

UNITED HOSPITAL A RENEWED COMMITMENT TO SERVICE

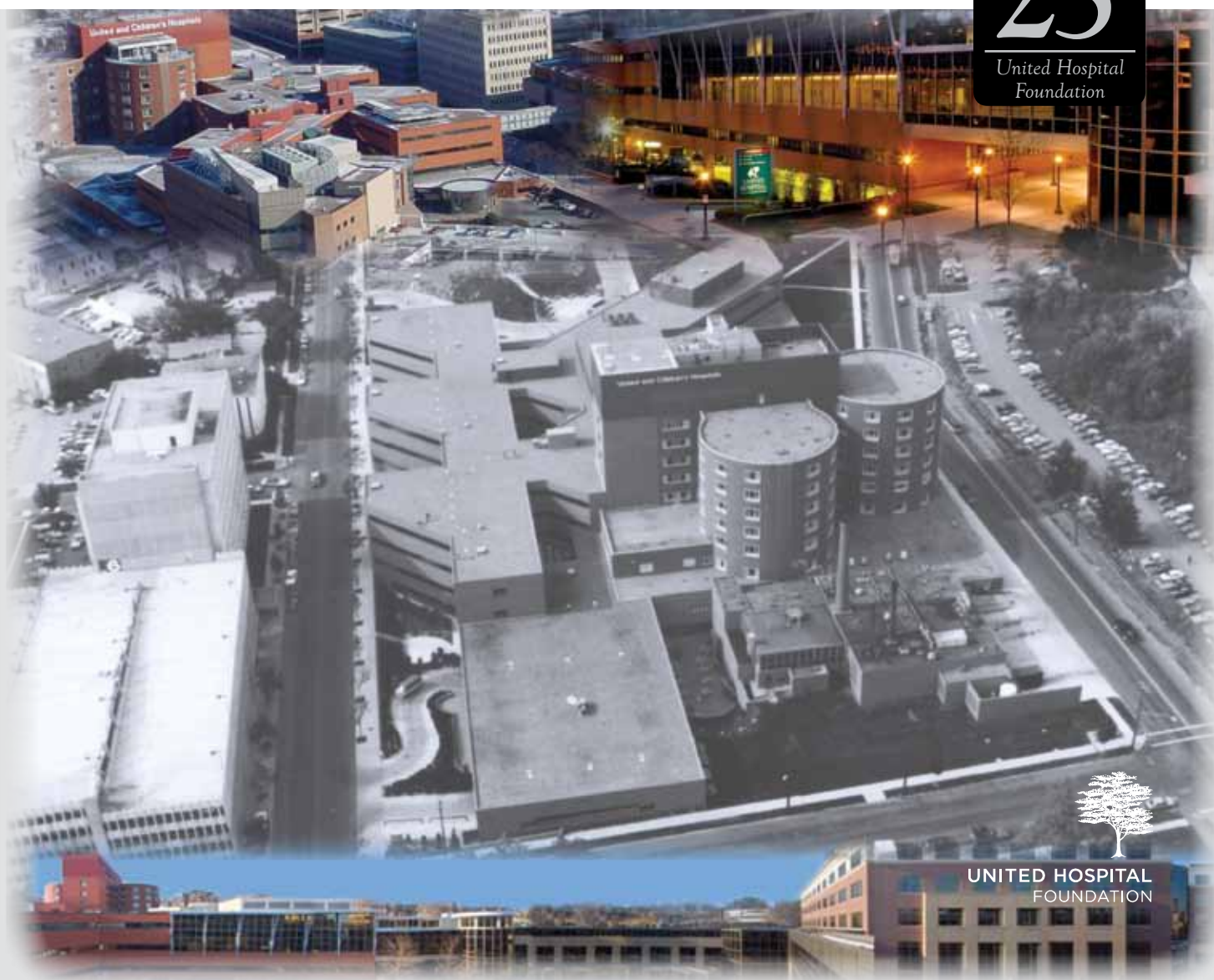
2009 summer

Foundation News

celebrating
years

25

United Hospital
Foundation



UNITED HOSPITAL
FOUNDATION

2009 Service to Humanity Gala

Honorees: Merry DeCourcy and Todd M. Hess, MD. See pages 8-9.

Win a Mercedes-Benz GLK 350 4MATIC. See page 12.



A time to celebrate United Hospital's milestones

It's hard to believe summer is in full swing; flowers are blooming, picnics are being planned and families are gathering to celebrate the season.

We at United also have many reasons to celebrate this summer. The past six months have been extremely exciting, with numerous awards and milestones when it comes to delivering exceptional patient care.

UNITED NURSING RECEIVES NATIONAL ACCREDITATION

I'm excited to announce our nursing team at United Hospital has been awarded Magnet status.

This is the highest level of recognition granted to nursing care in our nation, with only five percent of the hospitals having such a distinction. We are the eighth hospital in Minnesota to receive this honor. It is a tribute to our leadership, commitment and ownership of nursing practice, and adherence to national standards of patient care.

NATIONALLY RECOGNIZED CARDIAC CARE

We are pleased to report United Hospital has been recognized as the top performer in the country for door to balloon time, a hallmark for patient quality and safety and directly improves morbidity and mortality.

United is ranked as number one, followed closely by Abbott Northwestern and Hennepin County Medical Center. This is one of the key indicators that reflect the quality of our cardiac program at United in partnership with St. Paul Heart Clinic.

CUTTING EDGE TECHNOLOGY

In our work, we are fortunate to witness miracles every day. This spring, we had a mom with a deep brain stimulator deliver her

child. A person with a deep brain stimulator device has insulated wires surgically placed into key areas of their brain which are linked to a pacemaker-like device. The system delivers controlled and adjustable levels of electrical signals to the brain to soothe their symptoms of Parkinson's disease and tremor.

Of course this introduced significant risk; nevertheless, with the excellent care of our OB and anesthesia providers, nursing staff, and Dr. Pahapill from United Neurosurgery Associates, the delivery was uneventful and a new baby was delivered into the arms of the family with great joy. What a fitting example of the excellent individualized care we provide at United.

Very few of us think about a hospital as long as we are healthy. However, for most of us, there will come a time when we will need the best health care available, for ourselves or our loved ones. We share a common expectation and that is for the guarantee that quality, compassionate care will be always available during our time of need.

On behalf of the United Hospital Foundation staff and board members, we would like to thank all of you for your continued support.

