

# 2010 Summer Foundation News



Paul Verret, Trustee of the Year



Emergency Care Center  
Tree Topping Ceremony



John Nasseff and Helene Houle,  
United Hospital Benefactors



Mercedes-Benz GLK 350 4-MATIC  
Car Raffle



## SERVICE TO HUMANITY 2010 HONOREES

Physician  
Richard D. Shank, MD  
&  
Community Member  
Jim Kowalski

## HIGHLIGHTS

President's Letter

2010 Trustee of the Year

Peter J. King Emergency Care Center Update

Service Profiles: Stroke and Cancer Care

2010 Service to Humanity Honorees

Health Care Reform

MINNESOTA'S LEADER IN PATIENT CARE, SERVICE & TECHNOLOGY



UNITED HOSPITAL  
FOUNDATION

# President's Letter

Throughout the past several months, United Hospital has been navigating through an unprecedented time in which federal health reform and local health care programs seem to be ever-changing. At the same time, economic uncertainty is affecting many of our community members, which has added to the complexity of this time.

Yes, it has been a challenging time. However, it has also provided additional insight on how to better care and support our patients, their families and the overall community we serve. One major insight has been that we can “care” for our patients and community by helping them understand these times and how the organization operates. Our hope is these efforts help to make it a less overwhelming or confusing time.

## Understanding Federal Health Reform

Many of our patients and community residents have questions about what this new law will do and how it will affect their care. Allina has made general information about Federal Health Reform easily accessible on our Web site. Be sure to check out the article on page five to learn how to access this information.

## Building expansions during uncertain economic times

The Peter J. King Emergency Care Center is in its final year of construction. This will be a state-of-the-art facility with regard to both the physical space and health care delivery. While the need for a new Emergency Department is recognized, it may be more difficult to understand how a large building project can occur during these economic times.

United Hospital is a not-for-profit organization and does not make a “profit” in the traditional sense. Any money that remains after expenses are paid is our “operating margin” — funds that are re-invested into the hospital for maintenance, equipment, technology and other improvements and services. The Peter J. King Emergency Care Center has been funded by allocated operating margin and even more importantly, by generous philanthropic gifts from Peter J. King and other numerous donors.

I wanted to share this to assure you that United Hospital and the United Hospital Foundation have always been and remain good stewards of the philanthropic support we receive from our community. Thank you again for your continued support of United Hospital. You truly make a difference.

At your service,



Tomi Ryba  
President of United Hospital and  
Executive Vice President of Allina Hospitals & Clinics



Tomi Ryba, president,  
United Hospital

# 2010 TRUSTEE OF THE YEAR: Paul Verret

The United Hospital Foundation is proud to announce the 2010 Trustee of the Year award recipient: Paul Verret. Verret received the award at the May 19 United Hospital Foundation Annual Meeting. The award is given in recognition of a board member's dedicated leadership and service to the mission of United Hospital and to the communities it serves.

Verret is president emeritus of The Saint Paul Foundation. As president emeritus, he works with the Mardag Foundation and the F.R. Bigelow Foundation and also serves as an advisor to the Katherine B. Anderson Fund. Verret joined the United Hospital Foundation Board in 2004.



L-R: Jim Kowalski, chair, United Hospital Foundation Board of Directors; Paul Verret and Duke Adamski, president, United Hospital Foundation.

“Hospitals are an essential element in my vision of the world because they provide a basic community need, and I’ve always been intrigued by how hospitals are supported by their communities. It’s important to me, as a patient and community member, to understand not only how hospitals work, but also to do what I can to help them,” said Verret.

During his time on the United Hospital Foundation board, Verret has been involved in planning and securing funding for the Peter J. King Emergency Care Center and support of the Service to Humanity Gala. In addition to his work on the Foundation, Verret’s contributions to the east metro community have been far reaching as he served as president of The Saint Paul Foundation for 28 years.

The Saint Paul Foundation is the community foundation for Saint Paul and surrounding areas and the largest community foundation in Minnesota. It works to connect and support donors, nonprofits and partners to enrich lives and communities through philanthropy.

During his tenure, Verret worked in partnership with a broad spectrum of organizations to revitalize the community starting with the Mississippi riverfront, developed nationally recognized programs in adult and children’s literacy, and created strong neighborhoods throughout Saint Paul including the Phalen Corridor Initiative.

The Foundation also shaped some of the East Metro’s most important community grant initiatives, including the Community Sharing Fund, the Diversity Endowment Funds and the Words Work! children’s literacy program.

Along with United Hospital Foundation, Verret also serves on the boards of the Minnesota and Ramsey County historical societies, Children’s Home Society & Family Services and the Saint Paul Riverfront Corporation.

# Transforming Emergency Care

**PETER J. KING EMERGENCY CARE CENTER AT UNITED HOSPITAL IN FINAL YEAR OF CONSTRUCTION — SCHEDULED TO OPEN IN APRIL 2011.**



Top: United Hospital celebrated the Emergency Care Center expansion with a "Tree Topping" ceremony to mark the accomplishments achieved thus far in construction. A tree topping ceremony can be traced to an ancient Scandinavian practice of placing a tree on the top of a new building to honor/appease tree-dwelling spirits.

Bottom three pictures: Architect's renderings of the inside of the new Peter J. King Emergency Care Center.

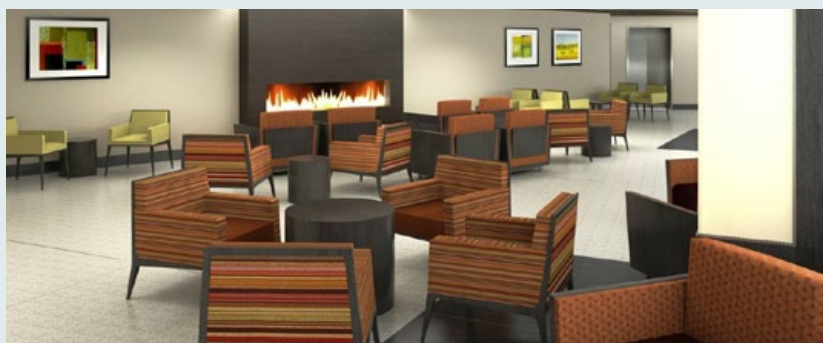


The Peter J. King Emergency Care Center at United Hospital is now in its final year of construction, and while the building changes may be the most visible, some of the most critical work is being done inside and focuses on transforming the delivery of emergency care.

"From the beginning, building the Peter J. King Emergency Care Center has been about much more than merely creating a new facility. It is about establishing a facility that is patient-centered and customer-service focused in its delivery of emergency care. To help with this transformation, we've discovered that partnering with colleagues and other outside resources allows for optimal support for staff and overall success," said Deb Raptis, RN, CEN, director, Emergency Department.

United Hospital recently partnered with the Studer Group, an international outcomes-based health care consulting firm, to assist with the customer service aspect in delivering care. The on-site consultation and work focuses on patient rounding and follow-up discharge calls with patients, among other efforts. The Studer Group started its work with United Hospital's ED in June and will last until winter 2011. The Studer Group partnership was partially funded by the United Hospital Foundation.

The Peter J. King Emergency Care Center at United Hospital is scheduled to open late spring 2011. Live shots from the construction cam can be viewed by visiting the link posted on [unitedhospital.com](http://unitedhospital.com).



# Help Understanding Federal Health Reform Available

Need help understanding the new Federal Health Reform law? Well, you're not alone. This legislation is more than 2,000 pages and filled with new benefits, rules, penalties and projects, spread out over 10 years.

Many patients and residents of the communities we serve have been asking questions about what this new law will do and how it will affect their care.

To help provide clarity for patients, Allina Hospitals & Clinics provides on its Web site a summary of some of the most frequently asked questions you may have about this new law as it relates to your care at any Allina hospital, clinic or specialty care service. Some of the questions that are answered on this site include:

- What exactly will the Federal Health Reform law do?
- How will the new Federal Health Reform law affect Medicare patients?
- How will health reform affect patients with private insurance?
- How will health reform affect patients without health insurance?

