my job. Patient care and medication safety are everything to me. The award was a huge surprise!"

*"It's an honor to make the slightest difference for someone. Many of our patients have such a hard journey. It's just amazing to be able to do something for them."*

Hodel came to Minnesota from her native Guyana, South America, at age 16 to study at the University of Minnesota. She started out as a chemical engineering major, but one of her chemistry professors changed the course of her life. "She was like a mom," Hodel said. "She told me she thought pharmacy school would be good for me."

And so it was. Hodel began working at Unity Hospital as a pharmacy intern in 2003. She has been working at Mercy Hospital since earning her doctorate in pharmacy in 2006.

*"It's an honor to make the slightest difference for someone," she said. "Many of our patients have such a hard journey. It's just amazing to be able to do something for them."*

The Quarterly Award of Excellence at Mercy and Unity hospitals recognizes employees for extraordinary performance or effort in advancing the Allina Health mission and values (respect, stewardship, compassion, trust and integrity) by caring for patients, caring for our communities and caring for each other.

In the highly charged environment of the Intensive Care Unit (ICU), a special kinship can form between nurses and their patients and family members. That's what happened in March 2013, when Nursing Assistant Felix Omari was caring for his patient, Jeanne Mason, at Unity Hospital.

"I discovered what a wonderful person she really is," said Omari, who emigrated to the U.S. seven years ago from Kenya. Through conversation, he learned his patient was the third employee hired at Unity Hospital, back in March of 1966.

After Jeanne was transferred from the ICU to 2 West to continue her recovery, Omari ran into her daughter in the cafeteria. She asked if he would please stop by and see her mother.

"When we transfer people to the other side of the hospital, we usually don't get time to go visit them," Omari said. "We work 12-hour shifts, and we have short breaks. But I thought, 'Why not?'"

Jeanne found it a great surprise that the friendly nursing assistant actually came to her room. "It was really nice to see her," Omari said. "I stopped by a couple more times after that just to check on her."

The patient's daughter was so moved by Omari's dedication to her mother and the uplifting spirit he brought to the ICU, she nominated him for the

Quarterly Award of Excellence. This is the second award for excellence in patient care that he has received in his three years at Unity.

"To be recognized by a patient's family member is one of the most gratifying things in nursing," he said. "It's absolutely the best feeling you can get other than watching a patient get better and go home."

Omari believes it is important to lighten the mood in the somber environment of the ICU.

"I've always believed there is one thing no doctor can prescribe or no pill can give you – a smile," he said. "Patients don't need to be reminded how sick they are and how critical everything is."

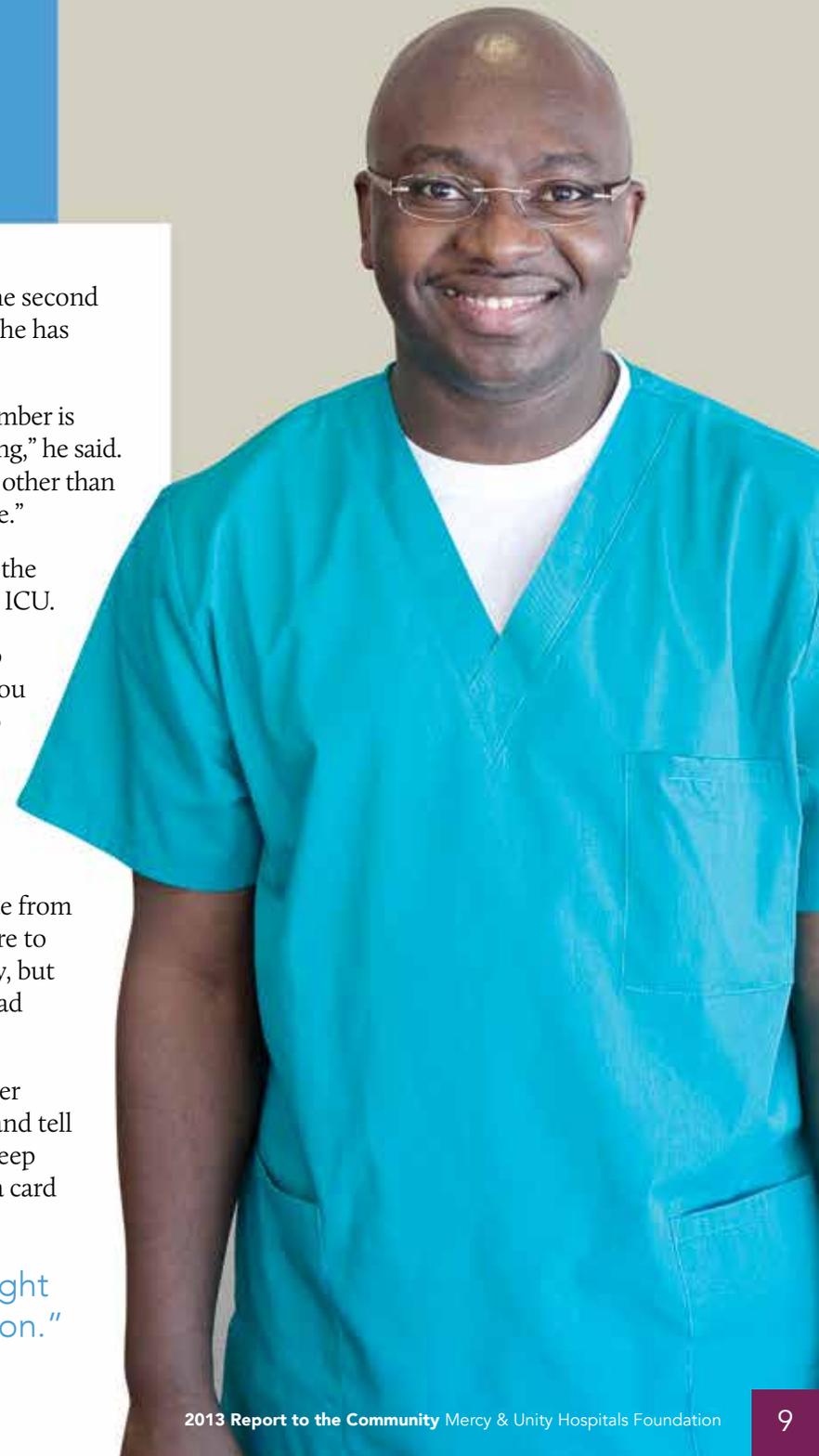
The bond between Omari and his patient did not end in the hospital unit.

"One day when I was working, I got a note from the secretary that said somebody was here to see me at the front desk. I said I was busy, but the secretary said it was someone who had been a patient here."

At the front desk, he discovered his former ICU patient had come back to say hello and tell him what she had been up to. The two keep in touch to this day. "I recently sent her a card and letter," Omari said.

*"If men are angels, Felix was mine. His loving care and humor brought me through a most critical time in my life. His is a very special person."*

*-Jeanne Mason*



# ADVANCING CARE THROUGH *Innovation*

Imagine this: A chest x-ray shows you have a spot on your lung. You go to the hospital for a biopsy, fearful that the spot is cancer. When you wake up after your brief procedure, the doctor says, “It was cancer, but the good news is that we were able to remove it. You won’t need additional surgery.”