You make a difference.

At your service



Tomi Ryba
President of United Hospital and
Executive Vice President of
Allina Hospitals & Clinics



Tomi Ryba, president,
United Hospital

Focusing on patient care navigation: Peter J. King Emergency Care Center

A Minnesotan saying jokes there are only two seasons in the state—winter and the construction season. And, from the corner of Smith and Grand Avenues in St. Paul, you can definitely tell the construction season is well underway for United Hospital.

A major construction phase for the Peter J. King Emergency Care Center at United Hospital began at the end of May and will bring an ever-changing landscape to the site for the next several months.

CONSTRUCTION

Outside changes, developed during the first few weeks of this new phase, significantly rerouted traffic flow on campus for both the public and United Hospital's Emergency Medical Services (EMS) partners.

For the public, the Emergency Department (ED) entrance was relocated to Grand Avenue. This entrance is also a shared entrance for United and Children's Hospitals and Clinics of MN-St. Paul EDs. While temporary, the entrance will be in place until early 2011 when the ED entrance returns to Smith Avenue.

For United's EMS partners, the Ambulance Bay entrance has a new location, but still remains on Smith Avenue. The Ambulance Bay is now located on Smith Avenue, near Sherman Street; it is directly across from the Ritchie Medical Plaza Smith Avenue entrance. The Ambulance Bay's location is temporary, however, this will be the location for several months.

Inside the hospital has also seen some changes. A portion of the ED was

moved to a new space that resulted in an additional number of beds.

"We have entered the stage of construction where there will be several changes both on the actual site and inside the hospital. While it's exciting to see the physical changes, we remain focused on enhancing the patient experience because this new Emergency Department is not just about building a new space, but really it's about transforming how care is delivered," said Bob Plaszcz, vice president, Operations, United Hospital.

CARE NAVIGATION

Being in the Emergency Department can be extremely stressful for many, so United is focusing on a patient care navigation process to assist patients with:

- guidance through the health care system.
- understanding diagnosis and treatment.
- directing patients to educational resources and supportive services.
- referral to specialists who will plan the best possible treatment to fit your specific needs.

- making referrals to appropriate services such as nutrition, case management, medication assistance, and financial counseling.
- coordinating appointments and transportation assistance.
- offering support, guidance, and instruction in your care.

It's important caregivers at United provide accurate and timely treatment by coordinating appointments and services, and building strong relationships with other health care team members. This can only be done by keeping communication lines open with patients and maintaining truly patient-centered care.

THANK YOU

Thank you to each and every one of our donors, whose generosity will make it possible for United Hospital to provide the finest emergency medical care available. It is through your ongoing support that we will continue to provide our patients with the highest quality care.



Check out the Emergency Department Construction Cam!

You can watch construction of the Peter J. King Emergency Care Center live on our Web site at www.unitedhospital.com.

On the Web site's main page, click on "Construction Cam" under Helpful Links.

Donor profile in giving: David E. Feinberg

David E. Feinberg entered the publishing business with a St. Paul based company in the early 1960s. What started with the intent of a six-month assignment turned into a more than 40-year career in publishing that produced health, foreign language and computer software textbooks and other materials for high schools and junior colleges.

Now retired, Feinberg continues his dedication to health and education by his community involvement efforts that are widely felt throughout St. Paul and the Twin Cities.

"I really loved the publishing business and especially the fact we were able to make a contribution to education through it. Beyond business, it was family influences and the belief of 'needing to pay rent while we are on this earth' that prompted me to get involved in the community. The needs are so great in all areas that it is necessary to select those areas where in some small way you can make a difference," said David E. Feinberg.

Feinberg became affiliated with United Hospital through family friends. Since then, his involvement with the hospital included support of capital campaign efforts that have funded new technology, clinical programs and daily operational activities; Service to Humanity Gala and the new Peter J. King Emergency Care Center.

"In his professional career, David ran his publishing business with a high regard for the welfare of his employees and has continued that commitment to health and well being throughout his community efforts. He has supported United Hospital as a Summit Society member for many years simply because he cares about the health of the community. With his thoughtful and generous nature, he has been a wonderful advocate and friend of United Hospital," said Phil Sutherland,



David E. Feinberg

development officer, United Hospital Foundation.

Along with his efforts with United Hospital, Feinberg is also involved in the Schaller Family Sholom East Campus, which includes the Shirley Chapman Sholom Home East, a new 92-bed skilled nursing facility in St. Paul. The facility offers long-term and short-term rehabilitation, the Johnson Center and Hospice Agency and a vitality center. Feinberg helped select the site for the facility along with critical fundraising efforts. As a daily swimmer and advocate of the sport's health benefits, Feinberg also helped ensure the vitality center included aquatic facilities.

Feinberg also helps provide summer camp experiences for youth, higher education scholarships and support for local independent school districts, as well as support of the arts community in the Twin Cities.

Patient story: giving hope to those living with chronic pain

Joan Maurer arrived in United Hospital's Emergency Department a little more than one year ago with extreme vertigo and pain. The pain was so severe that Maurer, who underwent surgery for breast cancer four and a half years prior, was unable to wear her prosthesis for any extended period of time.

After Emergency Department x-rays showed concerns with her cervical discs, Maurer was seen by Jerone Kennedy, MD. Dr. Kennedy determined Maurer had degenerative changes involving two discs. Maurer was experiencing neck pain, migraines and other severe and chronic pain, which led Dr. Kennedy to help coordinate Maurer to be seen at United Pain Center.

United Pain Center, a United Hospital-based outpatient clinic, provides comprehensive services using a multidisciplinary approach for individuals experiencing chronic pain. The staff team works together with patients to reduce their pain and improve the level at which they function.

"At the time I started going to the Pain Center, I wasn't sleeping much. I was in so much pain that while I was very thankful to be alive, I was also wondering is this what life is now," said Joan Maurer.

For the last year, Maurer has been treated at the United Pain Center by Todd M. Hess, MD, (see pages 8-9 for profile) for pain resulting from complex regional pain disorder, fibromyalgia, migraines and arthritis in her knees, hips and other joints, triggered by the chemotherapy and radiation treatments.

"Joannie came to us with significant complex pain issues, but with her positive, hopeful outlook and our multidisciplinary approach she was able to attain and continues to



Joan Maurer

maintain a positive outcome," said Todd M. Hess, MD, United Pain Center.