In addition, the site also features links to other resources and more information about the new legislation. The page will be updated as new information becomes available and Allina begins to implement provisions of the law that relate to patients.

Visit [unitedhospital.com](http://unitedhospital.com) to access the "Understanding Federal Health Reform" page.



## Health Care Reform 101

Want to have a better understanding of the new health care reform legislation? Come to our presentation on Nov. 18, 2010, by Megan Cox, director of government relations at Allina Hospitals & Clinics. Reservations are required. To RSVP, please call United Hospital Foundation at 651-241-8022.

## PATIENT STORY:

# An Artful Recovery from Stroke



"Nikon" is one of the first artistic efforts by Frank Hoffman after experiencing his stroke.

Painting and drawing have always been Frank Hoffman's means of intellectual and artistic expression. After suffering a stroke, he now includes his artwork as a means of therapy.

Strokes occur when blood flow to the brain is interrupted or stopped. It can be caused by a rupture of a blood vessel or, in most cases, blockage from a blood clot. When this happens, nerve cells in the brain do not get the oxygen and nutrients they need. These nerve cells can become damaged or die within minutes. Movement, speech, memory and other activities can be affected. If the damage is too severe, death can result.

According to the Center for Disease Control and Prevention, stroke is the third leading cause of death in the United States. They estimate that 795,000 people in the United States will have a stroke and about 137,000 Americans die of stroke every year.

The good news is that the faster treatment for stroke is begun, the better the result.

"Successful stroke treatment can be extremely time sensitive," said Paul Schanfield, MD, stroke director at United Hospital and



a neurologist with Neurological Associates of St. Paul. “You cannot restore the tissue once cell death occurs, but rapid reestablishment of blood flow leads to recovery of injured and threatened brain cells. The clock is ticking and the sooner the treatment is started, the better.”

Hoffman had his stroke on Nov. 14, 2009. He, his wife, Lolly, and daughter were attending a party in St. Paul; a party that happened to be across the street from a fire department. He was sitting next to his wife when he realized that something wasn’t right. Lolly Hoffman soon realized something was wrong, too, but many saw his attempt to leave the party as the staggering of someone who has had too much to drink.

“My wife said, ‘he’s not drunk, something is wrong,’ ” said Hoffman. Their daughter ran across the street to the fire department. Hoffman was quickly taken by ambulance to United Hospital.

Because Hoffman was in St. Paul and being taken to United by a St. Paul emergency medical team, his diagnosis began immediately. Emergency medical staff are trained to recognize the signs and symptoms of stroke and to activate United’s stroke team.

THE UNITED HOSPITAL FOUNDATION HELPS FUND STROKE TREATMENT AND CARE THROUGH THE ELAINE S. AND ROBERT E. LARSON ENDOWMENT AND THE NEUROSCIENCE UNITED FUND. FOR MORE INFORMATION OR TO DONATE, PLEASE CONTACT THE FOUNDATION AT 651-241-8022 OR AT [UNITEDHOSPITAL.COM/UNITEDFOUNDATION](http://UNITEDHOSPITAL.COM/UNITEDFOUNDATION).

United is recognized by the Joint Commission as a Primary Stroke Center. One of the elements of a Primary Stroke Center is a stroke team that can quickly evaluate patients and begin treatment. A CT scan revealed that Hoffman had a blocked blood vessel in the left side of his brain. He was given an IV of clot dissolving medication that quickly reopened the blood vessel.

“Frank was lucky. Timing is critical in treating stroke. His diagnosis was quickly made and treatment started,” said Schanfield. “The problem we have is that people are not coming in to the hospital soon enough for treatment when they have had a stroke.”

Hoffman agrees with his doctor.

“My short-term memory isn’t what it used to be,” said Hoffman. “But I feel good, I’m continuing to improve.” And he’s drawing and painting again, activities his physical therapists encourage to help him recover.

# United Hospital



Recognizing  
Excellence

## Stroke Care: Top 10% in the nation

Strokes occur when blood and oxygen flow to the brain are interrupted. The earlier both can be restored, the greater chance for less brain damage.

United Hospital's designation as a Primary Stroke Center signifies our commitment to early diagnosis, treatment and rehabilitation leading to a more successful recovery.

Make a donation to one of these funds to support stroke care  
**Elaine S. and Robert E. Larson Endowment • Neuroscience United Fund**

651-241-8022  
[unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation)

# Services Profile: Neuroscience

The Nasseff Neuroscience Center is renowned for the diagnosis and treatment of neurological disorders. It integrates care by bringing together an experienced team of skilled physicians, nurses and other health care professionals throughout United Hospital. The team uses the most up-to-date diagnostic technology, including 3T MRI, magnetic source imaging and magnetoencephalography, neurointerventional biplane and neurosurgery suites with intraoperative MRI. The Nasseff Neuroscience Center offers interventional neuroradiology and advanced neurosurgery.



- The **Brain Tumor Center** uses a multidisciplinary team approach featuring sophisticated technology and access to current clinical trials to provide customized surgical, medical and radiation treatment for brain and central nervous system tumors.
- The **Epilepsy Center** is led by the Minnesota Epilepsy Group, PA, an internationally recognized leader in comprehensive epilepsy diagnosis, treatment and research. The center uses advanced medical and surgical technologies to develop an individualized plan for each patient.
- The **Spine Center** brings together highly skilled neurosurgeons, orthopedic surgeons, physiatrists and pain specialists together with other members of the health care team to provide comprehensive care for all aspects of spinal disorders.
- The **Stroke Center** treats the full range of neurovascular events at every stage of care; beginning in the emergency department to acute care to rehabilitation. The Stroke Center at United Hospital is certified by the Joint Commission as a Primary Stroke Center. Stroke Care at United is in the top 10 percent in the nation.
- The **Pain Center** provides comprehensive services for people with chronic pain. Services include injection therapies, consultative evaluation and medication management along with psychological support. The Pain Center is the only Minnesota program accredited by the American Academy of Pain Management.
- The **Neurorestoration Center** provides a wide array of integrative, neurorestorative, therapeutic programs. Restoration of neurological function and quality of life is achieved through advanced neuromodulation techniques, such as deep brain stimulation.

## ELAINE S. AND ROBERT E. LARSON ENDOWMENT FUND

This fund supports the designation of a medical director position of the Stroke Intervention Center within the Nasseff Neuroscience Center.

# Meet the 2010 Service

## **JIM KOWALSKI COMMUNITY MEMBER HONOREE**



Jim Kowalski knows groceries. Over the years, Kowalski has built a legacy in the Twin Cities grocery landscape. He began working at a Snyder Drug Store in 1964, which was later purchased by Red Owl Company. More than 40 years after his first grocery gig, Kowalski now co-owns, with his wife Mary Anne, nine Kowalski's Markets, a Cub Foods, a central bakery and transportation facility, and has minority ownership in three other Cub Foods stores.

After spending time working for the Red Owl Company, Kowalski opened his first solo venture, Kowalski's Market, in 1983 with a little cash and a big dream. Since then, Kowalski has been awarded many honors for his business acumen, most notably Minnesota Grocer of the Year for his innovation in the grocery business.

Throughout, he has maintained a personal approach to business that keeps him intricately involved in the daily workings of the markets. On any given day you can find him meeting with local growers, overseeing the salmon harvest in Alaska for his stores or chatting with customers about what's important in their lives.

Outside of his grocery empire, Kowalski strongly believes in supporting the community he serves. He is committed to civic business, which keeps him active in the organizations about which he is passionate. He is a board member of United Hospital Foundation & the Hazelden Foundation.

He and his wife, Mary Anne, have been married for 46 years and have one daughter, Kris Kowalski Christiansen, who serves as chief operating officer.

# to Humanity Honorees

## **RICHARD D. SHANK, MD** **PHYSICIAN HONOREE**

Richard D. Shank, MD, obtained his medical degree from the University of Minnesota, where he was elected to the Alpha Omega Alpha Honor Medical Society. He was awarded a postdoctoral research fellowship in the University's Department of Anatomy and completed an internal medicine residency at Hennepin County Medical Center, where he was chief medical resident in 1977. He joined United's Medical Staff at the old Miller Hospital in 1978.