To reach and examine deep lung nodules, doctors formerly had two options – needle biopsy, which involves inserting a very long needle into the patient’s back, or surgery. “Neither of those options is very appealing to patients, and both carry significant risks,” said pulmonologist Bradley Chmielewski, MD.

Thanks to new technology purchased with grant money from Mercy & Unity Hospitals Foundation, doctors at Mercy Hospital are able to do a new procedure called Electromagnetic Navigational Bronchoscopy (ENB). ENB complements Mercy Hospital’s existing capability in endobronchial ultrasound (EBUS).

The ENB system is software that creates a virtual 3D map of the patient’s bronchial passages from a CT scan, as well as a disposable catheter set that enables doctors to guide endoscopic tools deep into the lungs.

“With ENB, we can reach just about anything we can see on the CT scan,” said Chmielewski, one of three doctors trained to do the procedure. “Whenever you need an answer to what’s in a patient’s lung, you want to do the test that will give you results in the safest possible way,” he continued. “With ENB, we will get an answer to what something is 80 percent of the time, and there’s only a 1-2 percent chance of something going wrong.”

Darnel Jones of Coon Rapids, the father of two, was diagnosed with early stage lung cancer in 2012. After surgery to remove a diseased area from his right lung, he endured much pain and discomfort.

Then in late 2013 a CT scan showed inflamed nodules in his lung. Jones was one of the first patients to undergo an ENB at Mercy Hospital. ENB offered an attractive alternative to the “wait and see” approach that might have been suggested if the surgery and needle biopsy were the only options available to diagnose the problem.

Using a computer-generated image of Jones’s lungs, Chmielewski was able to use ENB to reach the suspicious area and remove a sample to analyze. “The equipment is like a virtual GPS with turn-by-turn instructions,” the doctor said. “Using it feels almost like playing a video game – but one that requires the highest level of alertness and has the highest possible stakes.

Jones went home after the procedure with minimal discomfort. The following Monday, he received an early Christmas present – the news that he is cancer free. “I am ecstatic!” he said,



“Whenever you need an answer ... you want to do the test that will give you the most likely results in the safest possible way.”

adding that a “wait and see” approach would have prolonged his worry and anxiety.

“The procedure isn’t just about one computer and one doctor,” Chmielewski added. “It involves an entire team of people trained to make sure the patient’s experience is smooth – anesthesia, procedural care nurses, the doctor running the machine, cytology and pathology.”

The three doctors at Mercy trained on this equipment are now using it to diagnose lung disease. But as more doctors and staff are trained, they will be able to use it to its fullest potential – to diagnose and treat lung disease in the same procedure.

ENB capability is an especially welcome addition to the Mercy and Unity hospital community. “We have a fairly new Lung Nodule Clinic,” Chmielewski said. “And we see a significant amount of tobacco use in the north metro, which goes hand in hand with lung cancer.”



“With ENB, we will get an answer to what something is 80% of the time, and there’s only a 1-2% chance of something going wrong.”



# CARING FOR *Co-workers*



**W**hen they lost their son to heroin addiction, Lori and Kurt Klemz found the power of their co-workers' generosity.

Lori, a patient access specialist for Unity Hospital, was working at home when she found Austin unresponsive. It was August 22, 2012, six days after Austin's 23<sup>rd</sup> birthday.

Soon the Blaine Police Department showed up at Mercy Hospital looking for Kurt, an operating engineer in the Maintenance Department. "I now know why they ask you to sit down," Kurt said. "My body literally went numb. All I could think of was, 'I have to get home to Lori.'"

Austin's sudden death posed an agonizing set of issues the couple was not prepared to address. "You don't even know what you're doing when you're planning a funeral for your child," Lori said. "You don't ever ask your children what they would want."

They were also unprepared for the fact that even a simple funeral costs thousands of dollars, and payment is required immediately.

Kurt called Allina Health's employee assistance program to ask about financial support. "Lori and I were 47 years old at the time, and this was the first time we ever had to reach out for financial assistance," he said.

He was directed to the Mercy & Unity Hospitals Foundation, which administers the Caring for Co-Workers Fund. Supported by employee donations, the fund provides confidential financial assistance for employees who face unexpected, severe financial strain due to a crisis.

"I was told that it could take two or three days for a committee to review our application," Kurt said. "But the Foundation called back hours later to say that the grant was approved."

The fund provided \$2,000, which covered a portion of Austin's funeral expenses. "Our co-workers' generosity helped us in a time when we didn't even know how to take a breath," Lori said.

Kurt and Lori are now proud contributors to the Caring for Co-Workers Fund. "We will be for the rest of our lives," Kurt said. "Tragedy could strike any of us at any time. Every little bit helps."



## *The Twinkling Angels Fund*

The thought of going through the winter after her son Austin's death with nothing to mark his grave was unacceptable to Lori Klemz – yet no money was available to purchase a grave marker. Once again Mercy & Unity Hospitals Foundation came to their aid.

*“Our co-workers’ generosity helped us in a time when we didn’t even know how to take a breath.”*

The Foundation administers the Twinkling Angels Fund, which began a decade ago to help families in the north metro who are dealing with the loss of a child.

Kenna Dooley of the Foundation staff called Kurt to let him know the fund would cover the cost of Austin's gravestone. “I have saved the voice message from her all this time,” Kurt said. “Words just don't describe how Lori and I felt to get that message.”

The Twinkling Angels Fund was started by Frank and Debbie Thurner, parents of two young children who were killed in a car accident in 2002.

When the Thurners visited Morningside Memorial Gardens in Coon Rapids to choose plots for their children's grave, they learned that many families could not afford a headstone – hence the number of unmarked graves in the section reserved for children.

“The cemetery is a place you go to celebrate, remember, honor and be close to your child,” Debbie Thurner said. “It made me so sad to think that people couldn't afford a grave marker. So we decided we wanted to do something.”

The Twinkling Angels Fund is supported by an annual golf tournament and by individual donations made through the Foundation. The fund's focus has expanded to other causes related to children, such as fire safety and early literacy.

Usually the Twinkling Angels Fund provides headstones for children younger than the 23-year-old Austin Klemz. But, as Debbie said, “He was still somebody's child.”

*To contribute to the Twinkling Angels Fund, contact the Mercy & Unity Hospitals Foundation at 763-236-3961.*

# VOLUNTEER *Spotlight*

“All of us come away with a  
We get more out of it than

The auxiliaries at Mercy and Unity Hospitals began volunteering even before the hospitals opened their doors. Over the past 50 years, the time, talents and donations they contribute have brought incalculable benefit to hospitals. Last year alone, the approximately 800 auxiliaries at Mercy and Unity hospitals donated 120,000 hours of service.

The Mercy Hospital Auxiliary was chartered on July 14, 1964 – seven months before the hospital was dedicated. The Auxiliary’s objectives then were not all that different from today – to render a cheery and helpful service in the hospital, to create good will in the hospital and the community, and to raise funds for special hospital needs.