At the United Pain Center, Maurer's treatment has included biofeedback sessions along with prescribed medications and injections/epidurals with the goal to prevent surgery. Biofeedback treatment involves sensors taped to the skin to monitor changes in muscle activity, skin temperature, sweat activity, heart rate and breathing patterns. Information from the sensors is processed in a state-of-the-art computer system that "feeds back" the information to the patient using a variety of visual displays and sounds. This allows the patient to watch and hear how their body is responding to stress, anxiety, pain and tension. At each session patients learn and practice breathing, relaxation and stress management

techniques that you can use at home, work or play.

"My experience at the United Pain Center has been nothing but helpful and hopeful. Dr. Hess is very knowledgeable and an expert in his field who certainly stands out as one of the best in pain management. He works with you through the constant changes and hidden surprises that pain causes in one's life. He treats everyone as if they are his only patient and you can feel he truly cares about your pain and also about you as a person. I will forever be grateful to Dr. Hess, the excellent and caring staff working with him and Dr. Kennedy for being the catalyst that led me to being seen at the Pain Center," said Maurer.

Peter J. King Family Health Center

A reception of the Peter J. King Family Health Center, where the United Family Medicine (UFM) and residency program is located, was held on May 13, 2009.

After a brief program, Peter J. King's portrait, by local artist Merry DeCourcy, was unveiled. The Peter J. King Family Foundation dedicated the building to the physicians, staff and volunteers for their commitment to serve their patients and the community.

UFM is an independent, nonprofit provider of primary health care, physician training, health promotion and outreach services.

The evening also recognized and thanked Peter J. King for his support, which will be beneficial to thousands of children and their families for the rest of their lives, as well as, the work of the UFM, which is dedicated to offering comprehensive primary health care and to train the next generation of family physicians.

Guests were given tours of the state-of-the-art building with larger, more private waiting and



check-in area, additional exam and treatment rooms, as well as on-site lab, ultrasound and x-ray facilities.

The Peter J. King Family Health Center is located at 1026 West 7th Street.



L-R: Peter J. King, Ann Frankhanel, Russell King and Steve Higgins

New Saint Paul Cancer Center offers comprehensive cancer care

United Hospital and Minnesota Oncology celebrated the grand opening of the Saint Paul Cancer Center (SPCC) on April 23, 2009. The SPCC is a joint venture of the two organizations.

“It is important for families to know that they can receive the best cancer care where they live, here in Saint Paul,” said St. Paul Mayor Chris Coleman, on hand to take part in the ribbon cutting ceremony. “The Saint Paul Cancer Center provides that quality care, bringing together the expertise of United Hospital and Minnesota Oncology Hematology, and makes Saint Paul a center for care excellence in the region.”

United Hospital and Minnesota Oncology partnered in 2006 to build the SPCC, St. Paul’s only comprehensive, integrated cancer center, meaning that essentially all the outpatient cancer care a patient might need is provided at a single location. Together with United Hospital’s surgical facilities, the new center completes a total cancer care environment.

“The comprehensive integration of services at a single location is an ideal model for cancer care,” said Dr. Timothy Sielaff, president of Allina’s Virginia Piper Cancer Institute and leader of Allina’s oncology service line.

By co-locating services and sharing technology at a single, convenient location, Minnesota Oncology and United Hospital are meeting the needs of patients and families in a cost effective way without duplicating services. Each organization will draw on their own expertise and resources to contribute to an optimal model of care for people in our community who are facing a diagnosis of cancer.



St. Paul Mayor Chris Coleman joined Allina, United Hospital and Minnesota Oncology leaders for the ribbon cutting at the Saint Paul Cancer Center grand opening. L-R: Timothy Sielaff, MD, PhD, FACS, medical director, Allina’s Virginia Piper Cancer Institute; Tomi Ryba, president, United Hospital; Thomas P. Flynn, MD, Minnesota Oncology and St. Paul Mayor Chris Coleman.

The center comprises the entire first floor of the Ritchie Medical Building, 20,000 square feet, across from United Hospital. It houses eight physicians and 46 professional and support staff.

“Our partnership with Minnesota Oncology is one more way we are living our mission to provide the communities we serve with exceptional care,” said United Hospital President Tomi Ryba. “Bringing together our two exceptional teams in one location is the right thing to do for our patients so we can make good on our promise of exceptional care.”

Service to Humanity Gala



Our 2009 Service to Humanity Honorees

The United Hospital Foundation will honor Merry DeCourcy and Todd M. Hess, MD, as the recipients of the 2009 Service to Humanity Award. This award is presented annually to a community member and physician for their selfless dedication in improving the health and welfare of Saint Paul and the surrounding communities.



Merry DeCourcy

MERRY DeCOURCY

Merry DeCourcy, well-known portrait artist and community volunteer, has been on the United Hospital Foundation Board since 2006.

DeCourcy grew up in Minneapolis and is a graduate of the University of Minnesota. She received her formal art education at the Atelier LeSeuer and the Minnesota River School of Fine Art, with an emphasis on oil portraiture. After completing her training, she was invited to join the faculty, and soon began receiving portrait commissions. Her studio is located in the historic Landmark Center in St. Paul.

DeCourcy's portrait commissions include national political leaders, members of the clergy, judges, corporate executives, civic leaders and college presidents. Her portraits and still life paintings are displayed in public and private collections throughout the Twin Cities, California, New York, and Mexico. One of her works is a portrait of John Nasseff, which is displayed in the John Nasseff Heart Hospital. DeCourcy has donated



Todd M. Hess, MD

TODD M. HESS, MD

For more than 20 years, Todd M. Hess, MD, has been a tireless advocate for patients who have chronic debilitating pain.

Dr. Hess joined United Pain Center as Medical Director in 1994. As Medical Director, Dr. Hess oversees both the outpatient clinic and inpatient pain consult service. His pain management practice includes performing interventional procedures and consultation/evaluation. He is the most sought after pain specialist among referring physicians and patients. United Pain Center, while under the direction of Dr. Hess, became the midwest's only accredited program by the American Academy of Pain Management.

Along with being Medical Director of United Pain Center, Dr. Hess has traveled to almost every state in the country and various international locations to lecture on pain management. He is a consultant on pain and medical topics to the Minnesota Attorney General's Office and to the Minnesota Board of Medical Practice. Known as a very

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MERRY DeCOURCY CONTINUED

her extensive artistic talents to numerous charities and civic organizations to assist in fundraising. She has raised significant funds for hospitals, high schools, churches and foundations throughout the Cities.