At United, Shank has served as chair of the department of medicine, chair of the Pharmacy and Therapeutics Committee, secretary-treasurer of the medical staff, vice chief of staff, chief of staff, and chair of the Credentials Committee. Since 1996 he has served as United's medical director of medicine services and in 2002 transitioned from his clinic practice to full-time work as a hospitalist at United. He received two United Hospital President's Awards in 2008 and the Allina's Uncommon Caring Award in 2009. As chair of the Diabetes Management Team, he championed a team effort culminating this year in United Hospital becoming one of the first 10 hospitals nationwide to be awarded the certificate of distinction in inpatient diabetes care by The Joint Commission and the American Diabetes Association.

He and his wife, Barbara, have been married for 40 years and have two children, Kate and Dan. Barbara is a professor and founding dean of the School of Social Work at the University of St. Thomas and St. Catherine University.

Shank's outside interests include volunteer work with the Boy Scouts of America (BSA) and community organizations. He is a member of the President's Council of the BSA Northern Star Council and has led canoe trip training programs for nearly a thousand youth and adults for that organization over the past 10 years. He has served on the advisory committee of the Northern Tier National High Adventure Bases, BSA, since 1984 and serves also as medical consultant to Northern Tier. He is a director of the Sommers Alumni Association, affiliated with Northern Tier.



# Service to Humanity Gala

**Join us on September 25 for one of the largest events in Saint Paul. The Service to Humanity Gala brings more than 1,500 people together at the St. Paul RiverCentre every September.**

This fabulous evening includes a signature martini reception, silent auction, gourmet dinner, live auction, car raffle, awards ceremony and dancing to music by the legendary music group, The Seville's. Since 2003, more than \$7,500,000 has been raised to benefit the Nasseff Neuroscience Center, Peter J. King Family Health Center and Peter J. King Emergency Care Center at United Hospital. The Gala is ranked seventh-out of 25 metro area fund-raising events ranked by gross revenue.

## **We need your help with the live and silent auction!**

One of the most successful features of the Service to Humanity Gala each year is the auction. Thanks to the dedicated gala auction committee and many generous donations, we are able to offer hundreds of wonderful items through the silent auction and several big items during the live auction.

Last year the auction raised \$200,000 and combined with the raffle, \$350,000 total was raised. Thank you to everyone who contributed to the 2009 auction and to the auction committee and all the volunteers who made this a successful event.

We look forward to working with you again this year. Your auction donations will ensure a successful and fun event. Please contact the United Hospital Foundation at 651-241-8022 to make a donation. Complete the auction donation form on the next page or get a copy by visiting us at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

## **2010 Service to Humanity Gala Auction Committee**

David Byrd  
United Hospital Foundation

Merry DeCourcy  
United Hospital Foundation  
Board of Directors

Ann Fankhanel  
Community Member

Song Lo Fawcett  
(Gala Co-chair)  
United Hospital Foundation  
Board of Directors

Lyn Foley  
Community Member

Chris Henz  
Community Member

Terry Hoffman  
Community Member

Helene Houle  
United Hospital Foundation  
Board of Directors

Jean Houlton  
Community Member

Julie Larson  
(Auction chair)  
Community Member

Sharon Lorenz  
Community Member

Carol Lyman  
Community Member

Jim Marino  
Community Member

Kelly McGrath  
Community Member

Mary Ann Newman  
Community Member

Connie Paquette  
Community Member

Mary Ritt  
Community Member

Nancy Rosenberg  
United Hospital Foundation  
Board of Directors

Linda Schroefer  
Community Member

**Complete and return  
auction forms by  
Sept. 1, 2010.**

Nazi Sharifkhani  
Community Member

Kris Taylor  
(Gala Co-chair)  
United Hospital Foundation  
Board of Directors

Tim Vesperman  
Community Member

Tom and Dawn Walrath  
Community Members

## Service to Humanity Gala

*Auction Donation Form*

SATURDAY, SEPT. 25, 2010

ST. PAUL RIVERCENTRE

Please complete the auction form below and return to United Hospital Foundation by Sept. 1, 2010. If you have any questions, please call us at 651-241-8022. You may also fax this form to 651-241-5420. Thank you.

Donor name (individual or company) \_\_\_\_\_

Contact person (if different from above) \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Fax/E-mail \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Solicitor name \_\_\_\_\_

Donated items with description \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Auction category \_\_\_\_\_ Expiration date? ☐ No ☐ Yes

Estimated or actual value: \_\_\_\_\_ Cash/Check donation \_\_\_\_\_

Exclusions and/or restrictions? (if travel related, vacation home or other): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Item for donation: ☐ Has been donated ☐ Will be donated on (date) \_\_\_\_\_

I/we as signed below agree to donate the above item(s) or services to United Hospital Foundation, a not-for-profit and tax-exempt organization for the Service to Humanity Gala on Saturday, Sept. 25, 2010.

Donor signature \_\_\_\_\_ Date \_\_\_\_\_

Proceeds benefit Operating Rooms Expansion at United Hospital.

United Hospital Foundation | 333 North Smith Avenue | Saint Paul, MN 55102 | 651-241-8022



UNITED HOSPITAL  
FOUNDATION

## Service to Humanity Gala



## Win a New 2011 Mercedes-Benz

*Prize*

2011 Mercedes-Benz GLK 350 4-MATIC, estimated MSRP \$47,445  
black exterior, black leather heated seats, premium package,  
panoramic sunroof and wood trim, multimedia package with  
rearview camera, voice recognition, sport appearance package  
with 20" 7-spoke alloy wheels, 16/22 MPG.

No more than 1,630 tickets to be sold.

Proceeds benefit programs and services of United Hospital.  
Drawing held Sept. 25, 2010, at the Service to Humanity  
Gala at the St. Paul RiverCentre.

*Service to Humanity Gala*

To reserve your tickets, please complete the following:

Check one: ☐ 1 for \$100 ☐ 3 for \$250 ☐ 7 for \$500 **SOLD OUT**

\_\_\_\_\_ Tickets (individual) x \$100= \_\_\_\_\_

\_\_\_\_\_ Set (set of 3 tickets) x \$250= \_\_\_\_\_

\_\_\_\_\_ Set (set of 7 tickets) x \$500= \_\_\_\_\_ **SOLD OUT**

Total= \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Check one:

- ☐ I wish to be contacted by Sears Imports with future promotions  
☐ I do not want Sears Imports to contact me

*Get Your Tickets*

Tickets: 1 for \$100 or 3 for \$250  
Make check payable to United Hospital Foundation  
Credit cards are not accepted.

Mail to: United Hospital Foundation  
333 North Smith Avenue, Saint Paul, MN 55102

Call: 651-241-8022 for tickets or more information

Visit: [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation)

License No.: X-35475

*The winning vehicle may be slightly different than the vehicle pictured.*

**Sears**  
Imported Autos

[www.searsimports.com](http://www.searsimports.com)



UNITED HOSPITAL  
FOUNDATION

## Service to Humanity Gala

## Pledge Card

SATURDAY, SEPT. 25, 2010

ST. PAUL RIVERCENTRE

## SPONSORSHIP LEVELS

**PREMIER SPONSOR I — \$50,000+**

- Unlimited tickets and dedicated tables
- Choice seating
- Ad and dedication to honorees in program
- Significant company advertising during event
- Designed company logo in program

**PREMIER SPONSOR II — \$25,000**

- 30 tickets and dedicated table
- Prime seating
- Ad and dedication to honorees in program
- Company advertising during event

**PREMIER SPONSOR III — \$10,000**

- 20 tickets and dedicated table
- Select seating
- Ad and dedication to honorees in program
- Company advertising during event

**DINNER SPONSOR — \$5,000**

- 10 tickets and dedicated table
- Ad or dedication to honorees in program
- Limited company advertising during event

**AWARD SPONSOR — \$3,500**

- 10 tickets
- Logo in program

## SPONSORSHIP

☐ \$3,500   ☐ \$5,000   ☐ \$10,000   ☐ \$25,000   ☐ \$50,000   ☐ \$50,000+

Individual Tickets

☐ Tickets @ \$195 each Total \*\$145 is tax deductible

Table Tickets

☐ Other \_\_\_\_\_ (outright donation)

☐ \$1,800 table of 10

Dedication to Honoree

☐ \$100/name with message \_\_\_\_\_

## PAYMENT OPTIONS

☐ Check enclosed (Make checks payable to United Hospital Foundation)

☐ Credit card   ☐ Visa   ☐ Mastercard   ☐ Discover   ☐ American Express

Card number \_\_\_\_\_ Expiration date \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail to:

United Hospital Foundation

333 North Smith Avenue

Saint Paul, MN 55102

651-241-8022

unitedhospital.com/unitedfoundation

Proceeds benefit Operating Rooms Expansion at United Hospital.