Alice Holland of Anoka, a charter member of the Mercy Hospital Auxiliary, and her husband, Earl, were involved from the beginning.

“We remember taking part in the fundraising for Mercy Hospital. We knew the Anoka area needed a modern hospital,” she said. The couple’s daughter had been born a few years earlier in a hospital building on Ferry Street that formerly was a private home.

The Mercy Auxiliaries made sure their gift shop and coffee shop were ready for visitors when the hospital opened its doors. And in 1966, they lent a hand in the organization of the Unity Hospital Auxiliary.

2013-14 Unity Hospital Auxiliary Board President Darleen Simon, Blaine, began volunteering in the late 70s, prior to taking on full-time employment. “I worked as a messenger and at the reception desk back when we wore pinafores and worked off of index cards,” she said.

In 2008, retired and looking to volunteer again, Unity Hospital Auxiliary was her first choice. She finds today’s auxiliaries much more diverse than in the early years, when most were women.

“We have quite a few men in the Auxiliary and teen volunteers who are male,” Simon said. “We also have several married couples. There are many retired persons, but the average age is in the 40s.”

Holland, who served as Mercy Hospital Auxiliary president from 2000-01, continues to volunteer, both at home and at the hospital. As part of the Willing Workers crew, she goes to Mercy as needed to work on special projects such as assembling patient packets. “I sew caps for cancer patients at home,” she said. For many years, she also sewed the big red stockings given to babies born in December.

Alice Holland  
Mercy Hospital Auxiliary

good feeling.  
we give.”

She loves volunteering through the Auxiliary. “All of us come away with a good feeling,” she said. “We get more out of it than we give.”

That is saying a lot. The Mercy Hospital Auxiliary has pledged to raise \$750,000 from its members over the next five years for the expansion and remodeling of the hospital coffee and gift shops.

“A few years ago, we gave \$100,000 for the heart hospital at Mercy,” Holland said. “The money came from the gift shop and coffee shop and from member donations. We re-did the surgical waiting room last year. There’s always some part of the hospital we’re working on. We’re just trying to make things comfortable for patients and families.”

Taking to heart its role as a community hospital, the Unity Hospital Auxiliary has focused some of its fundraising efforts on community-based organizations, such as a local teen shelter, Simon said.

“We work hard on our fundraisers, but it’s fun,” she continued. “All the volunteers are so positive about their experiences. We have such a feeling of dedication toward Unity.”



*Darleen Simon  
Unity Hospital Auxilian*

“All the volunteers are so positive  
about their experiences.  
We have such a feeling of dedication  
toward Unity.”



# HEARTFELT *Apprec*

**P**aul Wagenaar's medical history is a "bad news/good news" scenario.

The bad: Throughout his lifetime, Paul has had more than his fair share of life-saving cardiac procedures. The good: Advances in medical technology have always been one step ahead of his needs.

"Right after a new procedure has been perfected, Paul has been there to use it," said his wife, Joanne Wagenaar. "He could be a poster boy for medical technology."

The longtime north metro residents recently assigned a portion of their estate to Mercy Hospital to support capital improvements in cardiovascular medicine. "As new technology continues to be developed, our donation will help the hospital stay in the forefront of cardiac care for our community," Joanne said.

## DECADES OF CHALLENGES

In 1968, Paul nearly died in a car wreck in northern Minnesota. Among the traumatic injuries he suffered was an aortic aneurysm, a bulging weak spot in the heart's main artery. He was taken by ambulance to a University of Minnesota hospital, where teams of doctors did cutting-edge procedures to repair his heart and other organs.

"He was a guinea pig," Joanne recalled. "Many different medical teams used him as a case study."

One day in 1992, Paul was feeling weak and ill. He went to Mercy, the hospital nearest his East Bethel home. Stephen Husted, MD, discovered that a strep infection had lodged in his heart,

destroying his aortic valve. Surgeon Brian Tell, M.D., opened Paul's chest and heart to insert a mechanical heart valve.

Ten years later the valve dislodged, causing another life-threatening aneurysm. Doctors discovered that Paul also had a hole in his heart, of unknown origin. Dr. Tell once again performed a delicate operation to address Paul's issues.

*"The care I received was just outstanding. I couldn't imagine having better care."*

In 2005, Paul developed a dangerously high heart rate. Scar tissue from his multiple surgeries was disrupting the flow of electrical signals through his heart. The resulting arrhythmia caused a blood clot that migrated to his brain, causing a stroke.

Paul had multiple procedures at Mercy Hospital over the next several years to stabilize his heart rhythm, under the care of Stephen Remole, MD. Those procedures include cardioversion, in which a low-energy shock is applied to the chest; cardiac ablation, a procedure in which a catheter inserted into the heart delivers radiofrequency (RF) energy to destroy the cells responsible for the dangerous rhythm; and the insertion of a state-of-the-art implantable cardioverter defibrillator.

## ENSURING EXPERT CARE CLOSE TO HOME

Today Paul is retired and feeling very well. The Wagenaars spend half the year in Florida, coming home to Minnesota in the spring.

"I have always believed that my husband is the strongest person who could have been put through all this and make it," Joanne reflected. "I had so much faith in him and the doctors at Mercy that they would do the utmost to make a miracle happen."

Paul agrees. "The care I have received was just outstanding. I couldn't imagine having better care. Everything is so clean and nice and efficient, which is very comforting."

He ponders how far health care has come since his 1968 crash. "It's a night and day difference," he said. "Technology advances have been just amazing."

In 2007, Joanne underwent an ablation procedure at Mercy. "We both know the importance of exceptional cardiac care that's easily available to everyone in the community," she said.

"Our gift is not as monetarily significant as some of the major gifts the Foundation receives," she continued. "But if all of us make a conscious effort to give, it will benefit the community exponentially."

*"The care I have received was just outstanding. I couldn't imagine having better care. Everything is so clean and nice and efficient, which is very comforting."*

# Transformative Giving

“It’s good to be able to designate part of our gift to something specific. Cardiovascular services are in great need in health care today.”

When Jim and Pam Deal moved to Andover 34 years ago, they shared the block with only one other house. Leaving behind the bustle of Washington, D.C., the couple specifically chose a community that had the comforts and benefits of the small Minnesota and Iowa towns where they had grown up.

The couple began donating their time and money to the institutions that were important to their young family – schools, church and health care. As their family, their business and their community continued to grow, so did the Deals’ commitment to philanthropy and service.

Their generosity reached its peak last fall, when they donated \$1 million to Mercy & Unity Hospitals Foundation – the largest single gift ever given to the Foundation.

A portion of the Deals’ gift has been used to build the first hybrid cardiovascular operating room in the north metro at Mercy Hospital. This innovative room enables Mercy staff to diagnose and treat patients with stroke, trauma or cardiovascular emergencies in one room, without the need for transfer to another hospital department. As such, it saves valuable time, helping to save lives and preserve quality of life.

“Mercy is a well known and well regarded hospital, but it’s not without need,” Jim Deal said. “We felt our contribution toward further development of Mercy is important to the community as well as ourselves.”

“We’ve been blessed in our lives, and it feels great to be able to help,” said Pam, a former member of the Foundation board. “It’s good to be able to designate part of our gift to something specific. Cardiovascular services are a great need in health care today.”