In addition to donating her talent, Merry is an active volunteer and supporter of many charitable causes including Minnesota Friends of the Orphans, Minnesota Landmarks, the Listening House and the St. Paul Police Foundation, where she served as co-chair of the Policeman's Ball.

Merry has, and continues, to take an active role in supporting United Hospital. Her activities on behalf of United include serving as co-chair of the Gala, Chair of the Gala's silent auction and a member of the Gala's planning committee. Merry is also on the board of United Family Medicine, where she continues to raise funds for community-based health care.

DeCourcy is enthusiastic in her support of the construction of a new Emergency Department at United Hospital. "This is long overdue and essential for continued excellence in the health care provided by United Hospital."

Merry is married to Michael DeCourcy and they are the proud parents of three children, Beth DeCourcy Miller, Kate DeCourcy and Mike DeCourcy, Jr. and grandparents to Michael Miller, Katie Miller and Merry Miller.

TODD M. HESS, MD, CONTINUED

strident patient advocate, Dr. Hess has been named by numerous publications as one of the top pain physicians in both Minnesota and the United States. Dr. Hess received his undergraduate degree from St. John's University in Collegeville, MN. He then attended the University Of Minnesota School of Medicine and completed a residency in anesthesiology and post-graduate work in pain management from the Mayo Graduate School of Medicine at the Mayo Clinic. Dr. Hess began his pain career at the Mayo Clinic Pain Program before joining United Pain Center.

While not working, Dr. Hess loves spending time with his life partner Lee, their two daughters, Stephanie and Rebecca, and gentle giant poodle Duke! In addition, he has a passion for athletic endeavors, historic home renovation and animal rescue. He is also an advocate for human rights groups and minority issues.

Dr. Hess has an enormous love of his work and enjoys the professional challenges presented by the most difficult of pain problems. But even more rewarding for him is being able to help his patients. Passion, compassion and humor serve as his cornerstone to being an effective physician and patient advocate.

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2009 Service to Humanity Gala Auction

This year the Service to Humanity Gala is celebrating 25 years.

One of the most successful features of the Service to Humanity Gala each year is the auction. Thanks to the dedicated gala auction committee and generous donations, we are able to offer hundreds of wonderful items through the silent auction and several big items during the live auction at each year's Gala.

Last year the auction raised \$200,000 and combined with the raffle, \$350,000 total was raised. Thank you to everyone who contributed to the 2008 auction and to the Auction Committee and all the volunteers

who made this a successful event.

We look forward to working with you again this year. The committee is hard at work to ensure that this year's Gala is even more successful than the last. They've already secured a number of great items, including trips, lodging, dining and so much more!

Your auction donations will ensure a successful and fun event. Please contact the United Hospital Foundation at 651-241-8022 to make a donation. Please use the auction donation form on page 11 or get a copy by visiting us online at www.unitedhospital.com/unitedfoundation.

2009 SERVICE TO HUMANITY GALA AUCTION COMMITTEE

David Byrd
United Hospital
Foundation

Jane Carlson
United Neurosurgery
Associates

Merry DeCourcy
United Hospital
Foundation Board of Directors

Ann Frankhanel
Community member

Song Lo Fawcett, Esq.
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Steve Tredal, MD
United Hospital

Tim Vesperman
Community member

Tom and Dawn Walrath
Community member

Jay Westwater, MD
United Hospital

*Service to Humanity Gala
Auction Donation Form*

celebrating
years

25

Service to Humanity
Gala

Service to Humanity Gala
Saturday, Sept. 26, 2009
St. Paul RiverCentre

Please complete the auction form below and return to United Hospital Foundation by **Sept. 4, 2009**. If you have any questions, please call us at 651-241-8022. You may also fax this form to 651-241-5420. Thank you.

Donor name (individual or company) _____

Contact person (if different from above) _____ Phone _____

Address _____ Fax/E-mail _____

City _____ State _____ Zip _____ Solicitor name _____

Donated items with description _____

Auction category _____ Expiration date? ☐ No ☐ Yes _____

Estimated or actual value: _____ Cash/Check donation _____

Exclusions and/or restrictions? (if travel related, vacation home or other): _____

Item for donation: ☐ Has been donated ☐ Will be donated on _____ (date)

I/we as signed below agree to donate the above item(s) or services to United Hospital Foundation, a not-for-profit and tax-exempt organization for the Service to Humanity Gala on Saturday, Sept. 26, 2009.

Donor signature _____ Date _____

Proceeds will benefit Peter J. King Emergency Care Center at United Hospital.

United Hospital Foundation
333 North Smith Avenue
St. Paul, MN 55102
651-241-8022



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Win a Mercedes-Benz GLK 350 4MATIC

Service to Humanity Gala

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PRIZE

2010 Mercedes-Benz GLK 350 4MATIC, Estimated MSRP \$47,395
Silver exterior, black leather interior, Premium package, sunroof
and wood trim, Multimedia package: with rearview camera,
voice recognition, Sport appearance package with 20" 7-spoke
alloy wheels, 16/22 MPG.

No more than 1,500 tickets to be sold.

Proceeds to benefit the Peter J. King Emergency Care Center
at United Hospital.

Drawing held Sept. 26, 2009, at the Service to Humanity
Gala at the St. Paul RiverCentre.

GET YOUR TICKETS

Tickets: 1 for \$100 or 3 for \$250
Make check payable to United Hospital Foundation
Credit cards are not accepted.

Mail to: United Hospital Foundation
333 North Smith Avenue, Saint Paul, MN 55102

Call: 651-241-8022 for tickets or more information

Visit: www.unitedhospital.com/unitedfoundation

License No.: X-35475

The winning vehicle may be slightly different than the vehicle pictured.