UNITED HOSPITAL  
FOUNDATION

# Benefactor Profile: John Nasseff

John Nasseff, philanthropist and St. Paul native, took it to heart when his mother used to tell him, “Don’t ever forget where you come from.”

Nasseff is a first-generation American who was born and raised in a family of seven children in St. Paul. His parents emigrated from Lebanon, and along with many other of the neighborhood families, Nasseff grew up in a home where food and money were scarce at times. He dropped out of school in the ninth grade so he could help support his family. He ended up working in a glove factory, delivering telegrams and pumping gas. He also served in the Army Corps of Engineers in the South Pacific during World War II.

After the war, Nasseff returned to St. Paul and worked unloading boxcars for West Publishing, now known as Thomson Reuters. The value of hard work and habit of not wasting anything instilled in him during his childhood, greatly benefited Nasseff during his years with West. He continually brought forth ideas to increase efficiency in operations and steadily advanced throughout his 50 years with the company. He retired in 1996 as Vice President of Engineering and Development, board member and major stockholder.

Nasseff’s retirement marked a major moment in his philanthropy as he became more active in funding and supporting efforts that provided basic needs such as medical care and housing in both St. Paul and other areas of the world. As he once told a writer for the *St. Paul Pioneer Press*, “You can live without going to the opera, but you’ve got to put food on the table and have medical help when you need it.”

He has built a dental clinic in his mother’s home village in Lebanon; donated money to orphanages in Honduras and Mexico; helped fund the expansion of St. Maron’s, a Minneapolis church with Lebanese-American members; and contributed money and equipment to the police and fire departments in St. Paul amongst many other causes.



John Nasseff was recognized by the United Hospital Foundation as the Service to Humanity honoree in 1999. Helene Houle was honored with the same award in 2005.

For United Hospital, Nasseff’s remarkable generosity has been vital to building state-of-the-art facilities and acquiring the latest technology for such critical services as cardiology, neuroscience and overall general care.

His support has made possible the Nasseff Heart Center, established July 2000; Milton M. Hurwitz ExerCare Fitness Center, established 2002; Nasseff Specialty Center, established 2006 and the Nasseff Neuroscience Center, established 2005.

“John Nasseff and Helene Houle understand the east metro community and its needs especially in regards to health care. Their commitment and generosity to help ensure these critical needs are met have been vital to the development of the United Hospital campus. We cannot thank them enough for their support of the hospital and the community as a whole,” said Duke Adamski, president, United Hospital Foundation.

Nasseff is married to Helene Houle, who is a long-time St. Paul entrepreneur and philanthropist in her own right. Houle also grew up in a large family, however her childhood was spent on a farm just outside the metro area. She moved to the east side of St. Paul with her sister when she was 18 years old. She paid her way through beauty school by working as a waitress. Just one year after graduating beauty school, Houle went into business for herself and

opened her own salon. What followed was a more than 37-year career as a successful business owner and operator. Houle retired in 1997 and since has been heavily involved in volunteer and philanthropic efforts at United Hospital and in the greater St. Paul community and various other organizations.

# Enhancing the Patient Experience

Whether it is offering patients a fresh cup of cider, providing a deck of playing cards, or having a friendly conversation, Patient Experience volunteers have become an integral part in enhancing a patient's stay at United Hospital.

"The Patient Experience volunteer program is specifically designed to help make a patient's stay at United as welcoming and comfortable as possible. Patients and families love the personal attention, nursing staff appreciate all the volunteers do on the units and volunteers love connecting with the patients," said Pat Hanzal, manager, Volunteer Services, United Hospital.

On a daily basis, Patient Experience volunteers travel from unit to unit in the hospital and perform a variety of activities that support patients, families and staff.

Volunteers are mainly focused on supporting patients; however some activities assist the nursing staff with non-care related tasks in an effort to allow them to spend as much time on patient care. The volunteer efforts include:

- offering coffee and hot cider to patients and families
- offering activities such as playing cards, word find books, etc.
- providing hand massage to interested patients and families (volunteers are trained by United Hospital staff to perform massages.)



- visiting with patients
- administering a diabetes patient survey for identified patients on some units
- placing fresh towels in the bathroom if needed and making sure the patient has the items they need within reach such as the phone, tissue, etc.
- offering warm wash cloths before meals, stocking linens and other tasks as requested by the nursing staff

The Patient Experience volunteer program, which was funded by a grant from United Hospital Foundation, was launched in early 2010. The Patient Experience volunteers have quickly become a welcomed sight and asset on the units since the program's implementation.

United Hospital

# Cancer Care: Top 9% in the nation

Together with Minnesota Oncology, United Hospital celebrates being in the top nine percent of cancer programs in the United States to receive the Outstanding Achievement Award from the Commission on Cancer.

Make a donation to one of these funds  
to support cancer care

**Cancer Care and Research Fund**  
**Sharon K. Willbrandt Memorial Fund**



UNITED HOSPITAL  
FOUNDATION

651-241-8022

[unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation)

# Services Profile: Cancer Care

Dedicated cancer specialists, multidisciplinary care teams including subspecialty services and a highly trained nursing staff are key to the success of United's cancer program. United's cancer program has earned accreditation with commendation by the Commission on Cancer.

- The St. Paul Cancer Center — a joint venture between United Hospital and Minnesota Oncology, provides integrated, multidisciplinary cancer care in one location.
- Inpatient oncology services include medical, surgical, hematology, chemotherapy, immunotherapy, brachytherapy, palliative and hospice care.
- Advanced, state-of-the-art technology that improves surgical and radiation therapy accuracy to improve patient outcomes.
- Clinical trials and research are available to cancer patients in our community through collaborations with other cancer groups.
- Specialty programs that improve inpatient and outpatient services for gynecological, prostate, breast and lung cancers.
- With the Nasseff Neuroscience Center, medical and surgical treatment for brain and central nervous system tumors is provided.
- American Cancer Society Navigator provides oncology patients and their families with support and resources to help them through a cancer diagnosis and treatment.
- The Infusion Center provides outpatient oncology services such as blood transfusions.
- Robotic Program — The da Vinci® HD™ Surgical System allows physicians to perform laparoscopic and some complex surgeries more accurately and less invasively than traditional surgical methods.

## PHYSICIAN PROFILE: PETER D. SERSHON, MD

Peter D. Sershon, MD, is a surgeon with United Hospital and Metro Urology who has dedicated the past 15 years to the surgical advancement of cancer treatment. He is also a recognized leader in the development of robotic surgery for prostate cancer in Minnesota.

Dr. Sershon is director of United Hospital's Prostate Cancer and Robotic Surgery programs and believes the appropriate use of new technology and techniques will improve patient outcomes as they face the physical and emotional stress of their disease. As Prostate Cancer Program Director, he organized a team of surgical and medical specialists to facilitate a multidisciplinary approach to the diagnosis and treatment of prostate cancer.

Dr. Sershon's clinical interests include prostate, vascular access, uro-gynecology, uro-oncology, vasectomy, Stone Disease, lithotripsy, impotence, intracavity and interstitial implants, kidney disease and incontinence. He received his medical degree from the Medical College of Ohio in Toledo and completed undergraduate studies at the University of Illinois in Urbana. He completed residences in general surgery and urology at the Mayo Graduate School of Medicine in Rochester, MN.