“We feel our contribution toward further development of Mercy is important to the community ...”



“I’m even more interested in cardiovascular care than Pam is,” Jim added. “That’s the thing that I personally worry about the most.”

Usually the couple’s generosity remains anonymous. Jim and Pam, owners of a land development holding company, derive more satisfaction from giving and seeing the fruits of their labor than by being in the spotlight.

“We agreed to go public with our gift to help encourage others to give generously to the Foundation,” Jim said.

Anonymity was also the order of the day when Pam was hospitalized recently at Mercy. “I was very impressed with the care I received. The staff didn’t know me at all, and that didn’t matter. Everyone was so friendly, so happy to be working there. It has such a hometown feel.”

And that’s just what the doctor ordered.

# Healthy STUDENT PARTNERSHIP

Thanks to an innovative screening program that is approaching its 20th year, an entire generation of north metro students has graduated from high school knowing and understanding some critically important personal health metrics.

Through the Healthy Student Partnership, a team of health professionals conducts screenings in health classrooms in the Anoka-Hennepin School District. The team, led by Brenda Link, RN, Wellness Program Manager for Mercy and Unity hospitals, takes blood pressure, cholesterol, blood sugar and body mass index (BMI) readings and educates students about healthy numbers.

People might ask Jeff McGonigal, Associate Superintendent of High Schools for the Anoka-Hennepin School District, why a school district is getting involved in medicine.

“There are a couple of big reasons,” said McGonigal, an early champion of the program and continued strong supporter. “We know that students learn better when they are emotionally connected to what they’re doing and when something has personal relevance to them,” he said. “This program involves a much deeper learning than if we were to say, ‘Open your book, turn to the charts on page X, and prepare to be tested on healthy blood pressure ranges.’”

“In addition, it provides a prompt to managing the numbers at a time when students have a significant opportunity to improve them if they need to,” he said.

Jeff Buerkle, Health and Physical Education teacher at Anoka High School, explained how the program works in his required health class for sophomores.

“[Link’s team] starts by taking blood pressures in the classroom,” he said. “Then they have the kids go into the hallway to take height and weight measurements and figure the BMI. At that point, students can also get a free flu shot or the nasal flu mist. Then they get in line for a finger prick.

“With about 10 minutes left in the hour, the nurses bring everyone’s results back into the classroom and pass them out. They go over a Power Point that explains what all the ratios and ranges mean.”

“We emphasize in the presentation that it is so helpful to have a baseline at 15 years of age so people can monitor trends over time,” Link said.

Importantly, Link’s team stays around after class to answer questions to address any worries students might have about their results, Buerkle said.

16,000

the number of students screened to date since the program began in 1995

95-97

average percentage of eligible students who typically choose to participate

46

percentage of students with higher than normal blood pressure during the 2012-2013 screenings

17

percentage of students with blood pressure readings in the Stage 1 or Stage 2 hypertension range in 2012-2013

14

percentage of students with a BMI number in the “obese” category in 2012-2013

“We know that students learn better when they are emotionally connected to what they’re doing and when something has personal relevance to them.”

Pediatrician Justin Leitch, MD, Medical Director for the program, has done research to make sure the screenings and associated normal ranges are relevant and useful for the adolescent population, Link said.

“We can’t just say that blood pressure under 120/80 is normal,” he said. “We have to consider age, gender, height. There are different graphs to follow for young people. The same is true with BMI.”

Any student whose blood pressure is found to be high is referred to the school nurse for evaluation. This process was put in place after an Anoka High School student athlete with high blood pressure was found to have a structural heart problem that put him at high risk of sudden death, Link said. After having surgery, the student is back to playing hockey and living a normal life.

The Healthy Student Partnership has attracted praise from grateful parents and from former U.S. Surgeon General Regina Benjamin, MD, who learned about the program at a 2012 conference on how Minnesota communities are promoting healthy living. But most important is the reaction of the students themselves

“Kids are very different now than they were 20 years ago,” Link said. “Younger people are at higher risk because of obesity and lack of exercise. As a result, our kids are a lot more interested in what their numbers are saying to them than they used to be.”

“We share the stats on how many high school age people are at risk. They look around at their fellow students, and they are shocked. They think that at age 15 they don’t have to be worried about developing heart disease.”



10

percentage of students screened to date who have been identified as having more than one health risk factor and have received some type of follow-up

6

number of high schools currently participating in the program: Andover, Anoka, Blaine, Champlin Park, Coon Rapids and Crossroads Alternative High.

## EXPANDING FOR THE FUTURE

*Connexus Energy, a member-owned electric cooperative serving large portions of the north metro, has pledged a total of \$75,000 over the next three years to expand the program. Discussions are underway regarding adding schools beyond the Anoka-Hennepin School District.*



*“As a community energy partner, Connexus looks at ways that we can make the biggest impact on the communities we serve,” said Don Haller, VP of Member and Community Services for Connexus Energy. “Youth and education are our primary focus areas. This program is a way for us to touch thousands of our members.”*

# Board Member Profile

## JIM CORMIER

“I realized that a gift designated to Mother Baby Care is the way we can help young families have the very best experience at a very important point in their lives.”

Jim and Madonna Cormier are generously giving to Mercy & Unity Hospitals Foundation’s Capital Campaign: A Legacy of Caring. But the couple’s pregnant niece deserves some of the thanks.

“She was talking about having her baby at Unity. Then her husband started mentioning other hospitals and the amenities they offer,” Jim said. “At that point, the light went on, and I realized that a gift designated to Mother Baby Care is the way we can help young families have the very best experience at a very important point in their lives.”

Jim, who has served on the Foundation’s board since 2009, subsequently challenged his fellow board members to give generously and become engaged in the campaign. “We really want this campaign to succeed,” Jim said.

As a member of the Foundation board, Jim helps to make wise decisions about where the Foundation’s money goes. “One of my goals is

to support choices that lead to the best possible outcomes and experiences for patients at Mercy and Unity,” he said. “People have choices about where they get their care, and we want Mercy and Unity to be at the top of their list.”

Since 1981, Jim has been the owner and president of Building Sites, Inc. The business has grown beyond its original charter of selling properties and lots primarily in the north metro and now encompasses sales of new construction and real estate investments.

“Over the years, I’ve been pleased to be able to help my clients achieve their dream of home ownership,” he said. “Home ownership builds strong neighborhoods, which in turn builds strong communities.” He also has a long track record of strengthening community organizations through volunteer fundraising.

“I grew up in a small town in Michigan where neighbors helped neighbors,” he said. “That’s how small communities work. The more you



“The more you help,  
the better the community.”

help, the better the community. The more people you help, the better off you are. “

Jim believes Mercy and Unity hospitals are vitally important to the overall health of the community. “The hospitals provide much-needed health care services, but their impact goes way beyond that,” he said. “The hospitals also provide many jobs, and they spend money in the community. They’re contributors to our economic health as well as our personal health.”

Jim and Madonna, who grew up in Coon Rapids, have called the north metro their home for more than 35 years. Both have parents who have received care at Mercy and Unity hospitals.