To reserve your tickets, please complete the following:

Check one: ☐ 3 for \$250 ☐ 1 for \$100

—— Tickets (individual) x \$100 = _____

—— Set (set of 3 tickets) x \$250 = _____

Total = _____

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

E-mail _____

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Service to Humanity Gala Pledge Card

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25

Service to Humanity
Gala

Service to Humanity Gala
Saturday, Sept. 26, 2009

Sponsorship Levels

Premier Sponsor I — \$50,000+

- Unlimited tickets and dedicated tables
- Choice seating
- Ad and dedication to honorees in program
- Significant company advertising during event
- Designed company logo in program

Premier Sponsor II — \$25,000

- 30 tickets and dedicated table
- Prime seating
- Ad and dedication to honorees in program
- Company advertising during event

Premier Sponsor III — \$10,000

- 20 tickets and dedicated table
- Select seating
- Ad and dedication to honorees in program
- Company advertising during event

Dinner Sponsor — \$5,000

- 10 tickets and dedicated table
- Ad or dedication to honorees in program
- Limited company advertising during event

Award Sponsor — \$3,500

- 10 tickets
- Logo in program



Proceeds to benefit Peter J. King Emergency Care Center at United Hospital.

Payment Options

- ☐ Check enclosed (Make checks payable to United Hospital Foundation)
☐ Credit card ☐ Visa ☐ Mastercard ☐ Discover ☐ American Express

Card number _____ Exp. date _____

Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Signature _____ Date _____

Mail to:

United Hospital Foundation

333 N. Smith Avenue

Saint Paul, MN 55102

www.unitedhospital.com/unitedfoundation

651-241-8022

U01282-1/09gala_UHF

Sponsorship

☐ \$3,500 ☐ \$5,000 ☐ \$10,000 ☐ \$25,000 ☐ \$50,000 ☐ \$50,000+

Individual Tickets

☐ Tickets @ \$195 each Total _____ *\$145 is tax deductible

Table Tickets

☐ \$1,800 table of 10

☐ Other _____
(Outright donation)

Dedication to Honoree

☐ \$100/name with message _____



UNITED HOSPITAL
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Rogers and Summit Society news

Rogers and Summit Society members contribute substantially to the improvement of patient care at the hospital. These gifts make it possible to offer exceptional patient care in many ways. Here is a list of some of the regional and national distinctions and awards that have been given to the hospital since 2006.



- Magnet Recognition
- Outstanding Achievement Award from Commission of Cancer
- STEMI heart center award
- Neuroscience center of excellence
- United Pain Center certification by American Academy of Pain Management
- Bariatric Center of Excellence by the American College of Radiology
- Certification of Neuroscience as a Primary Stroke Center
- Breast Imaging Center of Excellence
- United Hospital has been named one of the nation's 100 top cardiovascular hospitals by Evanston, Ill.-based Solucient®. The "2006 Solucient 100 Top Hospitals®: Cardiovascular Benchmarks for Success" study appears in the Nov. 6, 2006, edition of Modern Healthcare magazine.

The hospital received accreditation from the Joint Commission on Accreditation Healthcare Organizations in 2008. This is the gold standard of health care excellence for hospitals. It shows that United Hospital and its staff are more than trained and prepared to provide patients with excellent care.

Magnet Recognition was received in 2009 to honor nursing excellence at the hospital. This is the highest level of recognition granted to nursing care in our nation, with only five percent of the hospitals having such

a distinction. We are the eighth hospital in Minnesota to receive this honor. It provides objective proof of the quality of the nursing staff and the importance of these teams at United Hospital.

United patients and people in St Paul, who have the most deadly form of heart attack, are more likely to have the fastest "door to balloon" times than anywhere in the United States. When blockage in one of their coronary arteries occurs, a major heart attack follows. Quick treatment is a life and death matter for these major heart attack patients. Restoring blood flow to the heart within ninety minutes using a balloon (angioplasty) is needed to achieve a successful outcome. This quick and effective treatment is the standard at the Nasseff Heart Center.

The Nasseff Neuroscience Center was certified as a Primary Stroke Center by the Joint American Commission of Hospital Accreditation Organization. Generally, strokes must be treated as soon as possible and within six hours of onset to provide the patient with the best outcome. Our stroke team is dedicated to providing treatment as soon as possible and so it works closely with the medical transportation and emergency departments. The program at United provides comprehensive, evidenced-based care for stroke survivors and their families. The Nasseff Neuroscience Center also received the Neuroscience Center for Excellence award.

These achievements reflect the value that Summit and Rogers donors help to create with their generosity to United Hospital.

Thank you for your support of the hospital through the foundation these past 25 years.

Meet the Experts presentations focus on diabetes and pain management

This past May, there was standing room only, as Victor Corbett, MD, presented on diabetes management and diabetic health care trends happening in the country. Dr. Corbett is a recognized expert in the field of endocrinology and has been in practice for 35 years.

Dr. Corbett noted two important trends:

- Nearly 24 million people in the U.S. (7.8 percent of the population) have diabetes, but nearly 25 percent have not been diagnosed.
- If current trends continue, one in three Americans will develop diabetes during their lifetime, and those with diabetes will lose an average of 10 to 15 years of life.

Earlier in the year, Todd M. Hess, MD, Medical Director of United Pain Center, presented on pain and pain management. This excerpt, from a National Institute of Health update, summarizes many of the points he made at that time.

(12/8/05 National Institute of Health-An Update of NIH Pain Research)

"More than 50 million Americans

experience chronic pain and more than half of dying patients experience moderate to severe pain during the last days of their life. Pain is a frequent cause for clinical visits, with approximately 45 percent of the population seeking medical help for pain at some point in their lives. Pain occurs across the lifespan, and it has been estimated that four out of every 10 people with moderate to severe pain do not get adequate relief.

Unlike the short-term, acute pain that people feel when they cut or burn themselves, chronic pain is widely believed to represent a disease itself, causing long-term detrimental changes in the nervous system. It does manifest, however, with many other physiologic and psychosocial disorders, including depression and anxiety, increasing the disability and the impairment of these conditions. Pain interferes with sleep, activities for daily living, and productivity. Chronic pain conditions are an enormous burden on health care resources."

The next Meet the Experts talk will be offered in mid August by Jay Westwater, MD, Medical Director for the Emergency Department.

The date and topic will be made available soon.

New Alumni Club president

Catheryne H. Turner was recently elected, by unanimous vote, President of the Alumni Club at the group meeting on May 19, 2009.

She will lead the group in that role for 2009. Turner, along with some other group members, will work on the gala by soliciting silent auction gifts. Other members will volunteer to help on the night of the gala.

One Alumni Club member, Eleanor Waldrup, will attend as a volunteer greeter

at the 25th anniversary of the Gala on September 26, 2009. It will be her 25th year as a volunteer at the event. She is one of the few people who have helped every year of the gala's long and successful history! Thank you, Eleanor!