## BOARD MEMBER PROFILE: David F. Herr

When David Herr was in high school in California, his father was instrumental in founding a hospital in their home town. Herr remembered the satisfaction his father received from this project, and so when a friend invited him to join the United Hospital Foundation Board, he readily accepted.

For nearly a decade now, Herr, an appellate lawyer and partner in Maslon's Litigation Group of Maslon Edelman Borman & Brand, LLP, in Minneapolis, has helped guide the Foundation in their efforts to ensure United Hospital achieves their mission to "serve our communities by providing exceptional care, as we prevent illness, restore health and provide comfort to all who entrust us with their care."

"My role on the Board is to provide a connection between

the community and the hospital," said Herr, a long-term resident of Saint Paul. "I'm a resource for the Foundation professional staff, who do a phenomenal job each and every day in helping the hospital achieve their goals."

"David is a valuable member of our board and provides great leadership," said Duke Adamski, president of the United Hospital Foundation. "His insight on the funding priorities committee is exceptional. He analyzes everything, inside and out and only makes a decision or recommendation after studying everything. I know that I can trust his sound advice and judgment."

Herr, a graduate of the William Mitchell Law School in Saint Paul, is frequently sought out to provide practical and sophisticated advice on how to resolve difficult, multi-party disputes in trial courts and arbitral forums, as well as in the appellate courts. He is president of the Academy of Court-Appointed Masters and past president of the American Academy of Appellate Lawyers. He regularly argues cases in the Minnesota appellate courts and the 8th Circuit Court of Appeals. He is a published author on legal law and annotates the Federal Judicial Center's Manual for Complex Litigation, published and distributed nationally by West/Thomson Reuters.

Herr has recently been named the 2010 Minneapolis Appellate Lawyer of the Year and has received numerous other honors, including:

- Leading Individual Attorney in Minnesota for Appellate Law, Chambers USA 2007-2009
- The only Minnesota Litigator ranked a Leader for Appellate Litigation, Chambers USA, 2006
- Selection as Reporter for the three Minnesota Supreme Court Advisory Committees
- Attorney of the Year, Minnesota Lawyer, 2005

Herr and his wife, Mary Kay, like to travel, particularly to Santa Fe to visit his two grandchildren, or anywhere with his younger son, an aspiring physicist.



# PLANNED GIVING: The Donor-Advised Fund

One of the potential tools in planned giving is a donor-advised fund. The donor-advised fund offers simplicity, convenience and flexibility at a time when more help is needed by many organizations, from those involved in the fields of medical research or the arts.

Every year more dollars are spent directly on public and private health care and indirectly from the reduced ability to work and premature death. We, as a nation, continue to spend millions trying to find new cures and new methods to counteract the effect of those illnesses. The NIH continues to make potential advances in the treatment and prevention of numerous chronic illnesses, but their work alone can only go so far. It is the collective work of many organizations that helps to find answers in today's changing world. The needs are there for continual funds from the private sector of the economy and that is where foundations help to fill in the gaps.

However, forming your own private foundation can be quite an undertaking. The tax rules are complex, the administration can become complex, and the expense can be quite large compared to the monies that are in the fund. The beauty of using a donor-advised fund is that the myriad of complexities are avoided. In addition, you can start the fund with a modest amount and add more over time. You delegate the decision making regarding

investment choices and the costs of administering the operation, to others. Your fund is separately established so that you can make a contribution, receive a deduction at that time and yet still hold back on the timing of gifts from the fund. While you relinquish control over the monies once you make the contribution, you still retain the right to advise on who receives the benefits, in what amounts and when they will receive the funds. There are no costs to establish the fund since the framework is already in place. There are no annual filing costs. And although the risks and responsibilities are passed to others, by naming multiple advisors and contributors, the fund still acts like a family foundation to create a more lasting legacy.

One of the best sources to turn to regarding a donor-advised fund is a local community foundation, of which there are many here in the Twin Cities. More and more charitable organizations are willing to provide these services. You need to choose wisely to fit your values when you are irrevocably parting with the funds. You need to understand the policies and procedures that the sponsoring organization may have in place, and you should inquire



Larry Gamst, the managing principal of Divine, Scherzer & Brody, LTD (DS&B), is a board member of the United Hospital Foundation.

how the administrative costs of the sponsoring organization are passed down to your specific fund.

United Hospital Foundation is one of many potential sources to turn to for your sponsoring organization.

The bottom line is that while planned giving can be extremely complicated and quite daunting of a task for many of us, the concept of using donor-advised funds helps cut through the complexities in helping someone become more philanthropic.

**IF YOU WOULD LIKE MORE INFORMATION ABOUT ESTABLISHING A DONOR-ADVISED FUND OR OTHER PLANNED GIVING OPTION, CALL THE UNITED HOSPITAL FOUNDATION AT 651-241-8022.**

## COMMUNITY PROFILE:

# East Metro Project Homeless Connect

### UNITED HOSPITAL NURSES AND OTHER STAFF PROVIDE MEDICAL SCREENINGS AND HEALTH/WELLNESS INFORMATION AT 5TH ANNUAL EAST METRO PROJECT HOMELESS CONNECT

The number of homeless individuals in Minnesota rose sharply in 2009 and as many as 46 percent of homeless adults in the state have a chronic health condition according to the Amherst H. Wilder Foundation.

The East Metro Project Homeless Connect (PHC), held June 14 at the Saint Paul RiverCentre, gave the opportunity for individuals experiencing homelessness, or at risk for homelessness, to connect with health care professionals, legal services and a variety of other social services they may otherwise not be able to receive.

Thirteen United Hospital employees, including nurses and interdisciplinary staff, volunteered their time and talents to provide a Wellness Fair for the one-day, one-stop event. The United Hospital staff worked in partnership with Health Care for the Homeless and provided the following:

- blood pressure screening
- blood glucose screening
- stroke education
- lung and heart health education
- BMI screening and education
- foot care

More than 1,500 individuals attended PHC and the United Hospital Wellness Fair served approximately 200 of the guests.

Along with the staff volunteering their time, a hospital-wide drive was held to collect socks and t-shirts that were distributed to those in need. In addition to United Hospital's small donation to Health Care for the Homeless, several departments donated equipment and supplies for the event. The guests who visited the wellness tables also received rain ponchos and manicure kits donated by United Hospital.

United Hospital PHC volunteers noted that it was a humbling experience and a valuable opportunity to make a difference in the community. While the event may be over until next year, staff volunteer efforts to support the homeless community are ongoing. United Hospital nurses continue to provide screenings and health education at the Listening House, a day/evening shelter in St. Paul and there are plans to host Wellness booths at other events in St. Paul during the summer. In addition, the hospital will hold a blanket drive later this year for those affected by homelessness.



Robin Henderson, RN, OR, conducted blood pressure screenings at this year's East Metro Project Homeless Connect event.

## DONOR PROFILE:

# Ron and Norma Signorelli

Ron and Norma Signorelli's relationship with United Hospital began in 1995, when Ron suffered a heart attack. He underwent open heart surgery at another St. Paul hospital, but continued to experience episodes of cardiac arrest. His cardiologist, Pierce Vatterott, MD, recognized that Ron would benefit from an implantable cardio defibrillator. At that time only United Hospital had the capability to conduct this procedure, so Ron was transferred.

Because of recurring heart illness, including congestive heart failure, Ron has come to know the staff and physicians of United Hospital, St. Paul Heart Clinic and Milton M. Hurwitz ExerCare Fitness Center very well.

"United Hospital is practically a second home. I credit all that treatment and staff at United, ExerCare and St. Paul Heart with how well I am doing," said Ron.

"I feel better now than I have felt in years and live pretty much a normal active life. So when it comes to giving back to the community, I feel that one of my more important charities is United Hospital."

Norma, who has been with Ron through all his procedures and hospitalizations at United, concurs. "The patient care at United is excellent," said Norma. "We feel the staff and doctors are outstanding, and although I've never had to be a patient, if I got sick I would certainly go there."