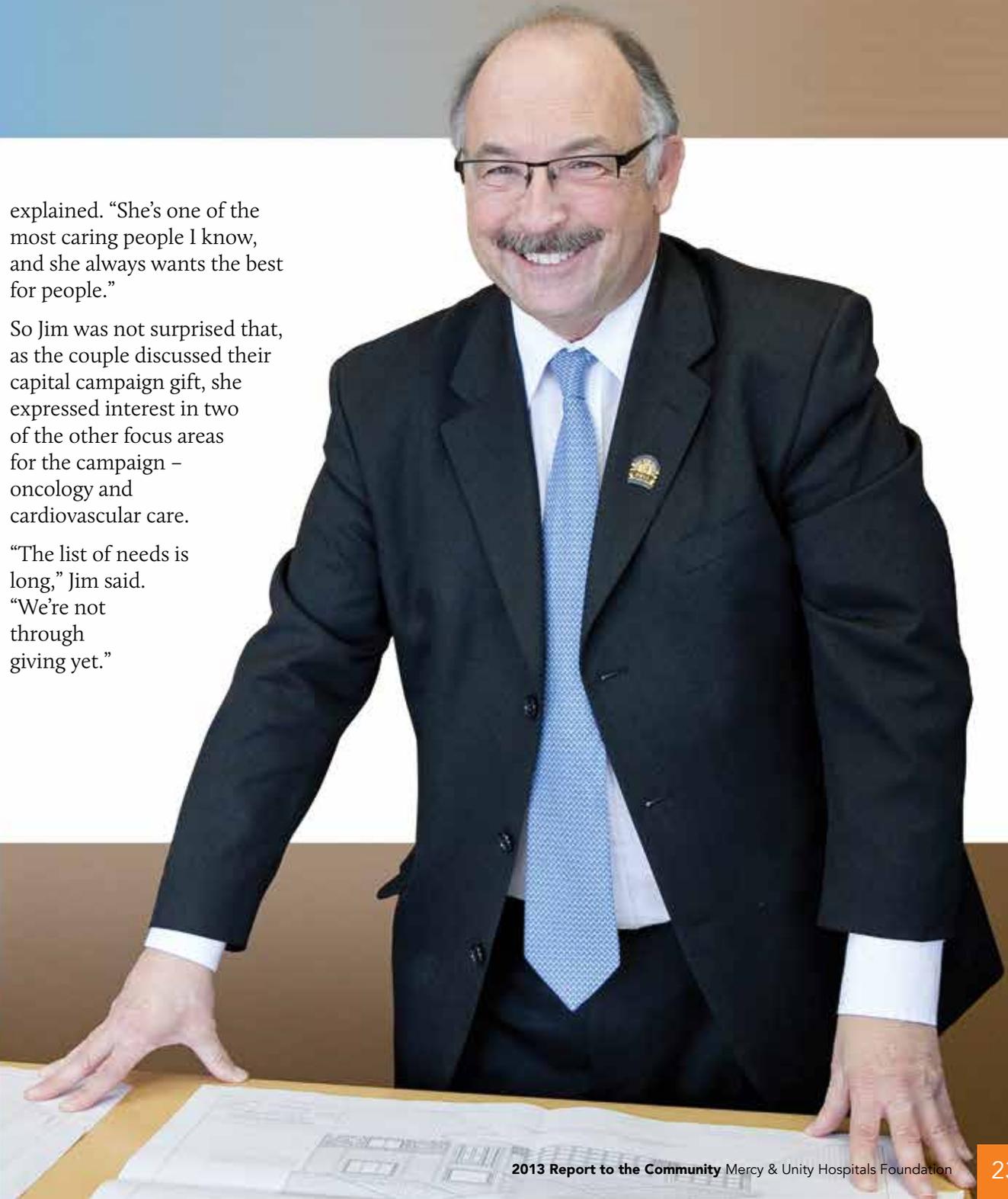
Madonna, a registered dietitian, recently got her bachelor of nursing and is currently working as a public health nurse for Anoka County. She is looking at programs to become a nurse practitioner.

“She wanted to be able to do more things and expand her ability to help more people,” Jim

explained. “She’s one of the most caring people I know, and she always wants the best for people.”

So Jim was not surprised that, as the couple discussed their capital campaign gift, she expressed interest in two of the other focus areas for the campaign – oncology and cardiovascular care.

“The list of needs is long,” Jim said. “We’re not through giving yet.”



The more people you help,  
the better off you are.”

# 2013 Presidents' Circle

The Presidents' Circle is an society of individuals who make an outright gift of \$1,000 or more to any Mercy & Unity Hospitals Foundation fund. This can be a one-time or cumulative gift within a year's time. With the help of members, the Presidents' Circle will make a positive impact on the health of our communities for future generations.

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Rebecca Linn  
Laura Linner  
Susan Linqvist  
Tenzin Lobsang  
LaNae Loose  
Susan Lorenz  
Tamera Loyola  
Brian Lubbers  
Randy Lucas  
Brandi Lunneborg  
Patrick Lytle  
Rita Mach  
Sandra Madsen  
Michelle Madzo  
Patti Magill  
Donna Maki  
Wendy Malone  
Christy Manary  
Michelle Manson  
Daniel Marcouiller  
Katie Martin  
Katrina Martini  
Denise Marty  
Sara Massmann  
Maryanne Mbali  
Adi McDonald  
Christina McDowell  
Linda McElmurry  
Breana McIntire  
Terrance McLaughlin, M.D.  
Elizabeth Mead

Michael Medin  
Andrea Melberg Thompson  
Tonja Menalis  
Denise Merchant  
Kathryn Meyer  
Stephanie Meyer, M.D.  
Amy Meyers  
Jacqueline Milan  
Jacqueline Miller  
Sharon Miller  
Stephen Miller  
Jennifer Miranowski  
Rose Miriti  
Patricia Misener  
Heather Mitchell  
Karen Mitchell  
Michael Mitchell  
Susan Moe  
Diane Moen  
Patricia Mohlke-Dillon  
Amanda Moldenhauer  
Elizabeth Moore  
Julee Moorlag  
Kelly Morgan  
Rebekah Morrell  
Barbara Morrison-Perttula  
Lori Motschenbacher  
Mark Mount, M.D.  
Larry Murphy  
Patricia Murphy  
Linda Murray  
Jessica Nalipinski  
Mary Jane Narog  
Geeta Ndikum  
Cheryl Neel  
Kathryn Neilson  
Anne Nelson  
Brenda Nelson  
Deborah Nelson  
Debra Nelson  
Jean Nelson

Jenifor Nelson  
Nancy Nelson  
Sara Nelson  
Sharon Nelson  
Tracy Nelson-Bungert  
Lisa Ness  
Tanya Ness  
Virginia Nevala  
Tabitha Newman  
Kristine Ninnemann  
Alicia Noreen  
Ann Nosek  
Carol Novak  
Judy Novak  
Kayla Nowicki  
Laura Nugteren  
Briana O'Connor  
Heather Odell  
Angela Oestreich  
Heidi Ollanketo  
Kathleen Olsen  
Jennifer Olson  
Margaret Olson  
MariBeth Olson  
Sharon Olson  
Sheryl Olson  
Fardowsa Omer  
Melissa Opbroek  
Janice Osborne  
Lynn Overas  
Trishelle Owens  
Cynthia Padilla-Graunke  
Donna Paitl  
Gabriella Pankow  
Jennifer Pardino  
Karen Paredes  
Catherine Parra  
Brenda-Anne Pask  
Sheryl Paulson  
Marie Peavey