For information about Alumni Club membership or volunteer jobs at the Service to Humanity Gala, please contact Phil Sutherland at phil.sutherland@allina.com or 651-241-8026.



Catheryne H. Turner
Alumni Club President

United Hospital achieves Magnet status

United Hospital has been honored with The American Nurses Credentialing Center MAGNET® Recognition Program status, making it one of fewer than five percent of all U.S. hospitals and one of just eight in Minnesota that have been designated a MAGNET facility. The award is the highest level of recognition from the American Nurses Credentialing Center (ANCC) and is valid for four years.

“We are very proud of our nurses and this honor is recognition of the high standard to which they hold themselves,” said Jeff Wicklander, United Hospital vice president for Patient Care. “It recognizes the excellence of the work our nurses do each day and reflects the commitment of our entire staff to serve as a team, providing the highest quality care possible for the people of our community.”

The MAGNET Recognition Program, established by the ANCC, recognizes health care organizations that demonstrate excellence in nursing practice and adherence to national standards for the organization and delivery of nursing services. According to the ANCC, health care consumers have more confidence in the overall quality of a hospital if it has achieved the level of excellence established by the MAGNET Recognition Program.

MAGNET designated facilities consistently outperform other facilities in recruiting and retaining nurses resulting in increased stability in patient care and patient satisfaction. Because quality nursing is one of the most important factors in enlisting high caliber physicians and specialists, MAGNET status becomes an attractive force that extends to the entire facility.

“This has been an arduous but rewarding journey as we examined every facet of care



United Nursing celebrates announcement of achieving Magnet status.
L-R: Susan Loushin, MA, RN, Professional Development Specialist Practice; Julie Sabo, RN, MN, Director Practice and Education and Jeff Wicklander, RN, vice president, Patient Care

we deliver at United,” Tomi Ryba, United Hospital president, said. “The result is a demonstration to our patients, employees, physicians, volunteers, community members, and current and future nurses of our commitment to quality.”

During the rigorous review process required to achieve MAGNET status, a hospital must document that it is committed to sustaining nursing excellence, improving professional practice and transforming the culture of a work environment. United Hospital submitted a 1,700-plus-page document and the review process concluded with a four day site visit in January. During the site visit, a team of appraisers from the ANCC observed nursing practice in action, making certain that day-to-day performance measured up to the standards set by the ANCC.

In Memoriam: Larry Bentson, United Hospital philanthropist

Larry Bentson, chairman of the board of Midcontinent Communications, broadcast and cable industry pioneer and local philanthropist, died on April 12, 2009. He was 87.

Bentson's more than 70-year career in the broadcasting, entertainment and communications industries began at the age of 12 when he starred in a children's show broadcast on Twin Cities radio. After serving in the Navy during World War II, Bentson returned to the Twin Cities and built WMIN-TV (Channel 11). He also became one of the founding partners of what is now known as Midcontinent Media, which established television stations, operated radio stations and acquired cable television systems throughout the upper midwest.

Bentson received the Ward L. Quaal Broadcast Pioneer Award from the Broadcasters Foundation of America last year. He was also inducted as an inaugural member of the Museum of Broadcasting Hall of Fame in 2001.

Along with his professional achievements, Bentson was also a pioneer in his commitment to the health and well being of the Twin Cities community through his philanthropic efforts.

"Larry was one of the most gracious donors I have ever worked with and he realized the importance for public support of the health care system. Whenever United Hospital identified a priority need, Larry was one of the first people the United Hospital Foundation would seek out for opinion and support on the matter. Larry will be remembered as a very generous, genuine and caring person and United Hospital and this community will



Larry and Barbara Bentson

miss him very much," said Duke Adamski, president, United Hospital Foundation.

Bentson's support of United Hospital helped develop the Jesse E. Edwards Registry of Cardiovascular Disease, Nasseff Heart Center and Nasseff Neuroscience Center. Additionally, the Bentson Family Conference Room, in the hospital's main lobby, provides a meeting space for care support groups, professional education programs and the United Command Center, which coordinates communication and activities when on-site emergency management is needed.

Bentson's other philanthropic efforts include involvement with the Walker Art Center, Mount Zion Temple and the Pavlek Museum of Broadcasting.

Planned giving benefits you and United Hospital



Richard J. Olson, director of Gift Planning, United Hospital Foundation

Arranging a planned gift for the benefit of United Hospital supports the future of the hospital and can provide financial benefits to you and your family.

Setting up a planned gift is easy and Development professionals at the United Hospital Foundation can help tailor a plan to meet your specific financial and philanthropic needs. Planned gifts allow you to make a lasting difference at United Hospital Foundation while meeting your financial and philanthropic goals.

Through the generosity of many loyal donors, United Hospital attains the highest level of medical technology and physician-patient service. Arranging a planned gift supports the future of this beloved institution.

From naming the United Hospital Foundation as a beneficiary in your will, or as a recipient of a portion of your Retirement Account; to more complex trust arrangements, there are numerous

opportunities to include United Hospital in your future plans.

If you're not sure how the United Hospital Foundation's gift plans can meet your financial goals, log on to www.unitedhospital.com and click on Foundation on the left side of the page. Each option you select leads to more choices "what to give", "ways to give" and to better understand your tax savings by making a charitable estate gift use the "gift calculator".

If you are already considering certain giving options, or you want to learn more about one of these strategies, please call Richard J. Olson at 612-262-6063 or e-mail at Richard.Olson@allina.com.

Thank you again for your past support. Have a wonderful summer with family and friends and we look forward to hearing from you in 2009.

Trustee of the Year: Victor A. Corbett, MD

The United Hospital Foundation is proud to announce the 2009 Trustee of the Year award recipient is Victor A. Corbett, MD. Dr. Corbett received the award at the May 28 United Hospital Foundation Annual Meeting. The award is given in recognition of a board member's dedicated leadership and service to the mission of United Hospital and to the communities it serves.

Dr. Corbett began his medical practice in St. Paul in 1974, after completing a residency in internal medicine and a fellowship in endocrinology and metabolism at the the Univeristy of Minnesota/Veterans Administration hospital system. For 21 years, he was in private practice with Drs. Daly, Corbett, Ogden and Abid. The group joined the Allina Medical System in 1995.