Because of his extensive involvement with the hospital and United Hospital Foundation and his experience throughout the years in a number of emergency departments across the country, Ron was a natural resource when the hospital began seeking community input into the design and processes surrounding the new Emergency Department.

"There's nothing worse than feeling horrible and having to wait for hours in the emergency waiting room," said Ron, a retired entrepreneur who has started numerous successful businesses over the years. "Because I was able to offer input into the new design, I feel like an integral part of United."

"Ron has provided valuable ideas that we are looking at incorporating into our process design," said Duke Adamski, president of the United Hospital Foundation. "We are fortunate that our donors not only give money to help United, but they also give us their expertise, creativity and intelligence to help us further our mission to provide quality, cutting-edge care."

By giving to the United Hospital Foundation, Ron and Norma feel that they are helping to create a legacy that will benefit their community for years.





# Employee & Community Giving Campaign

---

Help. Give. Hope. These three words represent the upcoming employee and community giving campaign, which runs Sept. 1 to Oct. 29, 2010. Through this unique and powerful employee-driven campaign, employees assist those who are struggling during difficult times to make ends meet, improve patient care and look to the future to ensure programs and services of United Hospital continue to grow and meet the needs of the community.

Throughout the course of the campaign, numerous activities are planned to raise awareness, bring enthusiasm and engage employee participation – such as the United cares garage sale and a theme basket silent auction.

By participating in the campaign our employees are living up to our mission and demonstrating how much they care about United Hospital and making our community healthier.

## Alumni Club Update

---

### Meet the Alumni Club President Catheryne Turner

Catheryne Turner, Alumni Club president, volunteers at United Hospital's information desk every Monday and her welcoming smile and helpfulness surely makes the start of the week a little easier for patients and visitors.

Turner, now in her second year as president, is no stranger to health care or hospitals. She worked at Miller Hospital for 25 years as a licensed practical nurse in the Emergency Department. After Miller, she worked in nursing homes and also as a private duty nurse. Turner retired from nursing in 2009, which also marked the beginning of her volunteering at United. Along with volunteering, Turner's role as Alumni Club President involves her in club membership efforts, support of the Service to Humanity Gala and club meetings.

Turner and her husband, Rex, live in St. Paul. In addition to her volunteering and his job at William Mitchell College of Law, they love spending time with their two daughters, four grandchildren and friends.

If you would like more information on the Alumni Club, please contact United Hospital Foundation at 651-241-8022.



Catheryne Turner, Alumni Club President.

## MEET THE EXPERTS

On May 17, Pierce Vatterott, MD, presented a luncheon talk to Summit Society donors, their guests and members of the Alumni Club at the Downtowner Woodfire Grill in St. Paul. The topic of the presentation was cardiac genetic testing and electrophysiology procedures. Dr. Vatterott is very knowledgeable in these fields and is a board-certified cardiologist in cardiovascular disease, clinical cardiac electrophysiology, pacemakers and internal medicine. He practices at the St. Paul Heart Clinic in Maplewood and St Paul.

Dr. Vatterott and other physicians at the St. Paul Heart Clinic provide patients with many services, including the evaluation of genetic electrical diseases. This is important for those who

have lost a family member to sudden cardiac death. One of these genetic electrical diseases is called Brugada Syndrome, which was recently recognized in 1989. It causes sudden death by a lethal arrhythmia in the heart.

Genetic testing for Brugada Syndrome is clinically available and may help confirm a diagnosis in patients suspected of having Brugada Syndrome and other related conditions, as well as differentiate between relatives who are at risk for the disease and those who are not. Preventive treatment may include an implantable cardioverter-defibrillator (ICD) to continuously monitor the heart rhythm and defibrillate if ventricular fibrillation occurs.



Pierce Vatterott, MD, a cardiologist with the St. Paul Heart Clinic, spoke on the importance of cardiac genetic testing and electrophysiology at the Downtowner Woodfire Grill in St. Paul at the May 17 Meet the Experts luncheon.

**IF YOU WOULD LIKE TO JOIN US FOR THE NEXT MEET THE EXPERTS LUNCHEON, PLEASE CONTACT THE UNITED HOSPITAL FOUNDATION AT 651-241-8022.**

## Giving online option now available



Online contributions can now be made to United Hospital Foundation through its Web site. Just visit [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation) and click on the "Give Now" button that is on the main page.

# The Birth Center of United Hospital

The Birth Center of United Hospital is a regional center dedicated to excellence in health care for women and infants delivering nearly 3,600 babies every year.

Staff are honored to join each woman on her personal journey of pregnancy, birth and parenting. Each woman experiences in her own unique way the variety of emotions and physical changes that pregnancy brings. As health care professionals, The Birth Center staff, help patients understand these changes and guide them to the resources they need. The Birth Center offers a variety of programs and classes, as well as services that can help families prepare for the baby's birth.



Most women have uncomplicated pregnancies and births and healthy babies. However, women who choose to give birth at The Birth Center can take comfort in knowing that they are prepared to handle any complication that may arise. The Birth Center is a designated Level III perinatal center – they are staffed and have the resources to care for women with high-risk pregnancies and births.

Preparing to have a child is a special time, full of hopes and dreams, preparations and decisions. Please take a video tour of The Birth Center at [unitedhospital.com](http://unitedhospital.com), as well as enroll to receive *The Parent Review* – a free weekly electronic newsletter for expectant parents – that includes information, news and resources. For additional information, call 651-241-6290.

## Fund Spotlight

### BIRTH CENTER FUND

Donations to the Birth Center Fund will help fund the purchase of sleep chairs, which provide comfort and rest for a new family. They also allow the opportunity for family members to share the experience and create memories during their hospital stay.

To support the Birth Center Fund, please contact the United Hospital Foundation at 651-241-8022 or at [unitedhospital.com/unitedhospital](http://unitedhospital.com/unitedhospital).

# United Hospital Foundation Funds

## BIRTH CENTER

This fund provides resources for programs and equipment for one of the state's busiest birth centers.

## CAL CALMENSON PULMONARY & CARDIAC EDUCATION FUND

The fund provides for pulmonary and cardiac education for patients and staff at United Hospital.

## CARDIOLOGY RESEARCH FUND

The vision is to be a leader in clinical cardiology and provide the highest level of quality research service. The fund helps expand the knowledge of current and developing therapies.

## DIABETES FUND

A health care team works together to find the best way to manage diabetes. This fund provides support for diabetes programs and projects. United Hospital is Joint Commission certified for inpatient diabetes care program. Currently there are only two hospitals in Minnesota and less than 10 in the nation with this designation.

## JESSE E. EDWARDS ENDOWMENT FUND

This cataloged collection of nearly 24,366 human hearts and 88,000 photographic slides provides a unique learning and working opportunity for local, national and international physicians, which benefits every person with the potential for heart disease. The endowment fund keeps the registry here at United.

## HEART UNITED FUND

Cardiac specialty hospital located in United Hospital, centralizing all cardiac services in one location.

## ELAINE S. AND ROBERT E. LARSON ENDOWMENT

This fund supports the designation of a medical director position of the Stroke Intervention Center within the Nasseff Neuroscience Center.

## LIPSCHULTZ GUEST APARTMENTS ENDOWMENT FUND

The apartments offer a place for families to stay when a loved one is hospitalized. This fund helps subsidize guests who can't afford to pay for the service.

## MEDICAL EDUCATION AND RESEARCH ENDOWMENT FUND

This resource is funded entirely by physicians and provides grants for clinical research, educational opportunities and the purchase of ancillary equipment.

## MILTON M. HURWITZ EXERCARE FITNESS CENTER FUND

The Milton M. Hurwitz ExerCare Fitness Center provides medically safe and effective exercise and education programs to patients, their families and the community.

## NEUROSCIENCE UNITED FUND

The John Nasseff Neuroscience Institute offers comprehensive services, including a multi-disciplinary team for acute and long-term care, and serves as a research and education center to patients with neurological disorders.

## PETER J. KING EMERGENCY CARE CENTER AT UNITED HOSPITAL FUND

United's Emergency Department, one of the busiest in the Twin Cities, is being expanded to continue to meet the needs of our community as we respond to life-threatening injuries and illness, as well as the possibilities of terrorist threats, large-scale natural disasters and worldwide epidemics.