*Continued on page 36*



# 2013 *Employee Giving* (Continued)

Valerie Perfetto  
Laura Perlinger  
Brenda Petcoff  
Alison Peters  
Donald Petersen  
Jill Peterson  
Christopher Pfuhl  
Rebecca Pierce  
Nancy Pierro  
Debra Piersak  
Lynne Plasek  
Timothy Plude  
Christine Poindexter  
Mary Pramann  
Tamara Prigge  
Pamela Quast  
Susan Quernemoen  
Jane Quick  
Patricia Quigley  
Nicole Radke  
Mindrowtie Ramnauth  
Amy Rancourt  
Breanna Rapacz  
Kathryn Raymond  
Carey Reckelberg  
Dan Reiser  
Mary Jane Reiss  
Michelle Reiter  
Patrice Reitmeier  
Patricia Reuben  
Jovan Reyerson  
Loraine Ricard-Swee  
Marcia Rice  
Amy Richards  
Debra Richards  
Kathrine Richardson  
Brent Richter  
Mary Riley

Shannon Rising  
Amorita Robinson  
Denna Rockstad  
Sara Rohde  
Beth Rohe  
Douglas Romey, Jr.  
Sharon Romulo  
Jeanine Ronning  
Karie Rosenow  
Jamie Ross  
Polly Routzahn  
Janet Rudlong  
Leonard Rumpca  
Lorna Rupp  
Shelley Russek  
Kristi Ryman  
Sharon Sajady  
Alicia Sanborn  
Becky Sander  
Gwendolyn Sandmon  
Patricia Scallon-Brown  
William Schafer  
Jane Schaff  
Jennifer Schlichting  
Sharon Schmidtbauer  
Nancy Schroeder  
Brittany Schrupp  
Kathleen Schultz  
Laura Schwartz  
Timothy Seiple, Sr.  
Theresa Setterberg  
Andrea Severson  
Katherine Severson, M.D.  
Geraldine Sharp  
James Sharp  
Deborah Sheaser  
Teresa Shepler  
Jean Shilinski

Donna Shimmel  
Lisa Shoultz Belflower  
Mary Sibbert  
Jane Siekkinen  
Cathleen Siljander  
Michael Sinkule  
Debra Skees  
Megan Skelton  
Linda Skog  
Darla Slater  
Dawn Sloneker  
Elaine Smith  
Twila Smith  
Charlotte Snicker  
Denise Snyder  
Janice Snyder  
Alicia Sohr  
Patti Soll  
Linda Soma  
Rebecca Sommars  
Christel Soper  
Rebecca Sorenson  
Linda Soucie, MD  
Kelly Spaeth  
Timothy Sparre  
Susan Spear  
Cynthia Spilman  
Casey Sprague, M.D.  
Brenda Springer  
Sandra Spurbeck  
Paula Stalpes  
Kimberly Steffens  
Paula Steigauf  
Karen Steinke  
Kalyn Stephens  
Paul Sterbuck  
Rachel Stewart  
Diane Stieglbauer

Marianne Stockamp  
Brittany Streich  
Robert Streit  
Whitney Strobush  
Lou Ann Strom  
Jana Stromberg  
Jackie Stuntz  
Suzanne Suedbeck  
Jessica Sundberg  
Kelsey Sundberg  
Michelle Swan  
Amy Susag-Maynard  
Shari Swanson  
Donna Syrdal  
Lori Tammi  
Laurie Taylor  
Kia Thao  
Linda Theisen  
Brian Thompson  
Jeanette Thomsen  
Salvador Tiongson  
Jean Tong  
Jacob Tratar  
Lindsey Trombley  
Sarah Twinawe  
Robin Uithoven, MD  
Joanne Ullrich  
Karlene Underwood  
Terri Unger  
Jennifer Urbach  
Karen Van Hatten  
Amy Van Lith  
Amber Vanderheyden  
Lloyd Vandersteen  
Amy Vitulli  
Barbara Vogel  
Elizabeth Voss  
Erica Voss

Lori Vukson  
Lori Wagner  
Ann Walker  
Cynthia Watson  
Penny Watson  
Lori Weaver  
Stacy Weldon  
Margaret Weller  
Julie Wells  
Keith Wenda  
Donna Werner  
Cheryl Westphall  
Darla Westvig  
Christopher White  
Jeanne White  
Heather Whiteis  
Laura Widel  
Tammy Wieczorek  
Lori Wightman  
Susan Willoughby  
Mandyn Wilson  
Jill Wines  
Cara Winn  
Shari Woelfle  
Sara Wojciechowski  
John Wust III, MD  
Kathleen Yaeger  
Valarie Ylonen  
Karine Zakroczymski  
Micah Zawistowski  
Linda Zdon  
Kathleen Ziebarth  
Gail Zierler  
Shaunna Zimmerman  
Steven Zimmerman



## *Gift-In-Kind* \$250 +

3M Championship  
Sam Baty & Sherri Abrahamson-Baty  
ACME Comedy Club  
Arthur Murray Dance Studios  
Dorrese Bona  
Brock White Co. Elk River Brick  
and Stone  
Michele Buckley  
Corey & Jill Burstad  
Jerry Calengor  
Caribou Gun Club  
Carlson Toyota  
Central Bank  
Classics By David  
Connexus Energy  
Larry & Sandy Crane  
Custom Business Forms  
Dan Gould Jewelers  
Disney Worldwide Outreach  
Adam & Kenna Dooley  
Elm Creek Animal Hospital  
Dan & Kathy Erhart  
Fast Track Products, Inc.

Forever Floral  
Gina Lang Photography  
Golden Valley Golf and Country Club  
Gould's Diamonds & Jewelry, LLC  
Grand Casino Mille Lacs and Hinckley  
Guthrie Theater  
Hart Family Chiropractic  
Leone Haugejordin  
David & Sandra Herrala  
Deanna & John Hollerud, M.D.  
Allan Ingenito, M.D.  
& Jane McCrossen, M.D.  
Josh Lund Mortgage  
KLN Enterprises  
Kraus-Anderson  
Construction Company, Inc.  
Chris & Jodi Lewis  
Todd & Brandi Lunneborg  
Majestic Oaks Golf Club  
Mavo Systems, Inc.  
Helen Kay McClintock  
Jennifer & Brock McIntyre, M.D.  
Medina Golf & Country Club