Dr. Corbett has served on the boards for both the Minnesota Chapter of the American Diabetes Association (ADA) and the Twin Cities Affiliate of the ADA. In 1981, Corbett and I. Barrada, MD, started the first clinic

for the care of pregnant women who have diabetes at United Hospital. In 1995, Dr. Corbett was asked by United Hospital and HealthEast to be the co-director-along with L. Peterson, MD, of the East Metro Diabetes Initiative.

At United Hospital, he has served on the executive committee of the United Hospital Board of Trustees, Board of Allina Medical Clinics and chaired the Department of Medicine for nine years. He currently chairs the Medical Staff Education and Research Committee and serves on the United Hospital Foundation Board.

In 2003, Dr. Corbett was the recipient of the Minnesota ADA Health Award. In 2006, Dr. Corbett received the Service to Humanity award.

Dr. Corbett is a member of the Minnesota Medical Association, the American College of Physicians, the ADA and the Endocrine Society.



Victor A. Corbett, MD, the 2009 United Hospital Foundation Trustee of the Year.



Award presented to Victor A. Corbett, MD by Tomi Ryba, president, United Hospital and Jim Kowalski, Chair, United Hospital Foundation Board.

Meet the Board: Nancy Rosenberg and Russell King

Nancy Rosenberg is an owner of Big Top Liquors, a more than 25-year old family owned business with six locations throughout the Twin Cities metro area. At Big Top Liquors, she is involved in the company's general operations, marketing efforts and special events. Rosenberg joined the United Hospital Foundation board of directors in 2006.

"For our family, community support and involvement has not been just an area of interest, but more of a priority. For several years, my father and uncle served on the United Hospital Foundation board of directors. My father was still an active member of the board when I joined and it was a great opportunity to serve in this capacity alongside him since he has really been my mentor in being active in the community," said Rosenberg.

During her time on the board, Rosenberg has co-chaired the 2007 Gala and is also involved in acquisitions and fundraising. Construction of the new Peter J. King Emergency Care Center at United Hospital is particularly important for Rosenberg.

"My roots are in St. Paul. I grew up and lived there most of my life, so it's extremely important to me that we have the highest of quality care for the east metro communities. The new Emergency Department that's now being built plays a critical role in ensuring that United Hospital remains on the forefront of emergency care and continues the excellent care the community has to come expect from it," said Rosenberg.

As an alumni of the University of Minnesota, Rosenberg also serves on the Boards of the Weisman Art Museum and the Friends of Eastcliff (the university president's home).



Nancy Rosenberg

She is also a founding member of the Minnesota chapter of Women's Presidents Organization. Big Top Liquors also contributes 10 percent of their annual business income to several non-profit and charitable organizations benefiting various efforts including health-related and social services causes, schools and disaster relief.

Russell King is the Executive Vice President of King Capital Corporation, which provides leasing and financing services and also funds the Peter J. King Family Foundation. He serves as President of the Peter J. King Family Foundation. King joined the United Hospital Foundation board in 2009. While he is one of the board's newest members, he is already familiar with United Hospital and the communities it serves.

"Having grown up in the east metro and with my father's company originally based in St. Paul, we consider ourselves an east metro family. As a result, we are very familiar with the West Seventh community, especially through the ongoing activities of the Peter J. King Family Foundation," said Russell King.

King first became familiar with United Hospital when discussions began about the now Peter J. Family Health Center, which houses United Family Medicine and residency program.

"In our foundation's work, we always seem to come back to the West Seventh community and its needs. With United Family Medicine, it really fit our foundation's mission perfectly. We are committed to supporting bricks and mortar projects that will help children and families improve their education and health. Through our involvement with United Hospital, United Family Medicine and United Hospital Foundation, we have found their leadership to be exceptional. We are very impressed with the management of these organizations and that is very important to us," said King.



Russell King

With their lead gift to United Hospital's Emergency Department expansion, construction of the new Peter J. King Emergency Care Center is well underway. When completed, it will provide patient and customer service-focused care that includes technological advancements, enhanced efficiencies and emergency preparedness capabilities in effort to reduce anxiety and foster patient and family healing.

King also serves on the Salvation Army Twin Cities Advisory Board. He has been on the board for ten years including four years served as Chairman. He is also active in his family's church, school and other activities.

United Hospital Foundation's Honoring program offers a distinctive and meaningful way to remember, honor, pay tribute or recognize those important people in your life. By giving in remembrance, you offer a gift of lasting memory.

United Hospital's continued strength results in large measure from the support received from generous individuals like you. The financial commitment of our community members enables United Hospital Foundation to invest in important projects at United – supporting the best in quality health care for our patients while meeting the needs of our donors. The following are memorial/tribute gifts received from March through May 2009.

In memory of

Robert Roman Adam
Betty Adam

Kathryn Anderson
Stacy Sargent

Ronald Beitel
Mrs. Anna M. Petersen

Larry Bentson
Jeffrey S. DeMond and Helene R. Sullivan
Margie Edwards
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2009 United Hospital Donor Tributes March through May



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United Hospital Medical Staff

Mary Sigmond
United Hospital Medical Staff

Milton G. Smith
Robert H. Chandler

Annette Spatz
Phyllis H. Serota

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Josie King and Bob Tweedy

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In honor of

Richard Wolman, MD
Virginia Ruth Fram

Get well wishes

David Rinkey
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In celebration of birthday

Fred Hirsekorn
Virginia Ruth Fram

Barbara Hirsekorn
Virginia Ruth Fram

Helene Houle
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Nancy and Marc Rosenberg

Kath Kegan
Barry and Jan Godes

Bess Kirschbaum
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Susan Yellin
Your Birthday Group

Thank you

Drs. Timothy Cooley and Marilyn Novich
Mike and Candy Malinoff

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Ms. Leslie Novich
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Department Staff**
Mr. and Mrs. John Santos

**United Hospital
Oncology Hematology
Department Staff**
Mr. and Mrs. John Santos

To make a gift, fill out the enclosed honoring envelope and return with your donation to the United Hospital Foundation. Thank you.



United Hospital Foundation Funds

BHS FUND

This fund helps support the Geriatric Psychiatry unit, in addition to the other behavioral health service units.

BIRTH CENTER

This fund provides resources for programs and equipment for one of the state's busiest birth centers.