## PETER J. KING FAMILY HEALTH CENTER FUND

Starting with support serving patients of all ages and focus on providing increased access to those without adequate insurance or the uninsured.

## RIFKIN CARDIAC FUND

United Hospital is respected throughout the region as a major cardiac center. The fund provides for cardiac programs and equipment designed to meet the patients' needs.

## ADDITIONAL FUNDS

Jim Adamski Complementary Therapy Fund  
BHS Fund  
Breastfeeding Resource Center  
Cancer Care and Research Fund  
Cardiovascular Health Improvement Fund  
Center for Caring  
Chapel/Pastoral Care/Spiritual Care Fund  
Claussen Scholarship Endowment Fund  
Community Partnership Fund  
Dr. C. Richard Guiton Ethics Fund  
Dr. Karon Pulmonary Disease Fund  
East Metro Disease Initiative  
Employee Fund (EFAC)  
Equipment Fund  
Faye Ann Johnson Memorial Education Fund  
Free Care Endowment Fund  
G. Kamman Tumor Conference Fund  
General Fund  
Heart/Lung Endowment Fund  
John & Delores Holl Endowment Fund  
Lawson Family Donor Advised Fund  
Medicine Fund  
Newman Breast Cancer Fund  
Nursing Education Endowment Fund  
Olivia Birth Center Fund  
Oncology Endowment Fund  
Pain Center  
Partners for Violence Prevention  
Ragon Cardiac Fund  
Rinke Cardiovascular Endowment Fund  
Sam Singer Memorial Fund  
Sharon K. Willbrandt Memorial Fund  
Volunteer Fund

To make a donation to any United Hospital Fund, please call the United Hospital Foundation at 651-241-8022 or visit us online to learn more about planned giving at [unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation).

# United Hospital Donor Tributes

United Hospital Foundation's Honoring program offers a distinctive and meaningful way to remember, honor, pay tribute or recognize those important people in your life. By giving in remembrance, you offer a gift of lasting memory.

United Hospital's continued strength results in large measure from the support received from generous individuals like you. The financial commitment of our community members enables United Hospital Foundation to invest in important projects at United — supporting the best in quality health care for our patients while meeting the needs of our donors. The following are memorial/tribute gifts received from Jan. 1, 2010 through May 11, 2010.

## In Memory

---

**AUDREY JO ALLEN**

Patricia J. Lalley

**JANICE APPLEBAUM**

Karen and Bruce Gershman

**JOEL BENNETT**

Uncle Butch, Janie, Steve, Dr. Dan

**MARGARET BING**

Maureen R. Campbell

**EVELYN BROMS**

Karen and Bruce Gershman

**DONNA J. BUCK**

Donald N. Buck

**JACK BURNS**

Gary and Janet Hook

**CAL CALMENSEN**

Beverly, Robyn and Susan Calmenson  
Dave and Shirley Ratliff  
Wells Fargo Foundation

**TERRI LYNN COTTER**

Evelyn Cotter

**DORCAS DONOVAN**

United Hospital Medical Staff

**DR. JESSE EDWARDS**

Lester and Joan Strouse  
Bruce and Patricia Wolfson

**HELEN EMRICH**

Helene A. Houle

**ARLENE M. ERICKSON**

David E. Feinberg

**WALT FALEIDE**

Steve and Jackie Bruggeman  
C.J. Forneris  
Robert B. Leaf

**DAVID W. FREEMAN**

Butch, Jane, Steve and Dan Rifkin

**RONALD E. GELLERMAN**

Robert and June Mitchell

**DAVID GLAZIER**

Ruby M. Johnston

**BUD GROSSMAN**

Karen and Bruce Gershman

**ROY HALL**

John and Marion Bergstrom

**JOHN HARMALA, MD**

United Hospital Medical Staff

**THEODORE HINRICHS**

Betty Adam

**CHARLIE HOULE**

John Nasseff and Helene Houle

**WAYNE HULTQUIST**

Ms. Arline Kenow

**DR. MILT HURWITZ**

Phyllis Rusterholz and Douglas Hedberg

**LENORE M. JOHNSON**

Karen and Keith Haas  
National Oilwell Varco/Hydralift AmClyde

**NICHOLAS AND JOHN KALAFATAS**

Helen Kalafatas

**SHIRLEY M. KELLER**

David W. York

**JUNE KENOW**

Arline B. Kenow

**EDMUND E. KOEPKE**

Mary L. Brown  
Michael and Kristine Douglas  
Randall and Jane Koza  
Gerald Meigs  
Dan and Mary Jeanne Schneeman

**CLARK D. LINDSTROM**

Jerry Meigs  
Stephen J. and Latha V. Reiland

**ADRIAN “SKIP” MARSDEN**

Lee and Mary Ann Fabel

**THOMAS MCCONAUGHEY**

Carol McConaughy

**HELMER MYHRE**

Stacy Sargent

**EDITH NADLER**

Karen and Bruce Gershman

**MAUREEN NELSON**

Arline B. Kenow

**LLOYD OTTO**

Jerry and Pat Kubash

**CHARLES PALDA**

Nancy J. Palda

**GRACE LUCILLE PANNING**

Julie and Nathan Panning

**HAROLD C. PEDERSON**

Beverly J. Kilbury

**MADLINE MULLER PETERSON**

Corrine Muller  
Dennis and Kathy Peterson

**EUGENE RICHGELS**

Glenn and Sherry Allenspach  
Alan C. Eidsness  
Catherine S. Etienne  
Gerald and LaVerne Fitzgerald  
John W. Fuchs  
Steven and Peggy Griffin  
Peter and Rhea Johnson  
Arthur G. Lemke  
Bobbie Niskala  
Sheila M. Pokorny  
Melvin and Sandra Robinette  
Timothy and Luanne Shaughnessy  
George and Rose Marie Shetka  
Kathryn J. Sloper  
Leonard B. Sobaski  
Harold and Roxanne Spiess  
John and Pauline Spott  
Bonnie and Gary Swanson  
John and Heidi Ann Swisher  
Robert and Marcia Wedell  
Larry and Carol Wilke

**FREDERIC ROSENBERG**

Karen and Bruce Gershman

**MILDRED SANDER**

Harold E. Sander

**JIM SCARPETTA**

Patricia Hartman-Gray  
Sid Mallory  
Marcia and Jerry Yanz

**LORRAINE A. SCHULTZ**

Stacy Sargent

**RONALD KEITH SCHULZ**

David W. York

**ORRIN SECHTER, JR.**

Tammy and Carl Birnberg

**KENAN CLARK SINKS**

Jerry and Pat Kubash

**MAXINE STEWART**

Karen and Bruce Gershman

**JAMES A. VAUGHAN, JR.**

Cameron and Ruth Leslie Blodgett  
Connie Otis  
Emily F. Seesel

**STEVE WEISMAN**

Karen and Bruce Gershman

**CAROLYN WEISS**

Melvin Weiss

**SHARON K. WILLBRANDT**

Nancy Godfrey

## In Commemoration

---

*In Celebration of a new baby*

**ANNABELL LYNN BRECOUNT**

Ed Lawrence

*In Celebration of two birthdays*

**KAREN AND SETH CHLEBECK**

The Bolands

*In Celebration of a special birthday*

**MRS. MARJORIE EDWARDS**

Jeanne Silverman

**JILL ROTMAN**

Karen and Bruce Gershman

**CINDY SHAPIRO**

Karen and Bruce Gershman

*In Celebration of 60th birthday*

**KAREN GERSHMAN**

Jody Weisman and David Post

*In Celebration of an 80th birthday*

**WILLIAM “BILLY” LIPSCHULTZ**

Lynn and Buddy Abramson  
Susan Goldman  
Phyllis and Lloyd Robinson

*In Thanks*

**NASSEFF HEART CENTER - DOCTORS,  
NURSES & STAFF**

Karen and Keith Haas

*In Honor of*

**VICTOR CORBETT, MD**

Judith Bahnsen

*In Honor of*

**SISTER PATRICIA A. REGAL, SSC**

Edward Regal

*In Honor of the care given*

**UNITED HOSPITAL - STATION 3500**

Gerald and Janet Fine

# The Heritage Society

The Heritage Society is our way of acknowledging donors who make the Foundation part of their estate plan or who provide perpetual support of our hospital through the creation of an endowment fund. These generous individuals are shapers of the future, making their mark with gifts that will benefit generations to come. An estate gift is so much more than a donation. It is a charitable act that provides a steady stream of support that allows the Foundation to respond to changing needs – forever.