Mercy & Unity Hospitals Foundation  
Board of Directors  
Mercy Cardiac Rehab Staff  
Mercy Hospital Auxiliary  
Mercy Hospital Quality, Safety,  
Regulatory Department Staff  
Metal Craft Machine & Engineering, Inc.  
Michael Anderson Photography  
Mickman Brothers, Inc.  
Midwest Medical Examiner's Office  
Minne Teepee Resort  
Morningstar Chiropractic  
Multicare Associates of the Twin Cities  
North Oaks Country Club  
Shjon & Sherry Podein  
Prime Advertising & Design, Inc.  
Arthur Robinson  
Brenda Roux  
Royalty British Kennels  
Rum River Wine & Spirits  
Rush Creek Golf Club  
Patricia Sagert  
Bradley & Coleen Severson

Beth Slater-Winnick  
Sodexo, Inc.  
Maureen Steinwall & Michael Lavelle  
Ben & Caroline Stephens  
Jennifer & John Stoltenberg, M.D.  
Strauss Management Company  
Joseph & Pamela Strauss  
Brian Tell, M.D. & Linda Nass-Tell  
Terry Overacker Plumbing, Inc.  
The Weaver Brothers Company  
Timco Construction, Inc.  
TMG/AJ Indoor Advertising  
Today's Window Fashions  
Trott Brook Financial  
Unity Hospital Medical Imaging Staff  
Ben & Brenda Verbeck  
Marshall Vink & Joan Cramer Vink  
Warner's Stellian  
Martha Weaver West & Lance West  
Lori Wightman & Darren Grove

# STATEMENTS OF *Financial Position*

<b>ASSETS</b>	<b>2013</b>	<b>2012</b>
Pledges Receivable, Net	\$1,048,800	\$59,627
Due from Allina Health System	\$326,625	\$145,079
Investments	\$6,126,554	\$5,296,580

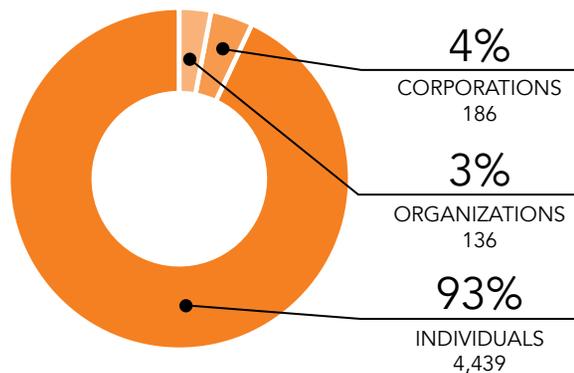
<b>NET ASSETS</b>	<b>2013</b>	<b>2012</b>
<b>NET ASSETS:</b>		
Unrestricted Net Assets	\$2,844,174	\$2,191,415
Temporary Restricted Net Assets	\$4,216,869	\$2,872,555
Permanently Restricted Net Assets	\$440,936	\$437,316
Total Net Assets	\$7,501,979	\$5,501,286