CAL CALMENSON PULMONARY & CARDIAC EDUCATION FUND

The fund provides for pulmonary and cardiac education for patients and staff at United Hospital.

JESSE E. EDWARDS ENDOWMENT FUND

This cataloged collection of nearly 23,000 human hearts and 85,000 photographic slides provides a unique learning and working opportunity for local, national and international physicians, which benefits every person with the potential for heart disease. The endowment fund keeps the registry here at United.

HEART UNITED FUND

Cardiac specialty hospital located in United Hospital, centralizing all cardiac services in one location.

ELAINE S. AND ROBERT E. LARSON ENDOWMENT

This fund supports the designation of a medical director position of the Stroke Intervention Center within the Nasseff Neuroscience

Institute which already has the components for a stroke center of excellence in place which includes experienced staff, interventional radiological treatments, rehabilitation services, screenings, prevention and risk-reduction programs.

LIPSCHULTZ GUEST APARTMENTS ENDOWMENT FUND

The apartments offer a place for families to stay when a loved one is hospitalized.

This fund helps subsidize guests who can't afford to pay for the service.

MEDICAL EDUCATION AND RESEARCH ENDOWMENT FUND

This resource is funded entirely by physicians and provides grants for clinical research, educational opportunities and the purchase of ancillary equipment.

MEDICINE FUND

This fund helps support the Medicine Service units and is used for equipment, patient resources and staff education.

MILTON M. HURWITZ EXERCARE FITNESS CENTER FUND

The Milton M. Hurwitz ExerCare Fitness Center provides medically safe and effective exercise and education programs to patients, their families and the community.

NEUROSCIENCE UNITED FUND

The John Nasseff Neuroscience Institute offers comprehensive services, including a multidisciplinary team for acute and long-term care, and serves as a research and education center to patients with neurological disorders.

PAIN CENTER FUND

United Pain Center is a United Hospital-based outpatient clinic. The Pain Center provides comprehensive services using a multidisciplinary approach for individuals experiencing chronic pain. The staff team works together with patients to reduce their pain and improve the level at which they function.

PETER J. KING EMERGENCY CARE CENTER AT UNITED HOSPITAL FUND

United's Emergency Department, one of the busiest in the Twin Cities, is being expanded to continue to meet the needs of our community as we respond to life-threatening injuries and illness, as well as the possibilities of terrorist threats, large-scale natural disasters and worldwide epidemics.

PETER J. KING FAMILY HEALTH CENTER FUND

Starting with support serving patients of all ages and focus on providing increased access to those without adequate insurance or the uninsured.

ADDITIONAL FUNDS

Jim Adamski Complementary Therapy Fund

Breastfeeding Resource Center

Cancer Care and Research Fund

Cardiology Research Fund

Cardiovascular Health Improvement Fund

Center for Caring

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Volunteer Fund

To make a donation to any United Hospital Fund, please call the United Hospital Foundation at 651-241-8022 or visit us online to learn more about planned giving at www.unitedhospital/unitedfoundation.

The Heritage Society

UNITED HOSPITAL FOUNDATION

The Heritage Society is our way of acknowledging donors who make the Foundation part of their estate plan or who provide perpetual support of our hospital through the creation of an endowment fund. These generous individuals are shapers of the future, making their mark with gifts that will benefit generations to come. An estate gift is so much more than a donation. It is a charitable act that provides a steady stream of support that allows the Foundation to respond to changing needs – forever.

To become a member of the Heritage Society, all you need to do is inform us of the provision you have made for the Foundation in your will or trust. The amount can vary and does not have to be disclosed. You may remain anonymous if you wish.

For more information, please contact Richard Olson, Director of Gift Planning, by phone at 612-262-6063, or via e-mail at Richard.Olson@Allina.com. Confidential consultation on charitable giving with Foundation staff or other experts is available.

We recognize and thank the following members of the Heritage Society:

Duke Adamski	Dan Foley, M.D.	Evelyn B. Johnson	Dean K. Murray
Darcy Andahl	Milton Frogner	David B. and Julie A. Jones	John Nasseff
Gudfinna Angevine	Virda Frogner	Ione N. Kadden	Peter L. Navtzeny
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The United Hospital Foundation has been addressing the charitable needs of the Saint Paul community for many years. We have become a trusted partner for generations of families, and the Heritage Society honors many generous donors.

If your name is not listed here and you have included the United Hospital Foundation in your estate plans, please notify the Foundation, allowing us to recognize the generosity of your personal commitment.

The Heritage Society continued

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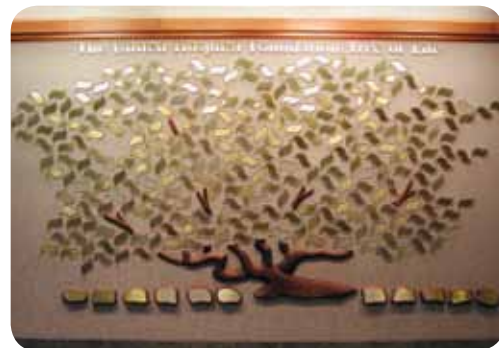
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10 of our donors would
like to remain anonymous



United Hospital's community benefit program goes beyond the bedside

Community benefit is a planned, coordinated and measured organizational approach to identify and respond to the health needs of our community.

United and Allina collaborate with community-based organizations by forming Community Health Advisory Councils (CHACs) to help drive its community benefit work. Our local CHACs are comprised of community representatives who work together

to identify, plan, implement and evaluate programs and activities that improve the health of the people in our communities.

Allina's total 2008 investment was nearly \$404 million, which is approximately 15 percent of Allina's total operating expense. United Hospital has contributed nearly \$71.4 million to benefit the health of the community.



Employee & Community Giving Campaign

At United Hospital, we are committed to improving the health of the communities we serve. Through this unique and powerful employee-driven campaign employees improve patient care, give back to our community and help those in need.

Throughout the course of the fall campaign, employees will be invited to participate in several fundraising activities which will increase awareness and bring enthusiasm while raising money for the Peter J. King Emergency Care Center at United Hospital,

Employee Fund and J.A. Wedum Residential Hospice.

The success of the campaign reflects both the concern and compassion our employees have and their participation makes our communities a better place in which to live, work and provide care.



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Cindy Early
Special Events Officer

Phil Sutherland
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David Byrd
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The United Hospital Foundation exists to enhance the health of United Hospital patients and the wellness of the community we serve.

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