To become a member of the Heritage Society, all you need to do is inform us of the provision you have made for the Foundation in your will or trust. The amount can vary and does not have to be disclosed. You may remain anonymous if you wish.

For more information, please contact United Hospital Foundation by phone at 651-241-8022. Confidential consultation on charitable giving with Foundation staff or other experts is available.

We recognize and thank the following members of the Heritage Society:

Duke Adamski	James Flink, MD, and	Rose Hutterer	Joan Muhlenkord	Dolores M. Schram
Darcy Andahl	Diane Uecker-Flink, RN	Mary Lou Jacobson	LeVonne Mulrooney	William C. Schram, Jr.
Gudfinna Angevine	Dan Foley, MD	Charlotte Janssen	Lorraine C. Murphy	Christine and Michael Seitz
Charles and Marjorie Avoles	Milton Frogner	Evelyn B. Johnson	Dean K. Murray	Drs. Richard and Barbara Shank
Barbara and Dan Balik	Virida Frogner	David B. and Julie A. Jones	John Nasseff	Ronald A. and Norma E.
Helen L. Bauer	Elsie Geiss	Ione N. Kadden	Peter L. Navtzeny	Signorelli
Cynthia Bean	Stephen Gryzan, MD, and	Margaret D. Kincaid	Scott Nelson and Roxanne Hart	Charles Signs
Maxine A. Becker	Thomas M. Reynen	Elsie J. Lane	Winnifred Netherly	Freda Silver
Eleanor Beikler	Richard J. Haag	Elaine S. and Robert E. Larson	Sandy Neuman	Florence and Donald Stanton
Larry and Nancy Bentson	Jerome M. and Marice L. Halper	Norma L. Larson	Mary Ann and Ed Newman	Elvera Stauffacher
John and Andrea Bien	Family Foundation	The Lawson Family	Frederick M. Owens, Jr., MD,	Phil Sutherland
Rachel Hill Boeckmann	M. Lenore Hannon	Roger R. Lenzmeier	and Lucy T. Owens	James F. Sylvester
Paul J. Bosman	Douglas H. and Marie E.	N. Logan Leven, MD	H. Johanne Platzer	Joan C. Thompson
Elinor Brodie	Hanson	Richard Leven	Shirley J. Pond	Ruemah H. Thompson
Edwina and Raymond Burrows	Beda Harper	Bill and Sybil Lipschultz	George Power, Jr.	Joyce Johanne Tobiason
David W. Byrd	Clara Louis Harris	Mrs. Samuel (Ruth)	Florine J. Prusak	Robert and Roberta Topness
Mary D. Cannon	Nancy Ottis Harris	Lipschultz	Rosella E. Qualey	Mary L. Tyler
William J. Carthaus	John G. and Alice L. Harrison	Jean and Gunnar Ljungkull	Russell and Dorothy Ragon	Mr. and Mrs. Ralph Tyler
Robert H. Chandler	Marshall and Elizabeth Hatfield	Dr. Thomas and Katie Love	Paul and Irene Rifkin	Paul and Carolyn Verret
Dorothy Chappell	Marjorie Hathaway	Harvey Lubov	Karen A. Ringheim	Tim L. Vesperman
Bruce F. Church	Monica and Harold Heitgen	Gertrude Maiden	Jack Ritt	Carol J. Wagner
Clara Claussen	Rebecca F. Hensel	Wyllene Pearson Marks	Clayton L. Robinson	Diane Weinfurter
Frieda Claussen	Phillip W. Herzog	William H. Mason, III	Robert R. Robinson	Patricia H. Whitacre
Stephanie S. Cook	George S. Hill	Kay Mathes	Mr. and Mrs. Dick Roessler	Leonard Wilkening
Pat and Jim Cooksey	Louis Fors Hill	Theresa T. McCarthy	John T. Rogers, MD	Norb and Karen Winter
Lisa M. Damon	Stan and Doris Hill	Dr. and Mrs. Robert Merrick	Louise and Thomas Rose	
Patrick and Marie Drescich	Edith B. Hodgson	Peter W. Michalowski	Norman Rose	11 of our donors wish to
Arthur G. Driscoll	John and Dolores Holl	David and Patricia Miller	Lillian M. Rumble	remain anonymous
Cindy and Bill Early	Dr. Ken and Linda Holmen	Dr. Zondal and Esther Miller	Jerry Sansby	
Mina Fergestad	Joseph B. Hreha	Mark and Joan Mishek	James Scarpetta, Jr.	
	Mary L. Huberty	Lucille Moeller	Craig and Leah Schmalz	

# United Hospital Foundation Staff

The United Hospital Foundation exists to enhance the health of United Hospital patients and the wellness of the community we serve.



Back row: Jo Marcotte, Department Secretary; Cindy Early, Special Events Officer; Phil Sutherland, Development Officer; and Janet Berg, Development Associate. Front row: Duke Adamski, President; and David Byrd, Director of Development.

## United Hospital Foundation Board of Directors

**Duke Adamski,\*\*** President, United Hospital Foundation

**Sid Applebaum,\*** Big Top Liquors

**Alan Bank, MD,** St. Paul Heart Clinic

**John Bien,** Treasurer, Foundation Board; United Hospital

**Bob Chandler,** Chandler & Brown, Ltd.

**Vic Corbett, MD,\*\*** United Medical Specialties

**Merry DeCourcy,** Community Member

**Song Lo Fawcett,** Fawcett Law

**Mary Gag, RN,** United Hospital

**Larry Gamst,** DS & B, Ltd.

**David Herr,** Maslon, Edelman, Borman & Brand, LLP

**Louis Fors Hill,\*** Community Member

**Thomas Hodnefield,** HLB Tautges Redpath, Ltd.

**Helene Houle,** Community Member

**Gerry Hughes,** Community Member

**Douglas Ketcham, MD,** St. Paul Radiology

**Russell King,** Secretary, Foundation Board; King Capital Corporation

**Anders Knutzen, MD,\*\*** Chief of Staff, United Hospital; St. Paul Radiology

**James Kowalski,** Past Chair, Foundation Board; Kowalski Companies

**Norma L. Larson,\*** Community Member

**Patrick Mazorol,** Bethel University

**Joseph Micallef,\*** Community Member

**Peter Michalowski,** Goodrich

**Daniel Mott,** Fredrikson & Byron

**Jack Ritt,** Chair, Foundation Board; North Star Bank

**Peter Robb,** Mairs & Power

**Nancy L. Rosenberg,** Big Top Liquors

**Wendy Rubin,** Wendy Rubin Ltd.

**Tomi Ryba,\*\*** President, United Hospital

**Frank Sunberg,** Community Member

**Kris Taylor,** Ecolab, Inc.

**Jon V. Thomas, MD,\*\*** Vice-Chief of Staff, United Hospital; ENT Specialty Care of MN

**Joan Thompson,** Minnesota Wire

**Paul Verret,** Vice Chair, Foundation Board; Community Member

**Len Wilkening,\*** Community Member

**Stan Williams,** PhD, University of Minnesota

\* Emeritus \*\* Ex-Officio

United Hospital Foundation  
333 North Smith Avenue  
Saint Paul, MN 55102

NONPROFIT  
ORGANIZATION  
U.S. POSTAGE  
**PAID**  
ST. PAUL, MN  
PERMIT 3121



**UNITED  
HOSPITAL**

*Allina Hospitals & Clinics*

[unitedhospital.com/unitedfoundation](http://unitedhospital.com/unitedfoundation)