**TOTAL ASSETS:** \$7,501,979

**TOTAL LIABILITIES & NET ASSETS:** \$7,501,979

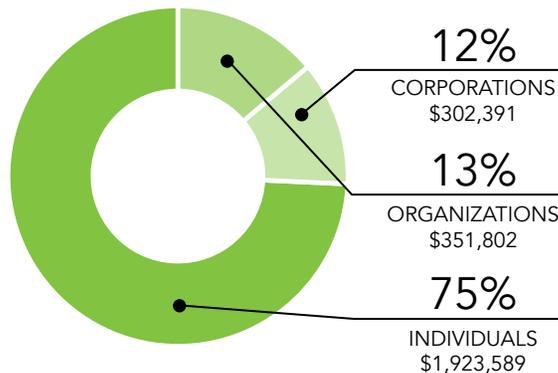
## NUMBER OF GIFTS BY SOURCE

Total Number of Gifts = 4,761

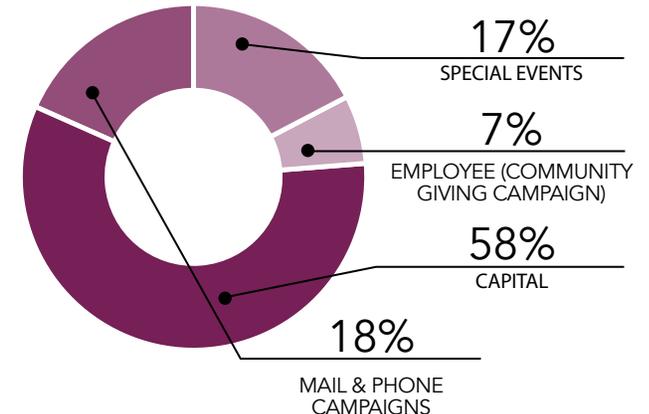


## CONTRIBUTION INCOME BY SOURCE

Total Funds Raised = \$2,577,781



## CONTRIBUTION INCOME BY APPROACH



# STATEMENTS OF *Financial Activity*

## 2013

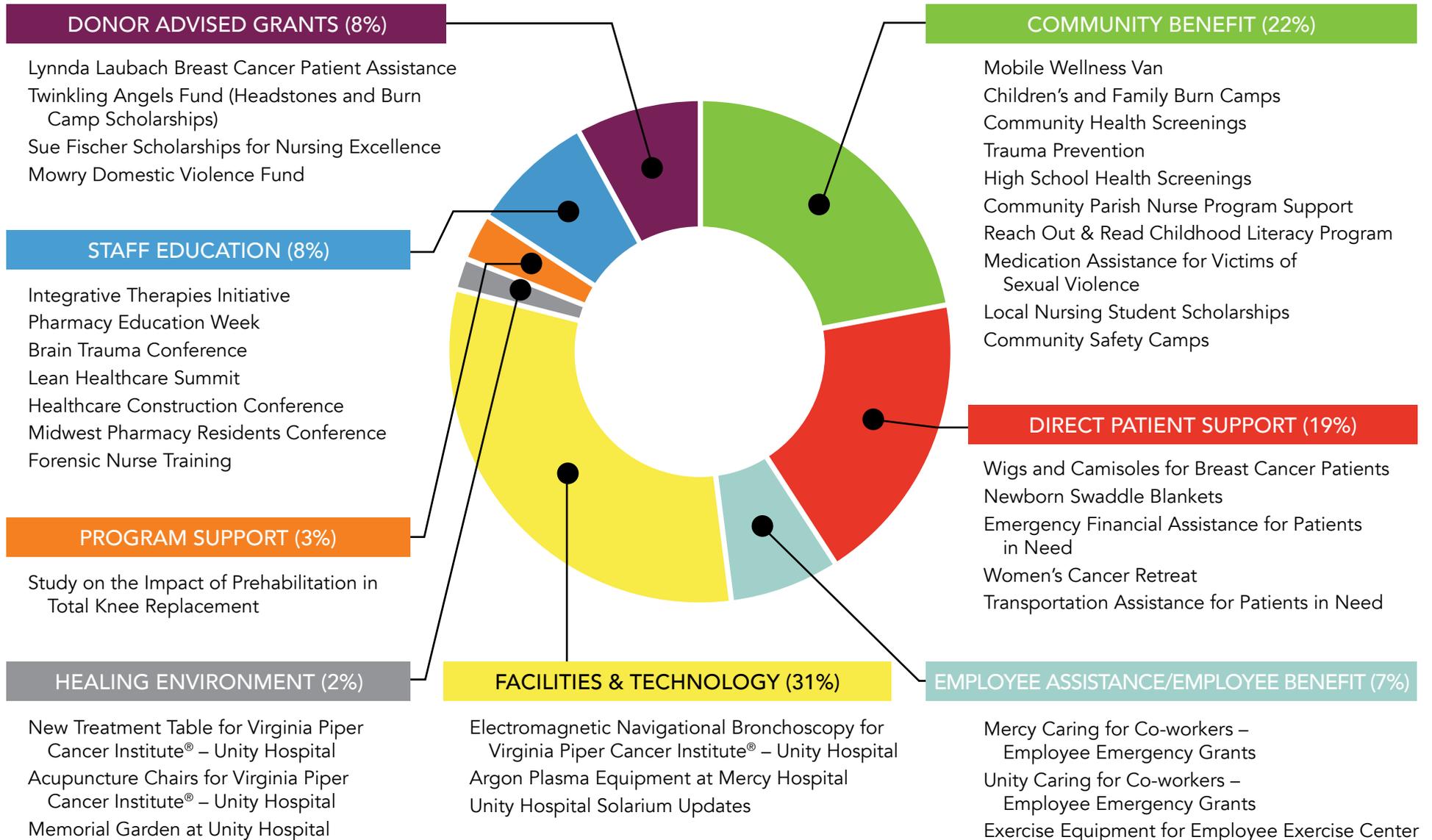
	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
<b>REVENUE, GAINS &amp; SUPPORT</b>				
CONTRIBUTIONS	\$ 496,562	\$ 1,502,412	\$ 3,620	\$2,002,594
CONTRIBUTIONS FROM ALLINA HEALTH SYSTEM	25,175	–	–	25,175
SPECIAL EVENT REVENUE: NET OF DIRECT BENEFIT EXPENSE OF \$105,418 & \$129,848, RESPECTIVELY	–	328,920	–	328,920
INVESTMENT RETURN	325,824	93,921	–	419,745
NET ASSETS RELEASED FROM RESTRICTION	580,939	(580,939)	–	–
<b>TOTAL REVENUE, GAINS &amp; SUPPORT</b>	<b>1,428,500</b>	<b>1,344,314</b>	<b>3,620</b>	<b>2,776,434</b>
<b>EXPENSES</b>				
GRANTS & TRANSFERS TO AFFILIATES	688,124	–	–	688,124
GRANTS TO OTHERS	71,289	–	–	71,289
<b>TOTAL EXPENSES</b>	<b>759,413</b>	<b>–</b>	<b>–</b>	<b>759,413</b>
<b>NET ADMINISTRATIVE &amp; FUNDRAISING</b>				
SUPPORT FROM MERCY & UNITY HOSPITALS & ALLINA HEALTH SYSTEM	1,081,724	–	–	1,081,724
ADMINISTRATIVE	(408,436)	–	–	(408,436)
FUNDRAISING	(689,616)	–	–	(689,616)
<b>TOTAL NET ADMINISTRATIVE &amp; FUNDRAISING</b>	<b>(16,328)</b>	<b>–</b>	<b>–</b>	<b>(16,328)</b>
<b>CHANGES IN NET ASSETS</b>				
NET ASSETS – BEGINNING OF YEAR	2,191,415	2,872,555	437,316	5,501,286
<b>NET ASSETS – END OF YEAR</b>	<b>\$2,844,174</b>	<b>\$4,216,869</b>	<b>\$440,936</b>	<b>\$7,501,979</b>

## 2012 RESTATED

	UNRESTRICTED	TEMPORARILY RESTRICTED	PERMANENTLY RESTRICTED	TOTAL
<b>REVENUE, GAINS &amp; SUPPORT</b>				
CONTRIBUTIONS	\$ 197,905	\$ 523,502	\$ 2,000	\$ 723,407
CONTRIBUTIONS FROM ALLINA HEALTH SYSTEM	12,822	–	–	12,822
SPECIAL EVENT REVENUE: NET OF DIRECT BENEFIT EXPENSE OF \$129,848 & \$119,783, RESPECTIVELY	–	309,399	–	309,399
INVESTMENT RETURN	277,944	92,192	–	370,136
NET ASSETS RELEASED FROM RESTRICTION	451,821	(451,821)	–	–
<b>TOTAL REVENUE, GAINS &amp; SUPPORT</b>	<b>940,492</b>	<b>473,272</b>	<b>2,000</b>	<b>1,415,764</b>
<b>EXPENSES</b>				
GRANTS & TRANSFERS TO AFFILIATES	469,544	–	–	469,544
GRANTS TO OTHERS	85,975	–	–	85,975
<b>TOTAL EXPENSES</b>	<b>555,519</b>	<b>–</b>	<b>–</b>	<b>555,519</b>
<b>NET ADMINISTRATIVE &amp; FUNDRAISING</b>				
SUPPORT FROM MERCY & UNITY HOSPITALS & ALLINA HEALTH SYSTEM	1,194,185	–	–	1,194,185
ADMINISTRATIVE	(430,081)	–	–	(430,081)
FUNDRAISING	(766,426)	–	–	(766,426)
<b>TOTAL NET ADMINISTRATIVE &amp; FUNDRAISING</b>	<b>(2,322)</b>	<b>–</b>	<b>–</b>	<b>(2,322)</b>
<b>CHANGES IN NET ASSETS</b>				
NET ASSETS – BEGINNING OF YEAR	1,808,764	2,399,283	435,316	4,643,363
<b>NET ASSETS – END OF YEAR</b>	<b>\$2,191,415</b>	<b>\$2,872,555</b>	<b>\$ 437,316</b>	<b>\$5,501,286</b>

# Putting Your CONTRIBUTIONS TO WORK

Here are some examples of the many important initiatives Mercy & Unity Hospitals Foundation was able to support as a result of your generosity in 2013.





# BOARD OF *Directors & Staff*

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Deets Mittelstadt, *Secretary*  
 Lisa K. Anderson, *Treasurer*

Helen Kay McClintock, *Past Chair*

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Jim Cormier	Trisha Mowry
Larry Crane	David Palmer
Mike Gamache	Eva Rasmussen
Cynthia Gould	Stephen C. Remole, M.D., FACC
Don Haller	Jim Steffen
Toni Lowinske	Kevin Webb
Clayton McNeff, Ph.D.	Nick Zerwas

## EX-OFFICIO MEMBERS

Sara Criger, *President, Mercy Hospital*  
 Helen Strike, *President, Unity Hospital*  
 Joseph D. Strauss, *President,  
 Mercy & Unity Hospitals Foundation*

## STAFF

Joseph D. Strauss,  
*President*  
 Kenna Dooley,  
*Manager, Development*  
 Andrea Melberg Thompson,  
*Senior Development Specialist*  
 Kathy Schultz,  
*Executive Assistant*  
 Barb Ames,  
*Administrative Assistant*



AllinaHealth 

MERCY & UNITY  
HOSPITALS  
FOUNDATION

[allinahealth.org/MUHF](http://allinahealth.org/MUHF)